



THE UNIVERSITY OF THE WEST INDIES

Mona Campus

NOTICE TO STAFF

- The University of the West Indies, Mona has identified three confirmed cases of Influenza A (H1N1) among members of the student population. The affected persons and others with flu-like symptoms have been isolated. Most persons have mild symptoms and many have already recovered. The Public Health staff of the Ministry of Health have visited the Campus and instituted the necessary public health measures.
- **Classes will begin on Monday, September 7, 2009 as scheduled. However, all non-essential meetings and social events have been postponed for the next seven days to minimise the risk of spreading the flu.**
- **All members of staff with flu-like symptoms should stay home until at least 24 hours after you no longer have a fever** and advise your Dean or Head of the Department of your condition. You are reminded that you would have to produce the necessary medical certificate when applying for sick leave.
- The University will not penalise students with flu-like symptoms who miss classes. Lecturers should therefore make arrangements to assist such students with lecture notes and information about assignments. Affected students should produce a medical certificate to support their case.
- **Members of staff are reminded of your personal responsibility to help slow the spread of the flu virus. The best way to protect against the flu is to adhere to the following guidelines:**
 - (a) Wash hands frequently with soap and water or use a sanitizer.
 - (b) Use paper towel (tissue) to cover nose and mouth when sneezing or coughing.
 - (c) Avoid close contact with persons with flu like symptoms e.g. handshaking, hugging or kissing.
 - (d) Contact your health provider if you are experiencing severe flu symptoms, especially if you have travelled abroad recently or have been in contact with persons who have travelled to countries known to have documented cases of Swine Influenza.
 - (e) Get sufficient rest and increase your intake of fluids.

September 6, 2009