

***The Caribbean Association of Orthopaedic Surgeons
9th Annual Conference***

***October 4–6, 2013
Courtyard Marriott
Port-of-Spain, Trinidad and Tobago***

Programme

Friday, October 4, 2013

1:00 pm – 4:00 pm *Seminar for Residents*

Prosthetics/Orthotics/Physical Therapy

Saturday, October 5, 2013

8:00 am ***Registration***

8:45 am ***Welcome and Introductory Remarks***
J Jones
President, TCOS

Opening Session ***General Orthopaedics***
Chairperson: REC Rose

(O – 1) 9:00 am ***Tibial plateau fractures at Spanish Town Hospital***
D Wright

(O – 2) 9:15 am ***A model for learning new techniques on small island nations***
J Chase

(O – 3) 9:30 am ***Knowing is growing – the Kingston Public Hospital audit***
K White

(O – 4) 9:45 am ***Skeletal trauma in children – a review and current concepts of upper extremity fracture management***
K Jeffers

(O – 5) 10:00 am ***The role of orthopaedic research in clinical practice: a personal experience***
E Abraham

10:20 am ***Discussion***

10:35 am ***Coffee Break***

Session 2**Trauma****Chairperson: P Waite**

- (O – 6) 10:55 am **The use of the Ilizarov fixator in infected ankle fusion and length restoration**
D Lousaing
- (O – 7) 11:10 am **Pelvic ring disruptions**
C Jordan
- (O – 8) 11:30 am **Distal clavicular fractures – the challenges and management**
G Araujo
- (O – 9) 11:45 am **Current management of posterior wall fractures of the acetabulum**
C Jordan
- 12:05 pm **Discussion**
- 12:20 pm **Lunch**
- 2:00 pm **Presentation to Dr Terry Ali**
J Jones
President, TCOS

Session 3**Residents' Papers 1****Chairperson: A Mansingh**

- (O – 10) 2:15 pm **The influence of obesity on the outcome of total knee arthroplasty – the Bermudian perspective**
G Caruth
- (O – 11) 2:25 pm **The efficacy of tranexamic acid on reducing blood loss and transfusion rate in primary total knee and hip arthroplasty**
E Budhoo
- (O – 12) 2:35 pm **Femoral/sciatic nerve blocks in primary total knee arthroplasty**
R Rampersad
- (O – 13) 2:45 pm **Enhanced recovery programme for total knee arthroplasty – the Bermudian experience**
G Caruth
- (O – 14) 2:55 pm **Knowledge and practice of radiation safety among health professionals in a tertiary institution**
R Raghunanan
- (O – 15) 3:05 pm **Ultrasound guided aspiration and steroid injection of ganglion cysts at the San Fernando General Hospital**
D Roopnarine-Singh
- 3:15 pm **Discussion**
- 3:30 pm **Coffee Break**

Session 4

Residents' Papers 2
Chairperson: T Seepaul

- (O – 16) 3:50 pm **Management of the mangled or partially severed extremity**
D Saith
- (O – 17) 4:00 pm **Prospective study of open long bone fractures in a tertiary healthcare institution**
A Partap
- (O – 18) 4:10 pm **An algorithm for the management of vascular-associated orthopaedic injuries**
R Ramsamooj
- (O – 19) 4:20 pm **Nine-year audit of bone histology reports at Port-of-Spain General Hospital**
A Beharry
- (O – 20) 4:30 pm **A retrospective review of patient outcomes following halo-femoral traction before spinal instrumentation in the management of severe scoliosis and kyphoscoliosis**
D Thomas
- 4:40 pm **Discussion**

Session 5

Chairperson: J Jones

- (O – 21) 5:10 pm **Ask the experts**
- 5:40 pm **End of session**

Sunday, October 6, 2013

- 7:30 am **Annual General Meeting of The Caribbean Association of Orthopaedic Surgeons**
- 8:30 am **Registration**

Session 6

Lower Limbs
Chairperson: R Carrington

- (O – 23) 9:00 am **Radiographic assessment of volume of hip avascular necrosis – how accurate?**
J Jones
- (O – 24) 9:15 am **Current trends in the management of patella dislocations**
M Herzig
- (O – 25) 9:30 am **Treatment of Achilles tendon dysfunction**
T San Giovanni
- (O – 26) 9:50 am **The economic impact of motorcycle injuries in a Caribbean country**
C Chambers
- (O – 27) 10:05 am **The direct anterior approach for hip surgery**
J Chase
- (O – 28) 10:20 am **Acute and chronic lateral ankle injuries**
T San Giovanni

10:40 am **Discussion**

10:55 am **Coffee Break**

Session 7

Paediatric/Spine
Chairperson: D Toby

(O – 29) 11:15 am **The management of bow legs in children**
E Abraham

(O – 30) 11:35 am **Umbilical hernia and congenital clubfoot in a black population – a causal relationship?**
OA Adewole

(O – 31) 11:50 am **Scoliosis surgery in St Vincent: an example of regional and international cooperation**
C Woods

(O – 32) 12:05 pm **Management of osteomyelitis in children**
H Jeffers

12:20 pm **Discussion**

12:35 pm **Closing Remarks and Vote of Thanks**
MM Mencia