



THE UNIVERSITY OF THE WEST INDIES

Mona Campus

UPDATE ON THE INFLUENZA A (H1N1) OUTBREAK ON THE UWI, MONA CAMPUS

On Monday, September 07, 2009, 32 new cases of persons with mild flu-like symptoms were reported to the University Health Centre from all six halls of residence. The affected persons have received treatment from the University Health Centre and are being monitored by the health personnel.

In order to ensure that the situation does not escalate and to minimise the risk of infection, members of the university community are reminded that while classes will be held as scheduled, all functions, whether organized by the Administration, members of staff or students, have been postponed for the rest of this week until Saturday, September 12, 2009. At that time, the situation will be reviewed to determine how we should proceed.

Members of staff and students are also reminded of your personal responsibility to help slow the spread of the flu virus. The best way to protect against the flu is to adhere to the following guidelines:

- (a) Wash hands frequently with soap and water or use a sanitizer.
- (b) Use paper towel (tissue) to cover nose and mouth when sneezing or coughing. Dispose of tissue in the garbage.
- (c) Avoid close contact with persons with flu like symptoms e.g. handshaking, hugging or kissing.
- (d) Contact your health provider if you are experiencing severe flu symptoms.
- (e) Get sufficient rest and increase your intake of fluids.

September 8, 2009