

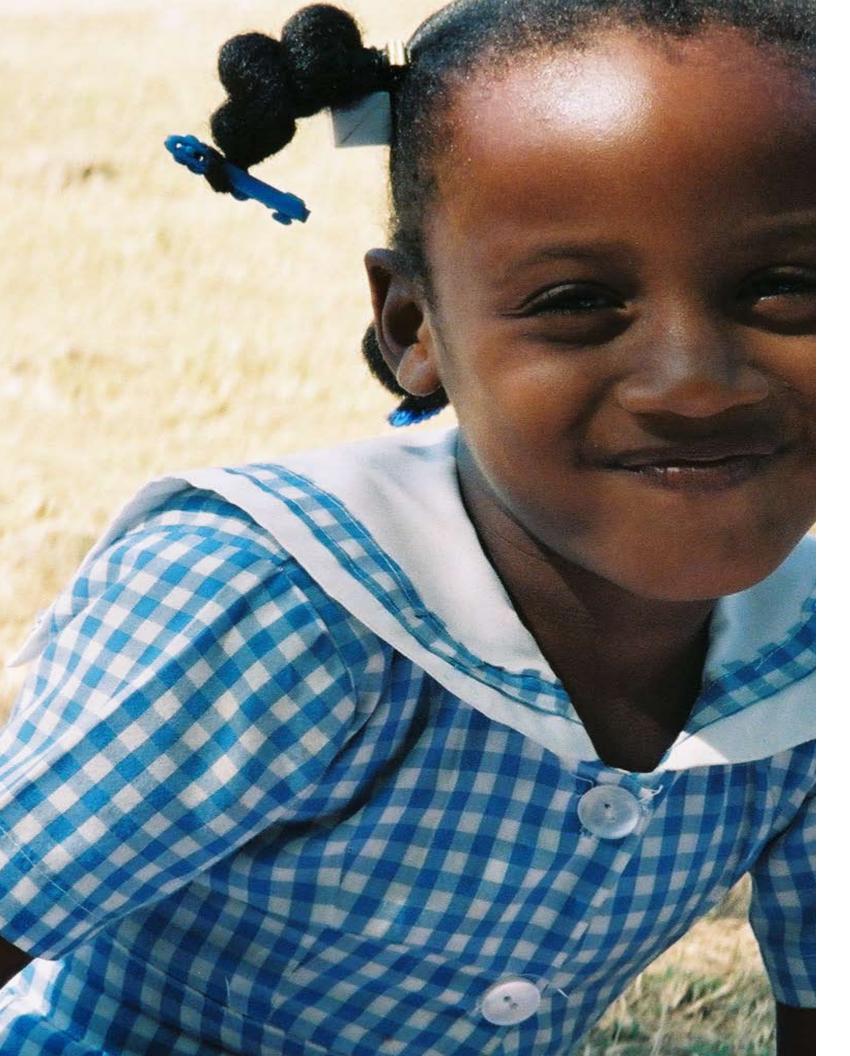


### Best, Plactices For EARLY CHILDHOOD DEVELOPMENT

### BIRTH - 3YEARS | 3 - 5YEARS







# Early Childhood Development FROM STANDARDS TO PRACTICE

George Brown's School of Early Childhood was awarded a 5 year Association of Canadian Community Colleges project in 2003 funded by the Canadian International Development Agency (CIDA). Our partners on the project include; the Early Childhood Commission, Ministry of Education and Youth (MOEY), Shortwood Teachers' College, UNICEF in Jamaica as well as P.A.C.E.

Canada.



### Best Practices DOCUMENTING OUR PROCESS

n 2004, principals from our partner schools — Bridgeport Infant School, Marlin Avenue Basic School, Portmore Daycare Centre, Silverstone Basic School and Sabina Basic Schools traveled to Toronto on a study tour. During the tour we began discussions along with members of the Early Childhood Commission and the Ministry of Education and Youth about the creation of a Best Practices document. In our dialogue we developed the goals for the Best Practices pilot and established a process that would allow each of our five pilot schools to create an individual school Best Practice document with a committee that was to include parents, teachers, principals, members of the Early Childhood Commission, MOEY education officers, faculty from Shortwood Teachers' College, Dudley Grant and UNICEF.

We developed workshops to demonstrate the Best Practices Approach and modeled the process with our first section: Best Practices for Interactions and Relationships. In developing this model we used the Caribbean Learning Outcomes, discussed the format of the document and how it would be incorporated into Best Practices. It was decided that identifying both appropriate and inappropriate practices with a checklist would be the most useful format for Early Childhood Practitioners (ECPs). Each section is to be accompanied by a CD incorporating photographs that would illustrate both appropriate and inappropriate practices. It was decided that the Best Practices document would have the following sections:

- Best Practices for Working with Families
- Best Practices for Interactions and Relationships
- Best Practices for Schedule, Routines and Transitions
- Best Practices for Environments
- Best Practices for Planning for Curriculum

The stakeholders group also decided that two documents would be developed. One for children from Birth-3 years of age and the second for Early Childhood Practitioners working with children 3-5 years of age. At each meeting, schools brought their ideas forward and the format that is included here represents the collaboration of all 5 schools and key informants.

It is hoped that this process can be replicated in other areas of the island and serves as a model for Best Practices. It can be used as a tool for discussions between practitioners, family members and principals to ensure quality experiences for children. Each practitioner who reviews this material will be involved in a process of reflective practice. This document provides standards that ensure quality and define exemplary practice. We see Best Practices as an on-going project. Responsive childcare is an active and evolving process. Changes are to be made as we recognize omissions, acquire new knowledge and invent new program strategies.

Our document does not repeat or take the place of the Early Childhood Act, Regulations and Standards for the operation of Early Childhood Institutions in Jamaica. This document should guide all of our programs.

To quote "Start Them Right":

"The care that children receive in the first six to eight years of life will determine the adults that they will become. These are the years when the foundation for growth and development; health and nutrition; physical, social, language, creative and cognitive abilities is laid. The experiences children have and the way in which they interact with their parents, family members, other adults and caregivers influence the way they learn and behave." >> To guide our **Best** project, a **Stakeholders** We gratefully acknowledge their commitment to early in Jamaica.

### EARLY CHILDHOOD COMMISSION

- Dr. Maureen Samms Vaughan, Chair Early Childhood Commission
- Merris Murray, Executive Director, Early Childhood Commission
- Ann Gray, Training, Certification and Accreditation Co-ordinator, Early Childhood Commission
- Dr. Rose Davies, University of the West Indies, Joint Board of Education
- Mr. Richard Williams, Early Childhood Commission

#### **MINISTRY OF EDUCATION AND YOUTH**

- Frieda Thomas, MOEY, Basic School Enhancement Project
- Gloria Patterson, MOEY, Integration Project
- Norma Hayles, MOEY, Retired
- Evadne Venor, MOEY, Assistant Chief Education Officer
- Leonie Gray, MOEY, EC Unit
- Mr. Fitz Brown, MOEY, EC Unit
- Ms. Dorna Wright, MOEY, EC Unit
- Ms. Sharon Gilzene, MOEY, Resource Centre Manager
- Ms. Felicita Harris, MOEY, EC Unit

#### INSTITUTIONS

- Elaine Foster Allen, Principal, Shortwood Teachers' College
- Audrey Carothers, Vice Principal, Shortwood Teachers' College
- Chris Clarke, Shortwood Teachers' College
- Fay Corothers, Faculty, University of the West Indies and Shortwood Teachers' College, Joint Board of Education
- Ms. Fay Dixon, Shortwood Teachers' College

### Practices group was established. their participation and childhood education

### **NON-GOVERNMENTAL ORGANIZATIONS**

- Ceceile Minott, Project Director, Dudley Grant Memorial Trust, Resource Centre Upgrading Project
- Maisie Wint, Dudley Grant Memorial Trust
- Marjorie Gaynor, Centre Manager, Dudley Grant Early Childhood Resource Centre
- Pauline Ritchie, Transition Project, UNICEF
- Lola Ramocan, UNICEF Jamaica
- Janet Cupidon-Quallo, UNICEF Jamaica

### **PILOT SCHOOL PARTICIPANTS**

- Ms. Pauline Fisher Robinson, Principal, Portmore Day Care Centre
- Ms. Lena Thorpe, Principal, Bridgeport Infant School
- Ms. Margaret Campbell, Prinicpal, Marlin Avenue Basic School
- Ms. Margaret Williams, Prinicpal, Sabina Basic School
- Ms. Ceereta McFarlone, Principal, Silverstone Basic School
- Ms. Pauline Christian, Prinicpal, Silverstone Basic School
- Ms. Carmen Smith, Bridgeport Infant School
- Ms. Christine DeSilva Campbell, Bridgeport Infant School
- Ms. Nathalie Gilmore, Marlin Avenue Basic School
- Ms. Erica Livermore, Sabina Basic School
- Ms. Asana Downer, Silverstone Basic School

### **GEORGE BROWN COLLEGE**

- Mr. Allan Rickards, Local Consultant
- Ms. Patricia Chorney Rubin, Chair
- Mr. Nelson Hillier, Manager
- Ms. Lynn Wilson, Faculty

• Ms. Marie Goulet, Faculty



 Ms. Nancy Sherman, Director, International Education • Ms. Jane Bertrand, Faculty • Ms. Colette Kane, Manager • Ms. Erica Seaton, Teacher



# Birth to Three Year Olds

### Best Practices for Working with Families

STANDARD 10: INTERACTIONS WITH PARENTS AND COMMUNITY MEMBERS

> The management and staff of early childhood institutions have good relationships with parents, caregivers, family members and the community.

### **BEST PRACTICE**

All institution practices underline the fundame principle that the family is the child's primary source of and care and the most powerful influence in the child For example, key messages and important written an communication reflect the importance of partnership families.

The institution demonstrates respect for diversion systems and practices which include religious beliefs and practices.

ECPs understand that family and community involvement is a means of expanding the child's opportunities for learning and development.

The institution welcomes family participation is Early Childhood Institution– meetings, fundraising, B Directors, PTA, cultural and social events and as volur in the Early Childhood Institution etc. An open door exists in the school.

According to Standard 10, ECPs must meet on the child starts attending the institution. Home visits ECPs to build strong relationships with new families. are encouraged to spend time with their child in the to their child's entry into the school.

The institution collects relevant information ab child and family, for example health records, through planned orientation process.

A parent orientation information booklet is pronew families that include all of the critical and relevan information about the operation of the institution an prepared by ECPs, principals and board members.

ECPs will find opportunities to recognize family contributions. A skills bank is established to record the expertise and interests of new families which can be enhance curriculum delivery, operations of the Early Childhood Institution etc.

The physical environment appears welcoming are posted, inviting entrance ways. Families are mad welcome. An open door policy is in effect.

10 Weekly curriculum is posted for families to review. A pictorial schedule is displayed to help parents and children understand the day's events.

### INAPPROPRIATE PRACTICE

ental of love d's life. d verbal os with	<ul> <li>Institutions do not recognize the important role families/guardians play in the lives of their children.</li> <li>ECPs do not communicate in a verbal and written format with families in order to strengthen the partnership.</li> </ul>
se family	The institution is not respectful of all family "types". ECPs display a bias towards some family structures, cultural and religious practices.
	ECPs do not involve the community in the life of the school.
in the Board of nteers policy	ECPs act as experts discouraging family involvement in the school.
ce before s allow Parents ECI prior	ECPs do not meet with families before the child starts.
oout the a	The institution does not collect vital information on the child and the family.
ovided for nt d is	No family booklet is provided in order for families to understand the school's expectations.
/ ne used to	No skills bank is established and families expertise is not acknowledged or utilized.
, eg. signs e to feel	The environment of the institution is not maintained and signage is not visible. Parents are not made to feel welcome at the ECI and are barred from freely entering.
ew. A ildren	No pictorial schedule is displayed. No weekly curriculum is posted.

BIRTH TO THREE YEAR OLDS

### INAPPROPRIATE PRACTICE

11	In order to celebrate children's accomplishments ECPs communicate important messages and celebrate children's strengths and accomplishments. Inviting displays of children's work are provided.	ECPs do not communicate with families. ECPs work is displayed, not the children's.
12	ECPs are in tune with individual families demonstrating strong interpersonal communication skills that foster partnership with familes particularly during a time of need. ECPs encourage families to share information that will have an impact on the child, eg. Parents are separating.	ECPs are not skilful communicators. ECPs are unaware of particular challenges individual families may be facing, for example, financial issues, sickness etc.
13	ECPs encourage father participation, eg. Father's Day, meeting for father's only, breakfast events.	ECPs speak more to mothers and do little to engage fathers in the school.
14	ECPs develop strategies for communicating with families in circumstances where children arrive at the institution by taxi, sibling or family friend, for example, if there has been little family contact, the ECP would call home.	ECPs are rarely engaged with families. Few messages are communicated in a written format. ECPs do no follow up when children are absent for extended periods of time or does not attend institution on a regular basis.
15	Family meetings are held to discuss how the child has adjusted to institution noting the child's progress develop- mentally at a time that is convenient for both parties. These take place at least every 6 months and meetings are recorded and signed by both parents and staff. Meetings are also held to helpfamilies understand appropriate ways to discipline with the child without using corporal punishment.	No meetings are held. No reporting process is in place. Meetings take place but no record of the meeting is in place.
16	ECPs are responsible for educating families about quality learning environments, play based experiences. ECPs and family members learn together through workshops established in co-operation with each other.	The institution does not organize any opportunities for life long learning.
17	A resource area is established in the institution with relevant resources for families. It might also include family albums, family board, and ideas for parents to do at home with their children, resources that can be shared between institution and home, eg. Borrow A Book Program.	No resource centre is established for families.
18	A process is in place to resolve issues when they arise between families and the centre. General comments and concerns of parents are recorded in a log book and in a place that both staff and parents can easily access and read.	No conflict resolution policy is in place. No record is kept of concerns or parent's comments.
19	Parents have the right to refuse to let their children participate in ECI activities, including going on outings.	ECPs insist that children attend events and outings.

## **Best Practices** for Interactions & Relationships

### **STANDARD 3: INTERACTIONS AND RELATIONSHIPS WITH CHILDREN**

Early childhood staff has the characteristics, training, knowledge, skills and attitude to promote positive behaviours and reduce difficult and challenging behaviours in children



### INAPPROPRIATE PRACTICE

ECPs built trust and security in warm, responsive ECPs do not demonstrate a caring, responsive interactions with young children. They understand that or respectful approach with the children underminpositive interactions that respect the individual child are the ing the child's sense of self. ECPs demonstrate foundation of social environments that promote the indifference, are unsupportive of children's development of a positive sense of self. efforts and demonstrate an "in charge attitude." ECPs have limited or no understanding of the ECPs understand brain research and its implications for optimum development in young children for life long importance of the early years and the development learning, development and health. Their interactions of the brain and their role in providing optimum and planning reflect this understanding. experiences. ECPs recognize that infants have individual and differing Little time and effort is devoted to observing temperaments; fearful, feisty and flexible and therefore are infant behaviour and respecting individual's traits. able to respond appropriately. Preferential treatment (non verbal, verbal) is directed towards some children. Boys are handled ECPs accept children as they are (culture, economic differently and allowed to cry for longer periods background, language, religious beliefs and practices of time than girls, which feeds into the stereotype and gender). that boys need to be "tough" and girls need to be handled in a more gentle way. ECPs positively communicate and support children Voice tone and volume is harsh and loud. using verbal and non verbal strategies such as appropriate Children's signals and efforts to engage the ECPs are voice tone and volume, eye contact, facial expression, body met with a stern and unresponsive affect. language etc. ECPs demonstrate a lack of empathy for chil-ECPs demonstrate enjoyment and affection and dren's emotions and tend to be harsh and dismissive. acknowledge children's feelings and alleviate their fears. ECPs ECPs leave children to cry for long periods of time understand the importance of shared emotions as a way for with limited verbal or non-verbal cues indicating children to learn about and express emotions. ECPs respond that they are not in tune with the child's distress. promptly and appropriately to babies cries acknowledging ECPs are unable to differentiate between the differthe child is crying and despite being busy says, "I know you are ent types of children's cries. ECPs handle the babies upset I'm coming". Babies are cuddled, hugged and verbally roughly indicating their lack of patience. ECPs strategies are inappropriate such as telling a child to stop and emotionally supported. crying "there is nothing wrong with you." ECPs acknowledge and label the child's feelings using simple and responsive language for example, "Saying good ECPs disregard and/or dismiss children's feelbye to dad makes you sad". ECPs celebrate children's attempts ings, for example, "You're okay, stop crying". ECPs do to self regulate including attention, emotion and behaviour not celebrate children's pro-social accomplishments. regulation. Upon waking, babies are taken from their cribs and cots Babies are left for long periods of time when and actively engaged. awake in their cribs. ECPs have had no specific training onobserva-**ECPs** are trained to record their observations of the tional techniques and have gathered no information on the children's developmental levels, preferences children for reference in order to respond and plan appropriately and support developing skills. etc. and therefore are not able to individualize planning. ECPs do not look for opportunities to engage ECPs create opportunities to work with small groups children in small or individual situations. and low ratios. ECPs engage in one to one interactions with 10 ECPs do not follow the child's cues, instead ECPs babies. ECPs allow the child/ren to lead the play. direct the interaction.

### **BEST PRACTICE** ECPs provide a sensory perceptual rich environ 11 example, all five senses are considered when plannin children, to support optimum development. ECPs provide safe teacher made props, play ma etc. for the children that are developmentally approp 12 accessible at the child's level. ECPs provide safe teach props, play materials etc. for the children that aredeve tally appropriate and accessible at the child's level. ECPs encourage children's preferences for food 13 and people and understand that this supports the de ment of their self concept and self esteem. ECPs appropriately position themselves in the so that they are able to monitor the children and resp 14 their needs. They are also in a position to ensure the safety by being at the child's level. ECPs encourage children to imitate language a 15 for their response. They name describe events and b what is happening. ECPs understand the importance of using "real" guage to label body parts, articles of clothing, object room and in books through imitation and expansion. 16 simplify language and expand on the infant's vocabu ECPs avoid saying "good or bad girl", instead they con the behaviour the child is engaged in. ECPs support language acquisition by verbally the child before routines and engaging in meaningfu logue during routines and programmed activities. Fo ple, tummies are tickled, one to one games take place ECPs use respectful, firm, positive guidance bas their knowledge of young children. ECPs use positive 18 tions to redirect children's behaviour. At no time is an physical punishment, emotional abuse or neglect use

### INAPPROPRIATE PRACTICE

nment, for Ig for the	ECPs provide limited sensory perceptual exploration, for example, few olfactory experiences are planned. Sensory exploration focuses only on tactile experiences.
aterials priate and ner made elopmen-	Props and materials are limited and those that are available are stored out of the reach of the children.
l, objects evelop-	ECPs have no understanding of the children's preferences or their connection to the development of their self concept. ECPs are intrusive and disruptive during the children's activities and do not allow the child to choose.
room oond to children's	ECPs sit with their back to the children and are unaware of what is taking place in the room. They are unable to respond to a child's needs or when dangerous situations present themselves. ECPs do not sit on the floor with the infants or sit on tables role modeling inappropriate behaviour.
and wait roadcast	CPs sit with their back to the children and are unaware of what is taking place in the room. They are unable to respond to a child's needs or when dangerous situations present themselves. ECPs do not sit on the floor with the infants or sit on tables role modeling inappropriate behaviour. respond etc. ECPs do not use meaningful moments to provide language expansion.
l" lan- is in the . ECPs ilary. nment on	□ ECPs use "baby talk" in their communication with the infants, for example, "din din for dinner", horsey for horse". ECPs do not use the child's real name but rather call the child "sweety", "sugar", "darling". ECPs say "good girl or bad boy" to describe behaviour instead of describing the action the child has taken.
cueing Il dia- pr exam- e etc.	ECPs are generally non responsive and engage in impersonal care giving, missing intimate mo- ments with the child that are meaningful and lay the foundation of the relationship.
sed on e interac- ny form of ed.	ECPs, contrary to Standard 3, use slapping, pinching, shaking, pushing and putting children into unusual position, emotional abuse and neglect to force children to comply with their demands.

### Best Practices Transitions, Schedules, Routines

### BEST PRACTICE

	SCHEDULES
1	ECPs post a written and/or pictorial schedule is available to families upon request.
2	ECPs adopt a self demand schedule recognizing babies must be responded to according to their own biological schedule. ECPs respond to the infants rhy recognize that the schedule is the "skeleton" to the of may change based on children's needs.
3	ECPs ensure that the schedule is predictable to enough to create a relaxed and enjoyable atmosphe includes both indoor and outdoor experiences.
4	ECPs plan so that the schedule is responsive to child's needs to be both active and quiet and period play.
5	ECPs recognize developmental differences in ability to regulate attention.
	ROUTINES AND TRANSITIONS
1	<b>ROUTINES AND TRANSITIONS</b> ECPs minimize the number of transitions, in the ule for care giving routines, grooming, eating and residue to the set of the
1	ECPs minimize the number of transitions, in the
	<ul> <li>ECPs minimize the number of transitions, in the ule for care giving routines, grooming, eating and rest</li> <li>ECPs ensure that children understand what to explaining what will happen "I'm going to change your sector of the sector of t</li></ul>
2	<ul> <li>ECPs minimize the number of transitions, in the ule for care giving routines, grooming, eating and rest explaining what will happen "I'm going to change yo now" etc.</li> <li>ECPs understand that there are learning opport transitions for the children to learn self help skills,</li> </ul>

### **INAPPROPRIATE PRACTICE**

ind a copy	No written/pictorial schedule is posted in the room. There is no organization to the day.
ig that thms and ay and it	Babies are fed and changed according to the schedule. Their individual needs are not taken into consideration.
ut flexible re which	ECPs are insistent that the schedule be maintained creating a sense of anxiety and a feeling of rushing the children. Almost all activities happen in the indoor space.
the of free	ECPs do not respond to the children's need for both quiet and active play, for example, children spend too much time in their cribs. ECPs do not provide for opportunities for free play or children are left on their own with no planning taking place.
hildren's	ECPs do not understand that toddlers can only manage very brief large group experiences and that they need lots of choice and variety during free play times.
e sched- sting.	ECPs enforce a rigid structure around routines and transitions and expect all children to adhere to it. Too many transitions take place.
	and transitions and expect all children to adhere to
sting. do next,	<ul> <li>and transitions and expect all children to adhere to it. Too many transitions take place.</li> <li>ECPs do not take the time to explain the necessary steps in the routine or transition to the</li> </ul>
sting. do next, ur diaper	<ul> <li>and transitions and expect all children to adhere to it. Too many transitions take place.</li> <li>ECPs do not take the time to explain the necessary steps in the routine or transition to the children.</li> <li>ECPs do not understand how transitions and routines can be used as "teachable moments". ECPs do not encourage children to take initiative, for example, pulling down pants when using the</li> </ul>

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and engage them in activities.

### **INAPPROPRIATE PRACTICE**

#### ARRIVALS ECPs warmly welcome the children and their families ECPs are unwelcoming caregivers, for upon their arrival and throughout the day. ECPs acknowledge example, avoiding families, no greeting and the children by name as they arrive, children's moods/feelings unresponsive facial expressions. No relevant upon arrival and exchange important information with famiinformation is exchanged. ECPs believe saying lies. ECPs assist children in saying goodbye to their parents. good bye will affect the child negatively. ECPs complete non-intrusive health inspection and checks for marks, bruises, cuts, fever etc. ECPs check openly and reveal loudly the 2 child's condition. ECPs encourage parents to assist with the arrival process ECPs do not explain to parents the morning by changing diapers if needed, organizing their child's routine. clothing, bag etc. ECPs encourage parents to let them know if an early ECPs and parents do not communicate relpick up will be happening. evant information. ECPs set up the physical environment before the ECPs are busy setting up the room as the 5 children arrive. families arrive. DRESSING AND UNDRESSING ECPs communicate with children when dressing them ECPs dress the child in silence. ECPs demonby identifying body parts, label clothing and sing to the strate limited facial expressions, no smiles and miss children and see these one-on-one experiences as opportunities to expand the children's language. meaningful opportunities. ECPs encourage children to make attempts to dress ECPs do not encourage the children's self 2 themselves, ie put on their own shoes. help skills. NAPPING Each child has an individual crib in which to sleep. Cribs are not available for each child. ECPs put the children in their crib for sleep ECPs understand how each of the infants likes to be put with little regard to individual preferences such as, 2 to sleep. rubbing their forehead, patting their back etc. ECPs leave children in their cribs long after ECPs remove the children upon waking from their cribs they are awake. They do not respond to children's

cries to be picked up and comforted.

### **BEST PRACTICE**

	WASHROOM / TOILET LEARNING
1	ECPs co-ordinate toilet learning with the home
2	ECPs inform the infant that a diaper change is a take place. Songs are cues to signal the transition.
3	To assist in the toileting routine, ECPs actively in with the child.
4	ECPs assist infants and toddlers to clean up pro after using the toilet and stay with them during this re eg. washing hands etc.
5	ECPs post visual cues for the washroom routine prominent place where the children can see it.
6	ECPs praise children for their success in using the room appropriately, eg. model toilet flushing after use
7	ECPs assist toddlers to dress after toileting and children enough time to complete the washroom rou
	LEAVING
1	ECPs prepare infant belongings prior to parent
2	ECPs exchange information about the child's da family members.
3	ECPs encourage family members and the child their bag before leaving.
4	ECPs wave goodbye to the children before leav common interactive departure takes place.

### **INAPPROPRIATE PRACTICE**

<u>.</u>	ECPs do not engage families in information regarding toilet learning.
about to	ECPs pick up the child and complete the dia- pering with no advanced warning or engagement.
nteract	ECPs quickly move through the routine with very little verbal/non verbal interactions.
operly outine,	Children are left to use the bathroom on their own.
es in a	ECPs do not prepare posters or other visual cues to assist the children through washroom routines.
he wash e.	ECPs ignore children's appeal for help and their eventual success or slapping the child for not using Wwashroom when instructed.
give itine.	ECPs leave the children on their own to dress after toileting. Children are rushed.
arrival.	Personal belongings are not organized when parents arrive.
ay with	No information is shared.
to check	ECPs do not facilitate a "leaving procedure" at the end of the day.
ving and a	ECPs leave the institution without any good byes to the children.

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### Best Practices for Environments

### **STANDARD 4: PHYSICAL ENVIRONMENT**

Early childhood institutions have physical environments that meet building, health and safety requirements; allow adequate space for children, and facilitate the development of children and staff

### STANDARD 5: INDOOR AND OUDOOR EQUIPMENT, FURNISHING AND SUPPLIES

ECIs have indoor and outdoor equipment and furnishing that are safe, child friendly and promote optimal development of children

### **STANDARD 8: SAFETY**

ECIs provide safe indoor and outdoor environments for children, staff and visitors to the institutions

### BEST PRACTICE

	INDOOR ENVIRONMENTS	
1	ECIs must be operated in safe, well-designed, comfort- able and secure buildings, with sufficient space inside and out for the children and staff to work, play and rest comfortably.	The ECI does not meet Standard 4.
2	ECPs provide physical adjustments to support children with visual, hearing and other disabilities.	ECPs make no accommodation for individual special needs.
3	ECPs consult the National Regulations and Standards to ensure a safe learning environment for the children both indoors and outdoors.	ECPs disregard Regulations and Standards.
4	ECPs demonstrate an understanding that children's behaviour is often shaped and influenced by the set up of a visually appealing and developmentally appropriate environment.	ECPs are unaware of the influence of the environment on children's behaviour, eg. Children are punished for not being able to sit for long periodsof time in an overcrowded, over or under stimulating environment.
5	Infants are kept on the ground level of the building and ECPs understand that the optimal stimulation for young children happen at the child's level – the first 24 inches from the floor.	Infants are not on the ground level. ECPs store materials up and away from the children. Displays are at the adults level, not at the children level.
6	There are separate areas for changing, feeding and sleeping. Cribs meet all safety standards and mats are provided for older children and a monitor is used. There are enough sleeping spaces for each individual child.	Separate areas are not maintained. Infants sleep in the main playroom. No monitor is present to alert staff when children awake. ECPs are unaware of safety standards and do not do periodic checks for safety. Older children share mats.
7	Babies under 24 months and older children have their activities in separate rooms/area.	Children are of all ages are placed in one space.
8	ECPs provide an environment that is predictable, responsive and safe and therefore supports the infant's sense of trust. The environment also reflects materials that would be found in the home, for example, a mirror in the changing area.	The environment is set up to meet the needs of the adult caregiver and not how the child inter- acts in the environment. Children do not see objects that are familiar to them.
9	ECPs understand that bright colours stimulate and excite, pale warm colours are calming, soothing, relaxing. ECPs understand that the environment will impact on the behaviour of the children, for example visual clutter is over stimulating.	ECPs are not aware of how colour affects the environment or how the overall environment will affect behaviour. Too many materials remain in the room for long periods of time, ie. Signs hanging from the ceiling.
10	When possible, ECPs attempt to use sound absorbing materials, removable carpets, mats.	ECPs make no attempt to chose materials made to absorb sound.

### **INAPPROPRIATE PRACTICE**

### **INAPPROPRIATE PRACTICE**

#### **INDOOR ENVIRONMENTS** CONT.

11	ECPs organize the ECI so that it includes a variety of learning centres for large and small group activities with attention to traffic flow – entrances and exits.	ECP's Early Childhood Institution does not include learning centres. If there are any, these are not utilized by the children and are used for display purposes only. ECPs do not create a floor plan and learning centres are placed in inappropriate areas with no consideration to entrances and exits and traffic flow.
12	ECPs organize the environment so that centres in the room are separated by child size shelving, transparent curtains etc. Visibility for ECPs is ensured by the safe placement of furniture.	There is nothing to distinguish where one centre begins or ends. ECPs do not organize the furniture so they can see the children at all times. Furniture is too large for maximum view of the children.
13	Furniture in the room is child size and in good condition without splinters or rough edges.	Furniture is designed for adults, is unsafe and is not in good repair.
14	When storing and presenting materials to children, ECPs provide clear storage containers, a labeling system and low accessible shelves.	ECPs do not organize materials in the Early Childhood Institution. There is no labeling system, materials are placed out of the reach of children.
15	When there are limited materials, for example, blocks, ECPs organize so that one class gets all of the centre's blocks for one week in order for children to have a "full" experience.	ECPs do not co-ordinate their efforts to rotate materials throughout the class/school.
16	ECPs working with toddlers understands their role in setting up opportunities for toddlers to do things for themselves.	ECPs do not allow the toddlers to explore the environment on their own or provide opportunities to do things independently. The environment is set up for care giving but not for learning.
17	ECPs understand that some children can become over stimulated and provide a "sheltered space" or a semi-private area in order to recover or to be alone with a friend.	ECPs set up the environment for the whole group without understanding that some children may need time to self regulate.
18	ECPs display photos of the families so that when the child is upset, he/she can be comforted by the photos.	ECPs do not see the significant of family photos and how they can be used to help children self regulate.
19	ECPs model a tidy and organized environment with their own teaching supplies and materials.	ECPs expect children to maintain their space while their own desk is untidy and unorganized.
20	ECPs provide an ill cot for sick children.	ECPs do not provide an isolated space for ill children.

#### **BEST PRACTICE**

#### OUTDOOR ENVIRONMENTS

ECPs recognize that the outdoor environment provides opportunities for key learning experiences and ECPs ensure that the daily schedule reflects opportunities for these experiences. The outdoor space is fenced.

A safe learning outdoor environment is ensured by ECPs supervising at all times, daily playground checks for damaged equipment, debris, animals, poisonous plants, glass, persons not connected to the institution etc. The outdoor environment meets Standard 5.



### **INAPPROPRIATE PRACTICE**

ECPs do not use the outdoor learning environment. No fence is in place.

ECPs allow the children to go outside without supervision. ECPs do not check for dangerous materials, equipment or unwelcome visitors. Standard 5 is not met.

### Best Practices for Planning for Curriculum

### STANDARD 2: DEVELOPMENTAL AND EDUCATIONAL PROGRAMMES

Early childhood institutions have comprehensive programmes designed to meet the language, physical, cognitive, creative, socio-emotional, spiritual, cultural and institution readiness needs of children



### BEST PRACTICE

1	ECPs recognize that curriculum is embedded in the environment and plan accordingly. This includes materials, activities, arrangements, relationships and interactions that adults provide.	ECPs do not understand the importance of the environment on children's learning.
2	ECPs plan curriculum that is based on observations of each child's developmental level, skills and interests of the child in consultation with families. Infants are valued as individuals.	ECPs plan for curriculum for the group rather than the individual. Families are not consulted.
3	ECPs plan with a holistic approach to the child including all domains.	ECPs focus only on the caregiving aspects of the child's day.
4	ECPs understand that the Early Childhood Institution's environment should reflect an understanding that play is how children learn.	ECPs initiate teacher directed lessons and do not allow or facilitate play in the environment.
5	Environments for young children reflect a sensory based child centred environment.	Children have limited opportunities for sensory experiences in the playroom. The environment reflects caregiving rather than a child centred environment.
6	ECPs observe, plan and evaluate their curriculum in or- der to provide sequential and meaningful experiences for the children moving from simple to more complex experiences.	ECP planning reflects random activities, some chosen from activity books, with no thought to how they meet the needs of the individual child.
7	ECPs understand the stages of developmental play levels as children move from solitary to parallel play to co-operative play.	ECPs expect children to interact beyond their capabilities, eg. Toddlers willingly sharing materials or favourite toys.
8	ECPs record their observations in an Individual Program Plan.	ECPs make no effort to record their observa- tions in a written format.
9	Plans are developed for small group and individuals.	Plans are developed for the whole group.
10	ECPs plan for both the indoor and outdoor environment. Many experiences that can be done indoors can be done outdoors.	Children rarely are given opportunities to interact with the outdoor environment, ie. walks, outdoor activities etc. ECPs are not receptive to engaging children in the outdoor environment.
11	ECPs understand that children need time for repeated practice to support their exploration of the world around them.	ECPs rush the children through the day with- out considering the children's need to fully explore. The schedule is rigidly adhered to.
12	Diverse developmentally appropriate props and materials reflect children's interests, cultural background and support the emerging development of language skills. Boys and girls have the same experiences and opportunities.	Materials are not suitable for the age group. ECPs do not understand how to effectively use props and materials to develop language skills. Gender stereotyping takes place.
13	ECPs encourage the use of standard English while respecting the primary language of many Jamaican children.	ECPs insist on standard English only.
14	ECPs understand the importance of music, movement, one to one games, chants etc. in the development of the whole child.	Children are not exposed to various interactions with ECPs and are left for long periods of time on their own.

### INAPPROPRIATE PRACTICE

**BIRTH TO THREE YEAR OLDS** 

## Three to Five Year Olds





### **Best Practices for Working with Families**

### STANDARD 10: INTERACTIONS WITH PARENTS AND COMMUNITY MEMBERS

The management and staff of early childhood institutions have good relationships with parents, caregivers, family members and the community

### BEST PRACTICE

All institution practices underline the fundame principle that the family is the child's primary source and care and the most powerful influence in the child For example, key messages and important written an communication reflect the importance of partnership families.

The institution demonstrates respect for divers systems and practices which include religious beliefs and practices.

ECPs understand that family and community ir ment is a means of expanding the child's opportuniti learning and development.

The institution welcomes family participation in Early Childhood Institution– meetings, fundraising, Be Directors, PTA, cultural and social events and as volum the Early Childhood Institution etc. An open door po in the school.

According to Standard 10, ECPs must meet one the child starts attending the institution. Home visits ECPs to build strong relationships with new families. are encouraged to spend time with their child in the to their child's entry into the school.

The institution collects relevant information ab the child and family, for example health records, throu planned orientation process.

A parent orientation information booklet is pronew families that include all of the critical and relevan information about the operation of the institution an prepared by ECPs, principals and board members.

ECPs will find opportunities to recognize family contributions. A skills bank is established to record the expertise and interests of new families which can be enhance curriculum delivery, operations of the Early Childhood Institution etc.

The physical environment appears welcoming, are posted, inviting entrance ways. Families are made welcome. An open door policy is in effect.

10 Weekly curriculum is posted for families to revi pictorial schedule is displayed to help parents and ch understand the day's events.

### INAPPROPRIATE PRACTICE

ental of love d's life. d verbal os with	Institutions do not recognize the important role families/guardians play in the lives of their children. ECPs do not communicate in a verbal and written format with families in order to strengthen the partnership.
se family	The institution is not respectful of all family "types". ECPs display a bias towards some family structures, cultural and religious practices.
nvolve- es for	ECPs do not involve the community in the life of the school.
n the oard of nteers in licy exists	ECPs act as experts discouraging family involvement in the school.
te before allow Parents ECI prior	ECPs do not meet with families before the child starts.
oout ugh a	The institution does not collect vital information on the child and the family.
ovided for nt d is	No family booklet is provided in order for families to understand the school's expectations.
y ne used to	No skills bank is established and families expertise is not acknowledged or utilized.
eg. signs e to feel	The environment of the institution is not main- tained and signage is not visible. Parents are not made to feel welcome at the ECI and are barred from freely entering.
ew. A ildren	No pictorial schedule is displayed. No weekly curriculum is posted.

### INAPPROPRIATE PRACTICE

In order to celebrate children's accomplishments ECPs communicate important messages and celebrate children's strengths and accomplishments. Inviting displays of children's work are provided.	ECPs do not communicate with families. ECPs work is displayed, not the children's.
2 ECPs are in tune with individual families demonstrating strong interpersonal communication skills that foster partner- ship with familes particularly during a time of need. ECPs encourage families to share information that will have an impact on the child, eg. Parents are separating.	ECPs are not skilful communicators. ECPs are unaware of particular challenges individual families may be facing, for example, financial issues, sickness etc.
B ECPs encourage father participation, eg. Father's Day, meeting for father's only, breakfast events.	ECPs speak more to mothers and do little to engage fathers in the school.
4 ECPs develop strategies for communicating with fami- lies in circumstances where children arrive at the institution by taxi, sibling or family friend, for example, if there has been little family contact, the ECP would call home.	ECPs are rarely engaged with families. Few messages are communicated in a written format. ECPs do no follow up when children are absent for extended periods of time or does not attend institution on a regular basis.
Family meetings are held to discuss how the child has adjusted to institution noting the child's progress develop- mentally at a time that is convenient for both parties. These take place at least every 6 months and meetings are recorded and signed by both parents and staff. Meetings are also held to help families understand appropriate ways to discipline with the child without using corporal punishment.	No meetings are held. No reporting process is in place. Meetings take place but no record of the meeting is in place.
ECPs are responsible for educating families about quality learning environments, play based experiences. ECPs and family members learn together through workshops established in co-operation with each other.	The institution does not organize any opportunities for life long learning.
A resource area is established in the institution with relevant resources for families. It might also include family albums, family board, and ideas for parents to do at home with their children, resources that can be shared between institution and home, eg. Borrow A Book Program.	No resource centre is established for families.
A process is in place to resolve issues when they arise between families and the centre. General comments and concerns of parents are recorded in a log book and in a place that both staff and parents can easily access and read.	No conflict resolution policy is in place. No record is kept of concerns or parent's comments.
9 Parents have the right to refuse to let their children participate in ECI activities, including going on outings.	ECPs insist that children attend events and outings.

### **Best Practices** for Interactions and Relationships

### **STANDARD 3:**

### INTERACTIONS AND **RELATIONSHIPS WITH CHILDREN**



Early childhood staff has the characteristics, training, knowledge, skills and attitude to promote positive behaviours and reduce difficult and challenging behaviours in children

adults and children.

gender).

individual.

ECPs responsive and respectful interactions are

designed to support the development of self esteem and self

worth. A trusting, caring relationship is displayed between

ECPs accept children as they are (culture, economic

background, language, religious beliefs and practices, and

ECPs display good understanding of individual develop-

ment in a group setting and recognize that each child is an

where the best learning takes place.

### **INAPPROPRIATE PRACTICE**

ECPs demonstrate indifference, are unsupportive of children's efforts and demonstrate an "in charge attitude." ECPs lack appropriate teaching strategies and use humiliation and shame to obtain compliant behaviour.

Preferential treatment (non-verbal, verbal) is directed towards some children. ECPs show preference for one gender over another. ECPs ignore religious beliefs, cultural practices etc.

ECPs most frequently interact in a group with little understanding of the needs and interests of individual children.

ECPs undertake to work with children in small groups— ECPs undertake to work with children in small groups— Individual interaction is reserved mostly for

discipline. Children rarely work in small groups where the ECP moves from group to group.

ECPs demonstrate enjoyment and affection and acknowledge children's feelings and alleviate their fears. ECPs understand the importance of shared emotions as a way for children to learn about and express emotions. ECP's recognize, respect and respond to feelings of children, ie. Fear, sadness, joy time to be alone. ECPs encourage children to talk about their feelings. ECPs verbal responses to children are soft and gentle, body lan-

verbal responses to children are soft and gentle, body language displays warmth and empathy through regular smiles and personalized attention. ECPs give children the opportunity to explain and express

themselves and respond by acknowledging children's feelings. ECPs listen patiently and respectfully to children's ideas and views. ECPs demonstrate a lack of empathy for children's emotions and tend to be harsh and dismissive. ECPs' strategies are inappropriate such as telling a child to stop crying – "nothing is wrong with you" invalidating the child's feelings. ECPs underestimate children's potential, children's

feelings are not taken into consideration and no opportunities are given for free expression. Personalized attention is related to disciplining the child. ECPs voice tone and facial expressions are demeaning and frightening.

ECPs interrupt and take control of all situations, giving little or no opportunity to children to explain and express themselves. Emphasis is always on supplying the "right" answer.

ECPs demonstrate knowledge and understanding of children by interacting in a developmentally appropriate manner for example, they understand that children in this age group are only beginning to understand that others have ideas, emotions and desires of their own, therefore support children in their emerging understanding of this concept.

ECPs support children learning to channel their emotional expressions into constructive interactions. ECPs elebrate children's attempts to self regulate including attention, emotion and behaviour regulation. ECPs expect children to behave/act beyond their stage of development, ie expecting children to sit still for long periods of time.

ECPs do not understand that children in this age group are just developing their understanding of others and their ability to share, compromise and resolve conflicts.

ECPs are rule bound. ECPs do not understand their role in facilitating the process of conflict resolution and therefore bullying and aggressive behaviour emerges especially when ECPs are not present. ECPs do not celebrate children's pro social accomplishments.

### BEST PRACTICE

ECPs have the knowledge and skills to support emerging skills as they learn how to become aware o needs and rights of others in the environment and bu capacity to express emotions and control impulses. encourage children to engage in co-operative, pro so behaviour and they are supported in the developme self management skills. ECPs celebrate the children's actions towards others. ECPs recognize that the goal of behaviour guid help the children develop self control and strategies ing conflict using a win-win problem solving approac recognize that some children will need time to calm themselves. ECPs use a variety of appropriate behaviour gu strategies, including verbal and nonverbal interaction 10 appropriate limits, modeling, positive reinforcement, and redirection to support children. No form of phys punishment, emotional abuse or neglect is seen. ECPs encourage children to be doers and give opportunities to be helpers. ECPs encourage children and be thoughtful of others. ECPs provide genuine praise in response to ch efforts. ECPs promote children's art work, for example 12 ing children's work at their level. ECPs celebrate children's milestones for examp 13 reading their first word, tying their own shoes etc. EC these observations for sharing with families. ECPs position themselves in the room so that t 14 able to safely monitor the children and respond to th

ECPs model expected social graces , i.e. please, you, friendly greetings.

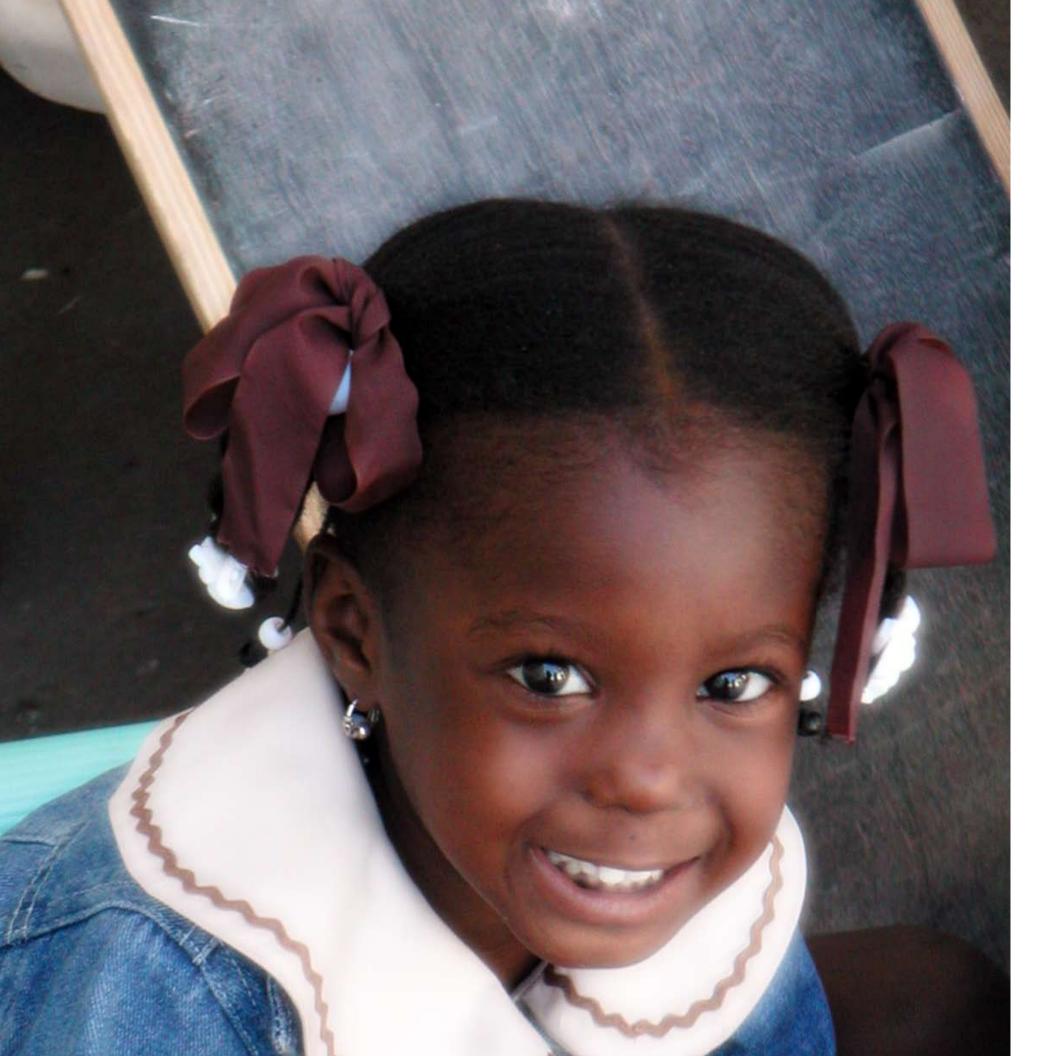
ECPs apologize when required.

15

both indoors and outdoors.

### INAPPROPRIATE PRACTICE

children's of the uild the ECPs ocial nt of their positive	<ul> <li>ECPs expect children to control their emotions at all times and at times use shouting, slamming the desk, name calling, shaming etc.</li> <li>ECPs do not demonstrate an understanding of how to encourage appropriate expression of emotions and impulse control.</li> <li>ECPs rarely genuinely praise the children but when they do, it is a way of getting other children to comply, for example, praising one group at the expense of another.</li> </ul>
lance is to for resolv- ch. ECPs	ECPs do not have the skills to redirect the chil- dren using the Win-Win Problem Solving approach. ECPs leave children to struggle through conflicts and disagreements on their own.
iidance ns, praise ical	□ ECPs make arbitrary rules for the children and rely on only a few guidance strategies, such as raising their voice and using a punitive approach. These strategies do not allow children to develop an inner sense of managing and regulating their own behaviour. Emotional abuse and neglect is seen as well as physical punishment such as slapping, pinching, shaking, pushing and putting the child in unusual positions.
children n to share	ECPs do not seize opportunities as they emerge in children's interactions, to recognize and encourage problem solving and other pro social behaviours.
ildren's e, display-	There is a dominance of the ECP's work dis- played rather than the children's efforts, for example, wall displays, letters hanging from the ceiling etc.
ole, CPs record	ECPs express little interest or enthusiasm when children reach developmental milestones.
hey are eir needs	ECPs sit with their backs to the children and are unaware of what is taking place. They are unable to respond to a child's needs or when dangerous situations present themselves. ECPs leave the children on their own for extended periods of time.
thank	<ul> <li>ECPs ignore social values.</li> <li>Only children are expected to apologize.</li> </ul>



### Best Practices Transitions, Schedules, Routines

### **INAPPROPRIATE PRACTICE**

B	E	S	Т	Ρ	R	A	С	Т	C	E	
B	E	S	Т	Ρ	R	Α	C	Т	С	Е	

4	ECPs minimize waiting time for children by mo children through a transition in small groups. Long la are avoided.
5	During the lunch routine, ECPs organize so that are served their lunch in smaller classroom groups rate all of the classes at the same time.
	ARRIVALS
1	ECPs work with families to ensure that children accompanied by a family member. Children who arr their own, have signed permission from a parent or a call giving permission for the child to arrive at institu- their own.
2	Children are registered as they arrive and when developmentally appropriate record their own entry.
3	ECPs warmly welcome the children and their fa upon their arrival and throughout the day. ECPs ack the children by name as they arrive, children's moods upon arrival and scan for possible health issues and e important information with families.
4	ECPS encourage parents to send their children appropriate clothing for free exploration and shoes for play experiences.
5	ECPs arrive early because they understand that environment must be prepared before the children as ECPs know that children need adequate time to settle providing interesting and challenging set ups.
6	ECPs encourage the children in their self helps having the children store their back packs on their or
	DRESSING AND UNDRESSING
1	ECPs are vigilant about their own appearance dressed appropriately and ready for play.
2	Children's privacy is respected when undressin when accidents occur.
3	ECPs encourage children to dress themselves.
4	ECPs encourage children to help their peers.
5	ECPs always ensure that children are dressed appropriately.

C C			. E S
30	пь	 υı	- E 3

ECPs post a written/pictorial schedule and a copy is available to families upon request.	No written/pictorial schedule is posted in the room. There is no organization to the day.
ECPs recognize that the schedule is really the "skeleton" of the day and that the schedule may be change based on the children's needs rather than a strict adherence to the clock. ECPs ensure that the schedule is flexible enough to create a relaxed and enjoyable atmosphere.	ECPs adhere rigidly to the schedule with no flexibility regarding children's needs or interests. ECPs are insistent that the schedule be maintained, creating an atmosphere of anxiety and frustration.
ECPs understand that the children need a schedule that is predictable so that children can anticipate what is happen- ing. ECPs understand that children will function with confi- dence when they recognize a pattern each day.	Children experience the schedule as arbitrary and have little understanding of the day's events or how the day unfolds. Instead of verbally cuing children, they are physical directed by grabbing or pulling, rulers are slammed etc.
The schedule is responsive, to the child's needs to be both active and quiet both indoors and outdoors. ECPs schedule activities that need concentration early in the day before children are tired.	ECPs do not respond to the children's cues for the need for more active play. Children remain indoors for most of the day and when sent outside ECPs are not engaged with the children.
In the schedule, ECPs incorporate time and materials for play, self initiated learning and creative expression. ECPs understand that children need blocks of time to truly become involved in their play.	ECPs focus mostly on seat work, pencil and paper and chalk talk.
ECPs recognize developmental differences in children's abilities to regulate their attention, emotions and behaviours and plan accordingly.	ECPs do not understand developmental differences.
ECPs allow for planned devotion time where children and ECPs come together to worship.	ECPs are unprepared and minimize the importance of devotion time.
ROUTINES AND TRANSITIONS	
ECPs minimize the number of transitions and keep them simple allowing children, when possible, to use the washroom, serve themselves, dress etc. ECPs limit the number of instructions given at one time to avoid confusion. Children are told what will happen when the transition is completed.	ECPs plan for most routines and transitions to take place in large groups. ECPs deliver many instructions at the same time, confusing the children who are then unsure of what to do.
ECPs understand that children need lots of warning before a transition. ECPs provide clues to the next transition by singing songs, ie "It's Time To Tidy Up" and/or providing non verbal cues, eye contact, using children's names etc.	ECPs do not understand that the child's concept of time is different from the adults. Little or no advance warning is given to the children before giving a final direction.
ECPs understand that there are learning opportunities in transitions and possibilities for the children to learn self help skills, independence and engage in social interactions. ECPs capitalize on meaningful opportunities. For example, when children must wait, ECPs tell stories, sing songs and help the children through the waiting period. Children are giving	ECPs do not provide children with opportuni- ties to demonstrate initiative through routines, for example, little opportunity for self help, serving one another etc. Teachable moments are missed. ECPs expect children to wait quietly at their desks for long periods of time without access to any resources.

books to read.

### **INAPPROPRIATE PRACTICE**

oving ne ups	ECPs conduct all routines and transitions in large groups. Children spend long periods of time waiting.
t children ther than	ECPs have the children served all at the same time resulting in long line ups or wait for long periods of time for their lunch.
a arrive ve on phone tion on	Children are not accompanied by a family member. ECPs have no signed permission form or a phone call from the parent allowing the child to travel on their own or with a sibling.
n	ECPs have no check-in procedure. No accountability for arrivals.
amilies howledge s/feelings exchange	<ul> <li>ECPs are unwelcoming caregivers, for example, avoiding families, no greeting and unresponsive facial expressions.</li> <li>ECPs ignore the child and are thought to be okay despite displayed emotion. ECPs are not supportive of separation anxiety demonstrated by the child.</li> <li>Possible contagious diseases are missed by the ECP.</li> </ul>
in age or safe	ECPs make no comment or effort to discuss appropriate clothing with the family. The children are then punished by both ECPs and parents when their uniforms are dirty.
t the rrive. e in by	ECPs arrive after the parents and are rushed to set up the room. ECPs do not provide children with an opportunity for a smooth transition into the schedule.
skills by vn.	ECPs encourage parents to store their children's bags before they leave.
and are	ECPs not attend to their appearance and wear clothing that does not allow for playful interactions with the children.
ig or	ECPs undress the child in front of an audience.
	ECPs do everything for the child, missing teachable moments.
	ECPs prohibit children helping others.
	ECPs dress the child inappropriately.

work quietly if they choose.

### INAPPROPRIATE PRACTICE

	WASHROOM/TOILET LEARNING	
1	ECPs encourage children to use the washroom independently or in small groups unless assistance is needed.	ECPs send the children to the washroom in large groups.
2	ECPs celebrate children's washroom accomplishments.	ECPs miss opportunities to support the child's developing self help skills and feelings of accomplishments.
3	<ul> <li>ECPs teach proper hand washing procedures. ECPs ensure children wash their hands with liquid soap and water after using the toilet and before meals/snacks.</li> <li>ECPs teach children how to use paper towels, when resources allow, to turn off the tap to prevent the spread of infection.</li> <li>ECPs post visual and give verbal cues for the children in the hand washing routine.</li> </ul>	<ul> <li>ECPs do not teach the children proper techniques in washing their hands after bathroom use or in preparation for their meal/snacks. Bar soap is used instead of liquid.</li> <li>ECPs do not supervise the washroom routine and provide little or no assistance to the children in their understanding of the spread of infection.</li> <li>ECPs provide no cues for the children or posters to encourage proper hand washing routines.</li> </ul>
4	ECPs make the children aware of the environmental implications of letting the water run or wasting paper towels.	ECPs do not discuss the environmental impli- cations of the washroom routine.
5	ECPs help boys to lift and put down the toilet seat and properly wipe themselves.	ECPs provide no assistance to male children.
6	ECPs teach girls the proper wiping methods from front to back.	ECPs provide no assistance to female children.
7	ECPs set up mirrors at the children's level in the bath- room.	ECPs do not set up a mirror for children to see themselves in the grooming procedure.
8	ECPs create a pass system for going to the washroom for older children.	ECPs allow too many children to leave the room to use the washroom.
	NAP TIME/REST	
1	ECPs should allow children to rest on mats and pillows when available. ECPs create a restful environment by using a soft voice, darkening the room, playing nature sounds, classi- cal music etc. and providing cushions, mats, towels.	<ul> <li>ECPs allow children to rest without proper materials.</li> <li>ECPs make children rest at their desks with their heads down for long periods of time. ECPs play up beat music, energizing the children, using a loud voice telling the children to put their head down causing them to be even more disruptive.</li> </ul>
2	<ul> <li>ECPs read a story to support children's relaxation and transition to sleep.</li> <li>When possible, ECPs model resting with the children as the children will mimic their behaviour.</li> </ul>	<ul> <li>ECPs shout at the children and knock the desk to settle the children.</li> <li>ECPs walk around and find other activities to do during resting time.</li> </ul>
3	ECPs should allow the child to continue resting when he/she may be ill or had little rest at home.	ECPs force the child to get up after resting time.
4	ECPs encourage children who do not require a nap to	ECPs force children to rest or sleep.

### **BEST PRACTICE**

	CLEAN UP
1	ECPs wipe tables and tidy up play areas and kee own materials and work space in a neat and organized They model putting toys in containers for the children
2	ECPs model sweeping and mopping of the floo children, child size broom/mop/dust pans and letting choose their tasks. ECPs create a visual poster with pie cues for duties. Appropriate time is given to the child complete the task.
3	ECPs encourage children to work in pairs to tidy support co-operation.
4	ECPs sing songs, rhymes/jingles that suggest clear activities and praise the children's efforts.
	LEAVING
1	When the ECPs is leaving, he/she informs the ch what is happening and why and where the practitione going. This also applies when the ECP needs to leave room.
2	ECPs and children gather personal property to the home and children are given enough time to do this. Inform the children of exciting activities planned for the day.
3	ECPs greet and speaks to each parent/caregiver collects the child sharing information about the child?
4	Families are encouraged to come to individual classrooms for their children.
5	ECPs set up the room for the following day before leaving the centre at night.

### **INAPPROPRIATE PRACTICE**

keep their zed fashion. ren.	ECPs do not tidy up tables or play areas and their materials are scattered or piled around the room. They do not model for the children.
oor giving ng them pictorial ildren to	CPs provide adult size brooms/mops/dust pans for the children to use. Children are not al- lowed to choose their tasks, ECPs command the child to do a task. No visuals or duty poster is cre- ated. ECPs hurry the child to complete tasks.
idy up to	ECPs expect children to complete tasks on their own missing opportunities for sharing tasks.
clean up	ECPs use unrelated songs/activities or no cues at all. ECPs ignore the children's efforts; no use of social graces. ECPs entice with stickers or other rewards rather than allowing the children to take pleasure in the task itself.
children oner is ve the	<ul> <li>ECPs leaves with no acknowledgement of the child or family members.</li> <li>ECPs do not inform the children where they are going or why they are leaving.</li> </ul>
o take s. ECPs r the next	<ul> <li>ECPs do not have a closing routine and not enough time is given for the children to separate from their toys.</li> <li>ECPs do not share the next day activities with the children or their families.</li> </ul>
ver who Id's day.	ECPs do not exchange greetings and celebrate accomplishments that the child has achieved during the day children. ECPs only share negative information about the child.
al	ECPs release the child to older siblings or they are sent out of the classroom environment to greet their family member on their own.
efore	ECPs leave before setting up which prevents positive child/family interactions in the morning.

# Best Practices for **Environments**

#### **STANDARD 4:** PHYSICAL ENVIRONMENT

Early childhood institutions have physical environments that meet building, health and safety requirements; allow ade3quate space for children, and facilitate the development of children and staff

### INDOOR AND OUTDOOR EQUIP-**STANDARD 5:** MENT, FURNISHING AND SUPPLIES

ECIs have indoor and outdoor equipment and furnishing that are safe, child friendly and promote optimal development of children

#### **STANDARD 8:** SAFETY

ECIs provide safe indoor and outdoor environments for children, staff and visitors to the institutions



### **BEST PRACTICE**

1	ECIs must be operated in safe, well designed, comfort- able and secure buildings, with sufficient space inside and out for the children and staff to work, play and rest comfortably.	The ECI does not meet Standard 4.
2	ECPs understand that the availability of space and materials in a class environment has a big impact on children's behaviour. Behaviour is often shaped and influenced by the set up of a visually appealing and developmentally appropriate environment.	ECPs are unaware of the influence of the environment on children's behaviour, eg. Children are punished for not being able to sit for long periods of time in an overcrowded, over stimulating environment.
3	ECPs understand that bright colours stimulate and excite, pale warm colours are calming, soothing, relaxing. ECPs recognize that visual clutter is over stimulating.	ECPs are not aware of how colour affects the environment or how the environment will influence children's behaviour. Too many materials remain in the room for long periods of time, ie, Signs hanging from the ceiling.
4	ECPs understand that the classroom environment should reflect an understanding that play is how children make sense of their world, practice skills, and integrate knowl- edge.	ECPs initiate teacher directed lessons and do not allow or facilitate play in the environment.
5	ECPs display solid knowledge of child development and curriculum through age appropriate activities and classroom set up. ECPs organize the ECI so that it includes a variety of learning centres for large and small group activities with appropriate attention to traffic flow.	ECPs do not include learning centres. If there are any, these are not utilized by the children and are used for display purposes only.
6	ECPs organize the environment so that centres in the room are separated by child size shelving, transparent curtains etc. When storing and presenting materials to children, ECPs provide clear storage containers, a labeling system and low accessible shelves.	There is nothing to distinguish where one centre begins or ends. ECPs do not organize materials in the classroom. There is no labeling system, materials are placed out of the reach of children.
7	Children are given opportunities to make decisions and make choices independently; environment is set up in an accessible, appealing and organized manner to encourage active exploration.	Early Childhood Institutions are not accessible, appealing and organized but are rather over crowded and over stimulating.
8	When there are limited materials, for example, blocks, ECPs organize so that one class gets all of the centre's blocks for one week in order for children to have a "full" experience.	ECPs do not co-ordinate their efforts to rotate materials throughout the class/school.
9	ECPs are responsive and resourceful of curriculum that incorporates found objects, local materials and encourages families to provide materials from home.	ECPs do not provide meaningful materials for the children.
10	Furniture in the room is child size and in good condition without splinters or rough edges and there is seating for more than the number of children.	Furniture is designed for adults, is unsafe and is not in good repair. There are not enough suitable chairs for each child.

### **INAPPROPRIATE PRACTICE**

FIVE YEAR OLDS

### REST DRACTICE

12

13

### INADDRODDIATE DRACTICE

DESTPRACTICE	INAPPROPRIATE PRACTICE
INDOOR ENVIRONMENTS CONT.	
When possible, ECPs attempt to use sound absorbing materials, removable carpets, mats.	ECPs make no attempt to chose materials made to absorb sound.
ECPs encourage the children to be responsible for theirenvironment, for example, a responsibility chart might be created. Children are encouraged to handle materials respectfully.	ECPs do not encourage the children to participate in maintaining the environment. ECPs do not encourage the children to appreciate their learning materials.
ECPs provide an ill cot for sick children.	ECPs do not provide an isolated space for ill children.
OUTDOOR ENVIRONMENTS	
ECPs recognize that the outdoor environment provides opportunities for key learning experiences and ECPs ensure that the daily schedule reflects opportunities for these experiences.	ECPs do not use the outdoor learning environ- ment.
ECPs provide an outdoor play area that allows for both gross motor experiences. Spaces are set up to provide a learning centre approach, for example, sand play, art experiences, reading, greening the environment etc.	ECPs do not create a learning centre approach in the outdoor environment. The outdoor materials do not engage the children.
A safe learning outdoor environment is ensured by daily playground checks for damaged equipment, debris, poisonous plants, glass, animals, persons not connected to the school. The outdoor space should have an appropriate fencing.	ECPs do not check for dangerous materials, equipment or unwelcome visitors. The play space is not enclosed.
ECPs supervise the children in the outdoor environment at all times.	ECPs allow the children to go out into the playground without supervision.
ECPs model appropriate health, safety and environmentally appropriate practices such as composting, garbage removal etc.	ECPs do not provide opportunities for the chil- dren to engage in environmentally friendly activities.
ECPs provide additional physical adjustments to support children with visual, hearing and other disabilities.	ECPs make no accommodation for individual needs.

### **CHECKLIST FOR LEARNING CENTRES**

		DUP SPACE, MUSIC, MOVEMENT,
1		Children should be introduced to a wide range
2		Dance/movement space should be carpeted t
3		Tape recorder is positioned to ensure safety
4		Written songs, poems, jingles should be displa theme
5		Make use of indigenous materials and trashab collect materials from home
6		Props are needed – drums, cymbals, shakers, t should be durable and stored in clearly labeled
	A R T	, SAND, WATER, WOODWORKING
1		Every classroom should have an art centre and exploration of materials is encouraged. A num the space, ie. Visual cues for the number of chi
1		exploration of materials is encouraged. A num
		exploration of materials is encouraged. A num the space, ie. Visual cues for the number of chi Art centres should be equipped with the follow Protective clothing, smocks, plastic bag apron
2		exploration of materials is encouraged. A num the space, ie. Visual cues for the number of chi Art centres should be equipped with the follow Protective clothing, smocks, plastic bag apron paint(non toxic), crayons, pencils, straws, news Sand and water are best placed at the door or holding water, molding containers, shovels, bu models of fishes. This centre should be arrange
2		exploration of materials is encouraged. A num the space, ie. Visual cues for the number of chi Art centres should be equipped with the follow Protective clothing, smocks, plastic bag apron paint(non toxic), crayons, pencils, straws, news Sand and water are best placed at the door or holding water, molding containers, shovels, bu models of fishes. This centre should be arrang enough water/sand in the containers to make
2 3 4		exploration of materials is encouraged. A num the space, ie. Visual cues for the number of chi Art centres should be equipped with the follow Protective clothing, smocks, plastic bag apron paint(non toxic), crayons, pencils, straws, news Sand and water are best placed at the door or holding water, molding containers, shovels, bu models of fishes. This centre should be arrang enough water/sand in the containers to make Sensory exploration is encouraged through a

#### DANCE

e of cultures through music and dance

to cushion falls

ayed to encourage dance/reading and aligned with the current

bles for music and movement. Children make their own instruments,

triangles, blocks, rhythm sticks to develop rhythm patterns. These ed containers.

d set up so that children are able to manage independently. Free nber of strategies are developed to assist children with managing in ildren who can participate

wing:

ns, art table, easel, sufficient and appropriate materials, paint brushes, spaper, fudge sticks, basins, newsprint, seeds, play dough etc.

r near the water source. It should include large basins, containers for uckets, funnels, bottles, measuring containers, pictures of beach and ged on large plastic with towels to prevent slipping. There should be the experience meaningful to the children

variety of mediums, play dough, soil, rocks, logs, shells

tools

THREE TO FIVE YEAR OLDS

tdoor environment

### **CHECKLIST FOR LEARNING CENTRES**

	MAT	TH AND SCIENCE
1		Adequate floor space for open shelves for free access and exploration to promote self help skills and a feeling of accomplishment—I can do it!
2		A variety of loose parts/manipulatives to develop fine motor skills, eye hand co-ordination to promote emergent literacy and problem solving skills are available
3		Math and science should include bins of manipulatives, coins, bottle caps, rocks, shells, seeds etc. to be used for sorting, patterning, seriation, matching, classification, estimating, grouping – regrouping, number families, and counting
4		Measuring instruments such as tape, rulers (non-standardized, standardized), their bodies, string, paper clips, cups, bottles, containers
5		Nature area with living and non living plants, pets, rocks, aquarium, bark, shells, bugs etc.
6		A garden in the outdoor environment – children do the planting, measuring, weighing, harvesting etc.
	LAN	IGUAGE, LITERACY, BOOKS
1		There should be low book shelves with easy access on both sides for the children.
2		Space for children to read in small groups or space for children on their own. The area should include comfortable floor space with pillows, carpeting and rugs.
3		There should be a wide variety of children's quality literature at a variety of reading levels, pop up books, environment, science, activity, fairy tales, nursery rhymes, bible stories, children's magazines, sections of the local newspaper.
4		Encourage children to replace books in designated areas and good book handling practices should be encouraged.
5		Include materials to support children's literacy – felt boards, puppets.
6		Encourage children and families to borrow books to take home and share – Borrow A Book Program.
7		The centre could include a writing centre that supports free expression, having materials for children to make books, write their own stories, sequencing story cards, word lists etc
8		A listening centre with materials for independent use – tape recorder, CD players, tapes, CDs, headphones, walkman.

### **CHECKLIST FOR LEARNING CENTRES**

DRAMATIC PLAY				
1		The dramatic play area may include large equi access shelves to store equipment, large mat v		
2		Props and materials include the following: wig spectacles, clothing, shoes, handbags, attaché musical instruments, magazines, newspapers,		
3		The dramatic area should include a variety of life etc.		
	BLC	CKS, CONSTRUCTION, MANIPUL		
1		The environment should have bins, low shelve		
2		Adequate space for individual as well as group		
3		Materials need to be safe (no sharp edges etc.		
4		Materials to include interlocking blocks, wood safety goggles, helmet, pictures, statements, l		
	TEC	HNOLOGY		
1		When available, computers are used to enhan		
2		CD players, tape recorders, cell phones etc. are		

ipment, mirrors at the child's level, table and chairs, cushions, open with cushions, storage spaces for dramatic play clothes.

igs, chiffon materials and other colourful fabrics, costume jewelry, é case, dolls, puppets, masks, models of food and furniture, toys, , telephones, typewriter, computer and other old appliances.

materials to support various interests – cultural events, community

#### ATIVES

es, chairs, tables.

p construction.

.) and colourful and vary in shapes and sizes.

den blocks, cardboard blocks, trucks, farm animals, zoo animals, labels.

nce and support children's learning.

e integrated into the program.

### Best Practices for Planning for Curriculum

**STANDARD 2:** 

### DEVELOPMENTAL AND EDUCATIONAL PROGRAMMES

Early childhood institutions have comprehensive programmes designed to meet the language, physical, cognitive, creative, socio-emotional, spiritual, cultural and institution readiness needs of children



### BEST PRACTICE

ECPs recognize that the curriculum is embedd environment and plan accordingly. Environments in materials, activities, arrangements, relationships and interactions that adults provide.

ECPs plan and implement a program that address physical, social, emotional, language, aesthetic and in needs of the individual child.

ECPs record their observations in an Individual Progra that reflects the children's individual learning styles, s and interests and reflects realistic objectives.

ECPs encourage the use of standard English w respecting the primary language of many Jamaican

ECPs consult with families regarding each individual child's interests, needs etc. The child has a right to be consulted. ECPs encourage family participation in cuid evelopment and implementation and volunteering institution in order to enhance the confidence of both child and the family member. Families are also asked donations of teaching materials, collections etc.

4

6

ECPs observe, plan and evaluate their curricult order to provide sequential and meaningful experier children in small groups and individuals. ECPs imple riculum that moves from simple to more complex ex

ECPs are able to identify children with special plan accordingly.

ECPs understand the importance of emergent curriculum which develops from the children's intere experiences that are meaningful to them. Children a involved in constructing their own learning.

ECPs promote free play opportunities at the in and group levels to encourage learning and discover

### **INAPPROPRIATE PRACTICE**

ed in the clude	ECPs do not understand the importance of the environment on children's learning.
resses the ntellectual am Plan skill levels	ECPs focus only on the intellectual domain. ECPs make no effort to record their observations in a written format. ECPs are not aware that children have different learning styles and are not aware of their skills or interests.
hile :hildren.	ECPs insist on standard English only.
vidual e irriculum in the h the l for	ECPs do not consult families regarding their child's interests, needs etc. ECPs do not include the child in decision making. Family members are not given the opportunity to share their experiences with the children thereby denying them an oppor- tunity to celebrate their gifts and talents. The child does not have an opportunity to see their parent in a different role.
um in nces for ment cur- periences.	ECPs planning reflects random activities, some chosen from activity books, with no thought to how they meet the needs of the individual child. ECPs have little or no understanding of how to sequence curriculum.
needs and	ECPs are not able to plan for children with special needs.
sts and re	ECPs plan curriculum in a structured, inflexible way. No opportunities for divergent thinking are encouraged.
dividual y.	ECPs place limitations on children's play opportunities and insist on large group experiences where children wait for long period of time for their turn or use of materials.

### INAPPROPRIATE PRACTICE

9	ECPs encourage children to engage in problem solving, asking open ended questions, exchanging points of view. ECPs allow children to develop problem solving skills through various media, i.e., projects, puzzles, art experiences, science, drama, written work, exploration of space, blocks and physical activity.	CPs do not engage the children in their learning. Learning is teacher directed. Rules are created to control the children and not the behaviours. ECPs choose children's activities and do not allow children to explore and experiment with materials in order to problem solve. For example, there is only one way to do things, models are used for the children to copy, everyone must complete the same project the same way, stifling the children's creativity.
10	ECPs provide opportunities to freely explore both verbal and written language to create their own stories, poems, read books etc.	ECPs do not provide a print rich environment or verbal interactions to support the children's learning.
11	ECPs encourage the use of Standard English while respecting the primary language of many Jamaican children.	ECPs insist on standard English only.
12	ECPs understand that children need time for repeated practice to support their exploration of the world around them.	ECPs rush the children through the day without considering the children's need to fully explore. The schedule is rigidly adhered to.
13	ECPs provide inclusive and diverse developmentally appropriate props and materials reflecting children's interests and cultural backgrounds. Boys and girls have the same experiences and opportunities.	Atterials are not suitable for the age group nor reflect the children's home cultures or reflect gender stereotyping.
14	Children's work is displayed in a prominent place, celebrating all of the children's accomplishments.	ECPs do not demonstrate the value of displaying the children's work. Instead, the ECP's work is displayed.
15	ECPs plan for both the indoor and outdoor environment. ECPs organize the outdoor space with adequate storage for easy access to allow for maximum play experiences, for example, storage sheds, labeled storage container for balls, bean bags etc., tarps for shaded space.	ECPs rarely provide children with opportunities to interact with the outdoor environment, ie. Community walks, outdoor activities etc. No appropriate storage space is evident in the outdoor environment.
16	ECPs explore the community with the children and	ECPs do not take the children on field trips or

engage community speakers.

invite people to speak to the children about relevant topics.

