

**A Personal Thank You**

I wish to add my voice of appreciation to those of others. Thank you for all the time and effort that you put into your work over many years in teaching, research and administrative leadership. You helped to train me as a Medical Resident, encouraged me to go further as a Consultant and Lecturer in Medicine and continued to take a keen interest in my advancement even after I was promoted to the rank of Professor.

May God's richest blessing continue to be yours. May you enjoy your new found freedom to have personal and family time and to engage in clinical practice and research, not by compulsion, but willingly and at a more reasonable pace.

*Professor Brendan Bain  
Department of Community Health and Psychiatry  
Faculty of Medical Sciences*