## Jamaican Children's Exposure to Violence in the Early Years



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# What we know about violence in childhood.....

<u>http://www.knowviolenceinchildhood.org/</u>

# Background

#### Exposure to Violence in the Early Years

### Violence Exposure in the Early Childhood Period

Infants and young children are particularly at risk of violence by primary caregivers and other family members because of their dependence and limited social interactions outside the home (UNICEF, 2014).

### Definitions of Violence Against Children (VAC)

- Child maltreatment encompasses all forms of physical and/or emotional ill-treatment. Including:
  - corporal punishment
  - physical torture
  - verbal abuse
  - belittling
  - threatening behaviour

#### Definitions of Violence Against Children (VAC)

- The definition of child maltreatment also incorporates sexual abuse, neglect or negligent treatment and commercial or other exploitation of children (Krug et al., 2002).
- Children can also be exposed to violence by witnessing the violence suffered by others in their families and communities.

#### Consequences of Exposure to Violence in Early Childhood

- Research shows that VAC has especially serious consequences for children who experience or witness violence during the Early Childhood period (Fox & Shonkoff, 2011). Including:
  - Toxic stress
  - Cognitive impairment
  - Developmental and learning delays
  - Greater susceptibility to physical problems
  - Illness and mental health problems
  - Increased risk of mortality
  - Increased risks for stress-related diseases
  - There are also social and economic development consequences

### Violence in Childhood: A Global Problem

- VAC is a global problem affecting both high income countries (HICs) and low- to middle- income countries (LMICs).
- However, children are more likely to suffer from violence if they live in:
  - the world's poorest countries
  - communities (especially in cities) that are impoverished and isolated

# Aim

# Exposure to Violence in the Early Years

#### **Research Aim**

- This study explores child maltreatment and other forms of exposure to violence for children enrolled in the JA KIDS Birth Cohort Study.
- The study considers different forms of physical and emotional ill-treatment, as well as the witnessing of violence suffered by others in their families and communities.

# Violence exposure in the JA **KIDS** cohort



Exposure to Violence in the Early Years

#### Method

JA KIDS Questions related to violence at each contact:

- Antenatal
- 9 12 months
- 18 22 months
- ° 4 5 years
- Comparisons by gender

#### **Antenatal Questions**

Q1 – My expectations of my pregnancy, my parenting and my partner

#### BEFORE THE PREGNANCY

- Does your baby's father get angry with you?
- Do you get angry with your baby's father?
- Do you have arguments

Asked both mother and father (Father Questionnaire)

#### **Antenatal Questions**

#### My life, my home, my community

- Children have a say in their discipline
  - Yes, No, Sometimes?
  - Important because it speaks to children's rights (Attitudes)
  - Community variables
    - I feel safe in my community
    - In the last 3 months, in your community/or your family member:
      - Robbed
      - Raped
      - Murdered
      - People held up
      - People fighting

### **Antenatal Questions**

#### My Health

- Physical Safety
  - Since pregnant have you been physically hurt (slap, hit, kicked)
  - Who did it?
  - How often?

### **Accidents & Injuries**

- Asked at 9 12 months, 18 22 months
  - Possible indicators of child abuse and neglect
    - Serious fall without hitting head
    - Serious fall with hitting head
    - Broken bones
    - Burns or scalds
  - ° 4 −5 years
    - Road Traffic Accident
    - Accident at School
    - Near Drowning
    - Poisoning
    - Unconsciousness

#### Children's exposure

- 9 12 months; 18 22months; 4 5 years:
  - When you feel frustrated with the baby do you:
    - Shout
    - Slap
    - Pinch
    - Shake
    - Bite
    - Beat
    - Other
  - At 18 22 months we asked this of father as well
- ▶ 4-5 years
  - Time Out/Naughty Corner
  - Reasoning Withdrawal of privileges
  - Explain why something is wrong
- We also asked about reactions to temper tantrums such as slapping and shouting

#### Children's exposure – Life events

#### At 18 – 22 months; 4 – 5 years

• Asked mother:

- Your partner physically hurt your children
- Your partner physically hurt you
- Your partner was emotionally cruel to you
- Asked if the child had been:
  - Physically hurt
  - Sexually abused
  - Taken into state care

# Findings – Antenatal Exposure



Exposure to Violence in the Early Years

### Findings - Antenatal

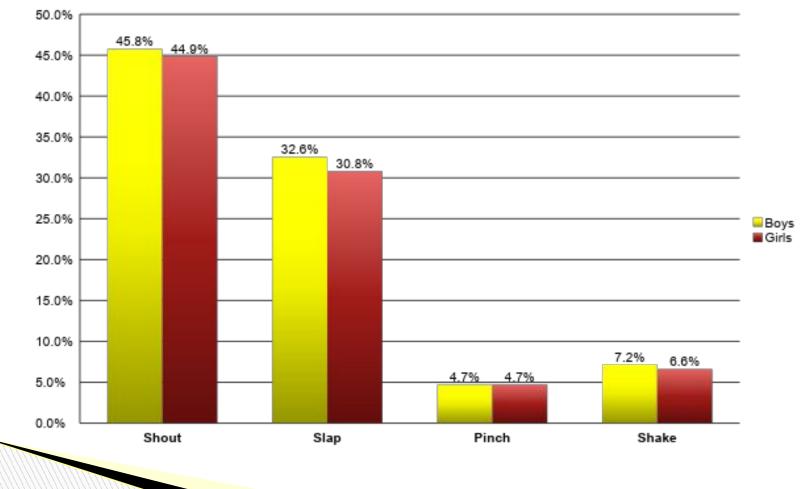
- Physical Safety
  - 6% of women said that they were physically hurt (slapped, hit, kicked) since they became pregnant
  - The majority (66%) of these women reported being hurt by their partner
  - Another 16% reported that they were hurt by another family member
  - Only 5% reported being hurt by a stranger
  - According to Know Violence On average between 4 and 12 percent of women had been physically abused by an intimate partner during pregnancy in a majority of countries for which data was available.

# Findings – Children's Exposure



Exposure to Violence in the Early Years

#### **At 9 – 12 months**



Discipline at 9 - 12 Months

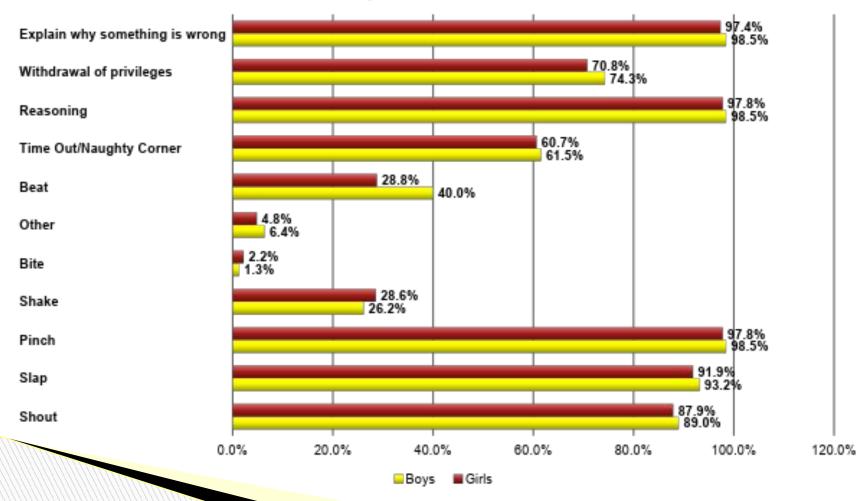
#### At 18 – 22 months

#### 80.0% 69.8% 68.4% 70.0% 59.8% 60.0% 54.3% 50.0% 40.0% Boys Boys 30.0% 20.0% 12.8% 13.5% 10.0% 8.2% 5.0% 4.6% 2.3% 0.0% Shout Slap Pinch Shake Bite

#### Discipline at 18 - 22 Months

### At 4 – 5 years

#### **Discipline at Four Years Old**



## **Findings – Life Events**

At 18 – 22 months and 4 – 5 years less than 1% of parents reported that their child was physically hurt or sexually abused. One child was reported to have been taken into state.

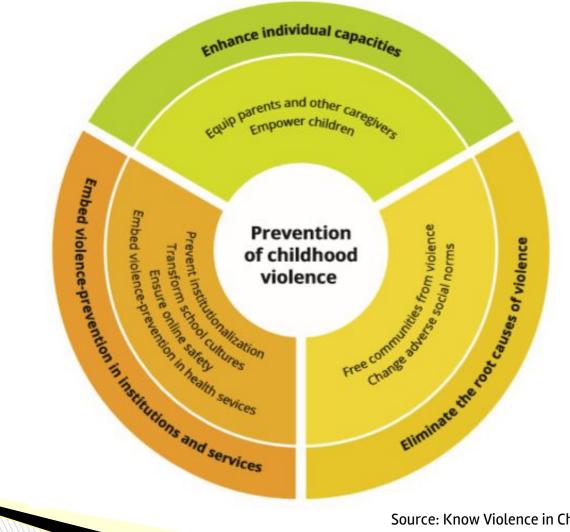
# What have we learned about the Jamaican context...

- Boys and girls can be exposed to violence at every stage of their growth.
- > Need to start considering exposure to violence from the antenatal period.
- Boys are experiencing more physical punishment from the first year of life.
- In the early years, children are exposed to physical and emotional violence from their caregivers.
- By 4 5 years, caregivers are also using many non-physical forms of punishment.

# **Policy Implications**

Exposure to Violence in the Early Years

### **Prevention Strategies**



Source: Know Violence in Childhood, 2017

#### A Call to Action



Advocacy

- Improve knowledge and evidence
  - Role of research such as JA KIDS

#### **Future Research**

- Collect more targeted data on violence exposure in follow-up contacts
- Examine the risk/protective factors at each stage of development
- Examine polyvictimization and violence that occurs in different settings

Examine parents' exposure to violence

### For more information

► To learn more about violence in childhood, please visit:

<u>http://www.knowviolenceinchildhood.org/</u>

#### THANK YOU!!!!!