

**Role of 5-HT<sub>2A</sub> Receptors in the Depression of Respiratory Rhythmic Discharge Activity of Medullary Slice of Neonatal Rats with Prenatal Cigarette Smoke Exposure**

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**Short title:** 5-HT<sub>2A</sub> Receptors Decline with Cigarette Smoke Exposure

**Synopsis:** This study investigated the role of 5-HT<sub>2A</sub> receptors in the depression of respiratory rhythmic discharging activity of medullary slice of neonatal rats with prenatal cigarette smoke exposure (PCSE), the agonists and antagonists of 5-HT<sub>2A</sub> receptors were applied to isolated medullary slices of neonatal rats.

## **ABSTRACT**

**Objective:** Prenatal cigarette smoke exposure (PCSE) is associated with numerous neurodevelopmental abnormalities such as respiratory depression. Although it is clear that 5-HT<sub>2A</sub> receptors play an important role in the generation and regulation of respiratory rhythm, but the role of 5-HT<sub>2A</sub> receptors in the depression of respiratory rhythmic discharge activity (RRDA) of medullary slice of neonatal rats with prenatal cigarette smoke exposure is not well understood.

**Methods:** 1-(2, 5-dimethoxy-4-iodophenyl)-2-aminopropane (DOI), a 5-HT<sub>2A</sub> receptor agonist, could excite RRDA of control group and experimental group, and the effects of DOI on control group was stronger than those on experimental group; ketanserine, a 5-HT<sub>2A</sub> receptor antagonist, had inhibitory effects on RRDA of the two groups, and the inhibitory effects on control group was stronger than those on experimental group. The western blotting and RT-qPCR technology were used to detect whether 5-HT<sub>2A</sub> receptors protein and 5-HT<sub>2A</sub> receptors mRNA would be changed or not.

**Results:** We found that the expression of 5-HT<sub>2A</sub> receptors protein were down-regulation, and the expression of 5-HT<sub>2A</sub> receptors mRNA had not changed. **Conclusion:** The possible mechanism of PCSE inhibition respiratory rhythmic discharge activity in the medullary slice of neonatal rats is the decrease of the function of 5-HT<sub>2A</sub> receptors and down-regulation of protein expression.

**Keywords:** prenatal cigarette smoke exposure (PCSE), medullary slice, 5-HT<sub>2A</sub> receptors, respiratory rhythmic discharge activity (RRDA)

## INTRODUCTION

In modern society, cigarette smoking has become a problem that can not be ignored. Tobacco smoke contains various bioactive compounds which can produce adverse effects on smokers as well as on surrounding crowds, especially on pregnant women. Prenatal cigarette smoke exposure (PCSE) is associated with an increase in infant morbidity and mortality (1). The blood concentrations of nicotine and nicotine metabolites induced by PCSE in the fetus and infant are equal or even higher than those of the smoking mother (2, 3). The long-term adverse effects of PCSE could carry a lot of serious complications such as preterm delivery, intrauterine growth retardation, stillbirth, congenital malformations, low birth weight, respiratory diseases, and increased risk of sudden infant death syndrome (SIDS). In the fetal development period, smoking during pregnancy can make fetal vasoconstriction and hypoxia (4). Carbon monoxide in the smoke can enter into the blood through the placental barrier, which leads to the increased carboxyhemoglobin level of umbilical cord blood, which in turn inhibits the release of oxygen into the fetal tissues (5). This chronic hypoxia may change the physiological development of tissues and organs, especially those most susceptible areas to hypoxic damage, such as the central nervous system (6). Acute nicotine exposure impaired central CO<sub>2</sub> response, and attenuated respiratory drive (7). Chronic prenatal nicotine exposure reduced frequency of the respiratory discharge of slices and the ability of the slice to maintain a respiratory rhythm during expose to severe hypoxia (8).

5-HT is an important neurotransmitter in the central nervous system, which promotes brain development (9), and participates in the modulation of central respiratory activity (10, 11). The activation of 5-HT<sub>2A</sub> receptors in mammals is associated with the generation and

regulation of respiratory rhythm (12), and gasping activity is dependent on 5-HT<sub>2A</sub> receptors during hypoxia (13). Moreover, it has been proved that the abnormal distribution of 5-HT<sub>2A</sub> receptors could lead to SIDS and congenital central hypoventilation syndrome (CCHS) (14).

To investigate the role of 5-HT<sub>2A</sub> receptors in the depression of respiratory rhythmic discharging activity of medullary slice of neonatal rats with PCSE, the agonists and antagonists of 5-HT<sub>2A</sub> receptors were applied to isolated medullary slices of neonatal rats. In addition, western blotting and RT-qPCR technology were also used to observe whether 5-HT<sub>2A</sub> receptors protein and mRNA expression would be changed or not.

## **MATERIALS AND METHODS**

### **Animals**

Sprague-Dawley adult rats were obtained from the Laboratory Animal Center of Zhengzhou University. All experimental protocols were approved by the Institutional Animal Care and Use Committee at the Xinxiang Medical University. Neonatal rats (1~3 days old), both sexes, were used for the present study. The neonatal rats of control group were delivered by adult rats which were fed routinely; the neonatal rats of PCSE group were delivered by adult rats which were fed routinely and exposed to smoke from mating. The adult rats were put into smoke box (80 cm \* 60 cm \* 100 cm) to smoke 30min by 8 cigarettes twice daily (8 AM and 8 PM) from mating to delivery. All animals were maintained at room temperature 27-28°C under a 12 h light/12 h dark cycle.

### **Electrophysiological studies**

The brainstem spinal cord was obtained as follow. Rats were deeply anesthetized with ether

until the nociceptive reflexes were abolished and quickly decapitated at the C3–C4 spinal level. The brainstem was isolated in ice - cold artificial cerebrospinal fluid (ACSF) containing (in mM): 124 NaCl, 5 KCl, 1.2KH<sub>2</sub>PO<sub>4</sub>, 2.4 CaCl<sub>2</sub>, 1.3 MgSO<sub>4</sub>, 26 NaHCO<sub>3</sub> and 30 glucose equilibrated with carbogen (95% O<sub>2</sub> and 5% CO<sub>2</sub>) at PH 7.4 and the process was ended in 3 min. After dorsal side was glued on an agar block, the brainstem was sectioned serially in the transverse plane until inferior olive appeared which indicated that the rostral boundary of the medial area of nucleus retrofacialis (mNRF) would appear, then a single transverse slice containing mNRF was cut (an 850 µm thick). The brainstem slice was quickly transferred to a recording chamber and continuously perfused with oxygen-saturated ACSF at a rate of 4–6 ml/min, and temperature was maintained at 27–29°C. The discharge of hypoglossal nerve rootlets was recorded by suction electrodes. Signals were amplified and band-pass filtered (100 Hz–3.3 kHz), and data were sampled (5 kHz) and stored in the computer via BL-420 biological signal processing system. In electrophysiological studies, 1-(2, 5-dimethoxy-4-iodophenyl)-2-aminopropane (DOI), a 5-HT<sub>2A</sub> receptor agonist, and Ketanserine, a 5-HT<sub>2A</sub> receptor antagonist were applied, and those slices in control group were randomly divided into 3 groups (n=6 for each): control blank group, control DOI group, control Ketanserine group; and the PCSE group were also randomly divided into 3 groups (n=6 for each): PCSE blank group, PCSE DOI group, PCSE Ketanserine group. DOI and Ketanserine were purchased from Sigma (Sigma Co., St. Louis, MO, USA). Other chemicals were of analytical grade. In control blank group and PCSE blank group, slices were perfused with ACSF. In control DOI group and PCSE DOI group, slices were perfused with ACSF which contained 40 µmol/L DOI after perfusion with ACSF for 10 min. In control

Ketanserine group and PCSE Ketanserine group, slices were perfused with ACSF which contained 40  $\mu\text{mol/L}$  Ketanserine after perfusion with ACSF for 10 min.

### **Western blotting**

Protein was extracted from the medulla oblongata segments (at the level of mNRF). Concentration of proteins in the supernatant was determined with a bicinchoninic acid (BCA) protein quantification kit according to the instructions. Briefly, these equal amounts of samples (50  $\mu\text{g}$  of protein per lane) were loaded on 10% SDS-polyacrylamide gels for electrophoresis and then electrotransferred onto polyvinylidene difluoride (PDVF) membranes (Millipore, Billerica, MA, USA). The membranes were blocked with 5% bovine serum albumin diluted in Tris-Buffered Saline Tween-20 for 1h, followed by incubation with primary antibodies (goat polyclonal antibody against 5-HT<sub>2A</sub> receptor, 1:100, Santa Cruz Biotechnology, Santa Cruz, CA, USA) at 4 °C overnight. After washing, the membranes were incubated with secondary antibodies (HRP AffiniPure Rabbit Anti-Goat IgG, 1:2000, EarthOx, USA) for 1 h at room temperature. GAPDH (the primary antibody from Cell Signaling Technology, 2118L, Beverly, MA, USA, working concentration : 1:1000) was blotted in the same membrane as an internal control for normalizing the relative density. Immunoreactive bands were visualized by enhanced chemiluminescence (ECL, Amersham; Piscataway, NJ), and then quantified by imageJ software (Molecular Dynamics IQ solutions, Molecular Dynamics, Inc., Sunnyvale, CA).

## **RT-qPCR**

Total RNA was extracted from mNRF area using the RNAiso Plus (TaKaRa, Dalian, China) following the manufacturer recommended protocol. The primer sequences for rat 5-HT<sub>2A</sub> receptor are: forward 5'-AAGCTGCAGAATGCCACCAAC-3', and reverse 5'-CCAGGTAAATCCAGACGGCACA-3'; and for rat GAPDH are: forward 5'-GGCACAGTCAAGGCCGAGAATG-3', and reverse 5'-ATGGTGGTGAAGACACCAGTA-3'. Real-time RT-qPCR was performed in a final volume of 50  $\mu$ l. 1  $\mu$ l of sample RNA, 25  $\mu$ l Premix Taq (contains: TaKaRa Taq 1.25 U/25  $\mu$ l, dNTP Mixture 2\*conc.; each 0.4 mM, PCR Buffer 2\*conc.; 3mM Mg<sup>2+</sup>) (TaKaRa, Dalian, China), 1  $\mu$ l forward primer, 1  $\mu$ l reverse primer, and RNase free sterile water added to 50 $\mu$ l were amplified DNA. Cycling parameters were as follows: 1 cycle at 95°C for 30 second, 1 cycle at 95°C for 15s, 1 cycle at 60°C for 35s, followed by 40 cycles of denaturing and annealing/elongation. The transcript of a housekeeping gene, GAPDH, served as internal control and serial dilutions of the positive control were performed on each plate to create a standard curve. The amount of target gene was normalized to the reference GAPDH to obtain the relative threshold cycle.

## **Statistical analyses**

SPSS 13.0 software (SPSSInc, Chicago, USA) was used to analyze data. All data were represented as mean  $\pm$  S.E.M, and repeated measures of ANOVA and post-hoc test were used to compare the values obtained before and after drug application, and multiple comparison

between the groups was performed using S-N-K method.  $P < 0.05$  indicated that the difference was statistically significant.

## **RESULTS**

### **RRDA of the control group compared with the PCSE group**

Respiratory rhythmic discharge activity (RRDA) of the control group and PCSE group was stability without attenuation in 60 min, which illustrates that the experimental model is stable and reliable. In smoked group, compared with control group, PCSE could lead to the reduced inspiratory time (TI) ( $t=15.011$ ,  $P=0.004$ ), the extend respiratory cycle (RC) ( $t=12.489$ ,  $P=0.006$ ) and the decreased integral amplitude (IA) ( $t=22.821$ ,  $P=0.002$ ) (Table 1; Figures 1, 2).

### **Effect of DOI on hypoglossal nerve rootlets RRDA of control group and PCSE group**

One to two minutes after the application of DOI (40  $\mu\text{mol/L}$ ) to the bath both the frequency and integral amplitude of RRDA were increased; TI were extended (control group,  $t=11.794$ ,  $P=0.006$ ; PCSE group,  $t=3.46$ ,  $P=0.074$ ); RC were shortened (control group,  $t=13.510$ ,  $P=0.005$ ; PCSE group,  $t=7.264$ ,  $P=0.015$ ); IA were increased (control group,  $t=39.925$ ,  $P=0.001$ ; PCSE group,  $t=35.674$ ,  $P=0.000$ ). The degree of RRDA changes in control group was higher than that in PCSE group (Table 2; Figure 3).

### **Effect of Ketanserine on hypoglossal nerve rootlets RRDA of control group and PCSE group**



Perfused with ACSF which contained 40 $\mu$ mol/L Ketanserine, we found that TI (control group,  $t=21.651$ ,  $P=0.002$ ; PCSE group,  $t=12.990$ ,  $P=0.006$ ) and IA (control group,  $t=25.154$ ,  $P=0.001$ ; PCSE group,  $t=47.979$ ,  $P=0.000$ ) of RRDA in control group and PCSE group were decreased, and RC (control group,  $t=10.492$ ,  $P=0.009$ ; PCSE group,  $t=5.595$ ,  $P=0.030$ ) were extended. The degree of RRDA changes in control group was higher than that in PCSE group (Table 3; Figure 4).

### **Western Blotting**

The expressions of 5-HT<sub>2A</sub> receptors protein of the PCSE group were weaker than the control group (Figure 5).

### **RT-qPCR**

There was not significant increase in the levels of mRNA encoding 5-HT<sub>2A</sub> receptors as measured by the RQ values in the medullary slice of neonatal rats of control group compared to that of PCSE group (Figure 6).

## **DISCUSSION**

The aim of the study was to investigate the correlation between respiratory activity depression induced by prenatal cigarette smoke exposure and 5-HT<sub>2A</sub> receptors pathway. The slice, which contained the medial area of nucleus retrofacialis (mNRF) (15) that produce respiratory rhythmic discharge activity, can be used to study the respiratory function. In this experiment, we used electrodes record RRDA to reflect respiratory function of medullary,

used western blotting to study expression level of 5-HT<sub>2A</sub> receptors and used RT-qPCR to study mRNA of 5-HT<sub>2A</sub> receptors.

Cigarette smog contains over 4000 chemical constituents, while carbon monoxide and nicotine exposure are of large concern. 5-HT system plays a major role in early CNS growth and development, including the development of the medullary respiratory rhythm. Acute nicotine administration increased 5-HT release in the cortex, hippocampus, striatum, hypothalamus, dorsal raphe nucleus (DRN) and spinal cord (16); long-term application reduced 5-HT concentration and synthesis (17). Nicotine exposure decreased 5-HT (2) receptor binding in brain 5-HT projections regions, and altered the concentrations and functions of postsynaptic 5-HT receptors in a manner commensurate with impaired 5-HT synaptic function (18). And nicotine could affect 5-hydroxytryptamine system of brain stem and reduced the immunoreactivity of 5-HT receptors (19). 5-HT<sub>2A</sub> receptors played a permissive role in the sensitizing effects of nicotine. Stimulation of 5-HT<sub>2A</sub> receptors enhanced the development of nicotine sensitization (20). Nicotine could regulate respiratory rhythm and pattern (21). Smoking during pregnancy can make fetal hypoxia, which modulated 5-HT receptor density and agonist affinity (22), and our data also showed that smoking attenuated the expression of 5-HT<sub>2A</sub> receptors.

In our study, PCSE shorten TI, extend RC and decrease IA of RRDA (Table 1) . Activation of 5-HT<sub>2A</sub> receptors with DOI increased TI, IA and shortened RC in control group; and increased TI, IA and shortened RC in PCSE group. This showed agonist of 5-HT<sub>2A</sub> receptors for 5-HT<sub>2A</sub> receptors in PCSE group had excitation effects, but the excitation effects were lower than control group (Table 2). This illustrated that the reactivity of 5-HT<sub>2A</sub>

receptors to DOI was reduced in PCSE group. Inhibition of 5-HT<sub>2A</sub> receptors with ketanserine shortened TI, IA and extended RC in control group; and shortened TI, IA and extended RC in PCSE group. These pointed out antagonist of 5-HT<sub>2A</sub> receptors for 5-HT<sub>2A</sub> receptors in PCSE group had inhibitory effects, but the inhibitory effects were lower than control group (Table 3). This illustrated that the reactivity of 5-HT<sub>2A</sub> receptors to ketanserine was reduced in PCSE group. Above two cases showed that repeatedly given cigarette smog could reduce the function of 5-HT<sub>2A</sub> receptors. While after repeated cigarette smog, application of western blotting techniques found that 5-HT<sub>2A</sub> receptors expression in protein levels in medulla oblongata of newborn rat were down-regulation; application of RT-qPCR technology found that 5-HT<sub>2A</sub> receptor expression in transcription and translation levels had not changed. These demonstrated that repeated cigarette smog reduced the function of 5-HT<sub>2A</sub> receptors by changing the protein expression not gene expression.

Chronic nicotine exposure desensitized nicotinic receptors and affected important ion channels genes expression, such as sodium, potassium, and calcium channels. Cigarette smoke induced cell damage through the following path: it first induces an increase in [Ca<sup>2+</sup>]<sub>i</sub> by activation intracellular Ca<sup>2+</sup>; the increase in Ca<sup>2+</sup> activates PKC $\alpha$  and PKC $\epsilon$  through activation of Ca<sup>2+</sup>-dependent signal transduction molecules; the PKCs activate NADPH oxidase to generate ROS (23). So we inferred that this way is one of reasons to cause 5-HT<sub>2A</sub> receptors damage.

PKC is a key link in the process of signaling pathways and regulates neurotransmitters release, receptor desensitization, ion channel characteristics, etc. 5-HT<sub>2A</sub> receptors link to the Gq family of G-proteins, and coupled to phospholipase C, which causes increase of

intracellular  $\text{Ca}^{2+}$  concentration and the activation of PKC. PKC direct phosphorylation of  $\text{Na}^+$  channel, which make the  $\text{Na}^+$  channel open, reduce the action potential absolute value and extend opening time. Additionally, PKC can increase reactive oxygen species (ROS) generation that may oxidize  $\text{Na}^+$  channel and make its conformation changes to increase  $\text{Na}^+$  currents. 5 -  $\text{HT}_{2A}$  receptors affect generation and regulation mechanism of the basic rhythmic respiration through PKC and ROS affect sodium current in respiratory neurons.

There are some cross regions between 5- $\text{HT}_{2A}$  receptors signal transduction pathways and nicotinic receptors (16). Nicotine repeated action on nicotine receptors lead to them desensitization or inactivation, and the update rate is reduced (24). And nicotinic receptor desensitization can inhibit the activity of PKC (25). The mechanism of 5 -  $\text{HT}_{2A}$  receptors effect the generation and modulation of respiratory rhythm may be by modulating sodium conductance via a PKC pathway. Inhibition PKC activity could reduce the rate of  $\text{Na}^+$  channels open, augment action potential absolute value and shorten the opening hours. This mechanism may be inhibit 5 -  $\text{HT}_{2A}$  receptor function and is one of the main ways to produce respiratory depression.

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## **AUTHORS' NOTE**

Conceived and designed the experiments: QXL. Performed the experiments: JML, WYX, QXL. Analyzed the data: JML, WYX, QXL. Contributed reagents/materials/analysis tools:

JML, WYX, QXL. Wrote the paper: JML, QXL. The authors declare that they have no conflicts of interest.

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Table 1: The effects of smoking on hypoglossal nerve rootlets RRDA ( $\bar{x} \pm s$ , n=6)

<b>Group</b>	<b>TI (s)</b>	<b>RC (s)</b>	<b>IA (<math>\mu\text{V}\cdot\text{s}</math>)</b>
<b>control group</b>	1.03 $\pm$ 0.11	14.26 $\pm$ 1.65	338.86 $\pm$ 15.63
<b>PCSE group</b>	0.77 $\pm$ 0.08**	18.37 $\pm$ 2.12**	302.10 $\pm$ 18.42**
<b>control+DOI</b>	1.21 $\pm$ 0.07**	11.33 $\pm$ 1.45**	397.28 $\pm$ 17.21**
<b>PCSE+DOI</b>	0.87 $\pm$ 0.05#	15.57 $\pm$ 1.78#	335.93 $\pm$ 11.13##
<b>control+</b>	0.78 $\pm$ 0.09**	17.81 $\pm$ 2.07**	270.12 $\pm$ 22.73**
<b>Ketanserine</b>			
<b>PCSE+Ketanserine</b>	0.62 $\pm$ 0.06##	22.60 $\pm$ 2.12#	269.69 $\pm$ 17.25##

TI: Inspiratory time; RC: Respiratory cycle; IA: integral amplitude.

\* $P < 0.05$ , \*\* $P < 0.01$  compared with control group, # $P < 0.05$ , ## $P < 0.01$  compared with PCSE group.



Table 2: Change rate of the effect of DOI on RRDA of control group and PCSE group ( $\bar{x} \pm s$ , n=6)

<b>Group</b>	<b>TI (%)</b>	<b>RC (%)</b>	<b>IA (%)</b>
<b>(Control+DOI)/ Control</b>	17.47±1.98	20.55±1.52	17.24±2.74
<b>(PCSE+DOI)/ PCSE</b>	12.99±1.14**	14.24±2.62*	11.19 ±1.06**
<b><i>t</i></b>	9.121	4.044	5.800
<b><i>P</i></b>	0.003	0.027	0.010

TI: Inspiratory time; RC: Respiratory cycle; IA: integral amplitude.

\* $P < 0.05$ , \*\* $P < 0.01$  compared with control group + DOI.

Table 3: Change rate of the effect of Ketanserine on RRDA of control group and PCSE group

( $\bar{x} \pm s$ , n=6)

<b>Group</b>	<b>TI(%)</b>	<b>RC(%)</b>	<b>IA(%)</b>
<b>(Control+Ketanserine)/ Control</b>	24.27±3.49	24.89±3.33	20.29±2.95
<b>(PCSE+Ketanserine)/ PCSE</b>	19.48±2.66*	16.68±1.58*	10.73±1.59**
<b><i>t</i></b>	4.236	3.762	13.080
<b><i>P</i></b>	0.024	0.033	0.001

TI: Inspiratory time; RC: Respiratory cycle; IA: integral amplitude.

\* $P < 0.05$ , \*\* $P < 0.01$  compared with control group + Ketanserine.

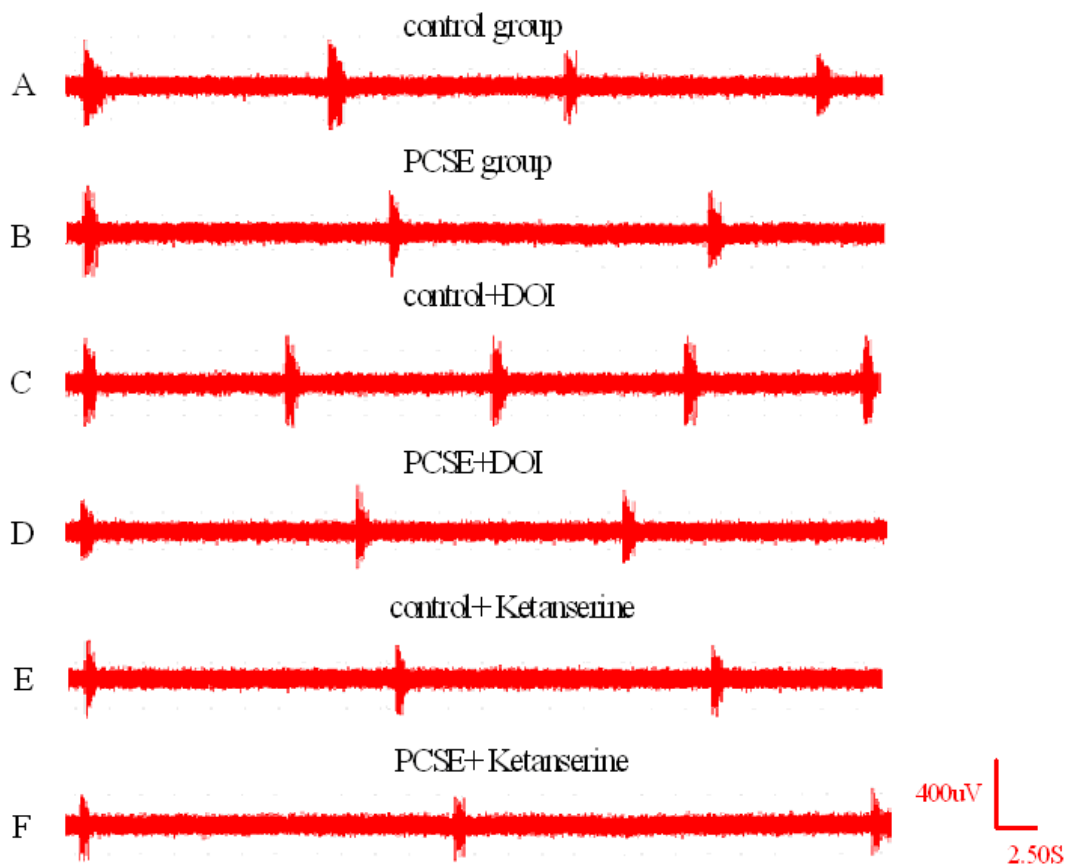


Fig. 1: The effects of DOI and Ketanserine on RRDA of control group and PCSE group. The upper six groups show the raw trace of hypoglossal nerve (XII) activity. Their discharge activities were recorded during perfusion with ACSF (A, B), after application of 40µmol/L DOI (C, D), after application of 40µmol/L Ketanserine (E, F).

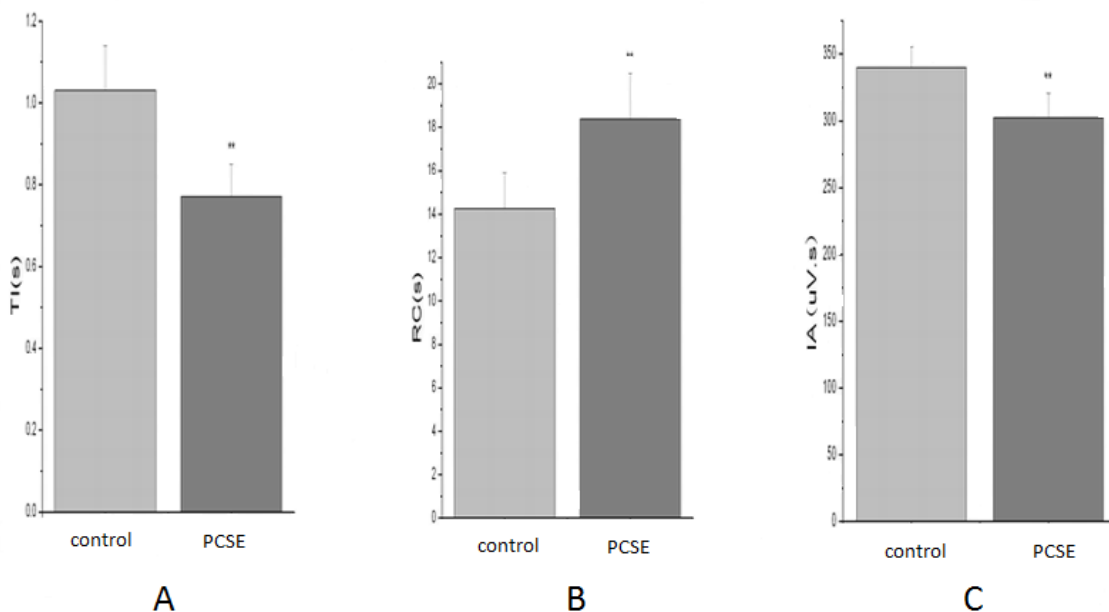


Fig. 2: RRDA of control group compared with that of PCSE group. (A) Inspiratory time of RRDA in slices from control group and PCSE group. (B) Respiratory cycle of RRDA in two groups. (C) Integral amplitude of RRDA in two groups. All values are mean  $\pm$  S.E.M. \*  $P < 0.05$  compared to control group, \*\* $P < 0.01$  compared to control group.

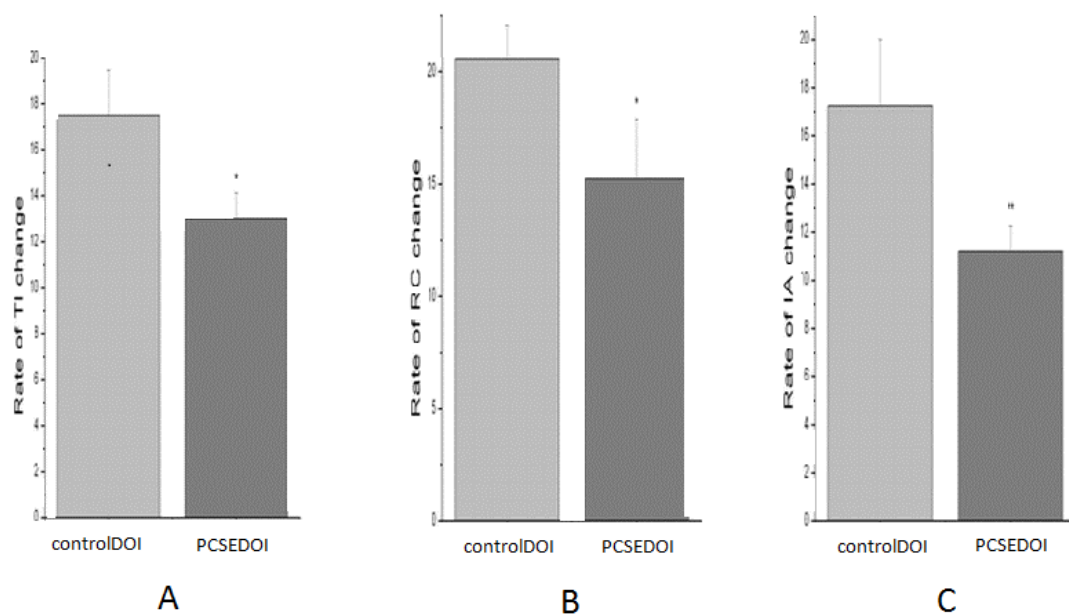


Fig. 3: Change rate comparison of DOI effect on RRDA of control group and PCSE group.

(A) The rate inspiratory time of RRDA changes in two groups after application of DOI (40  $\mu\text{mol/L}$ ). (B) The rate respiratory cycle of RRDA changes in two groups after sustained DOI (40  $\mu\text{mol/L}$ ) applications. (C) The rate integral amplitude of RRDA changes in two groups after sustained DOI (40  $\mu\text{mol/L}$ ) applications. All values are mean values  $\pm$  S.E.M. \*  $P < 0.05$  compared to control group, \*\*  $P < 0.01$  compared to control group.

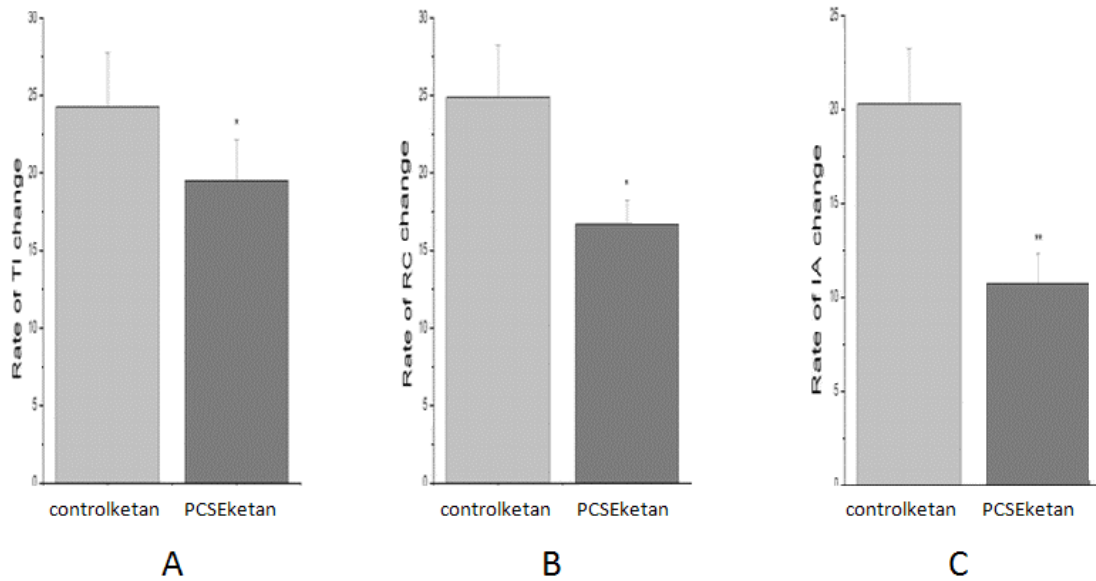


Fig. 4: Change rate comparison of Ketanserine effect on RRDA of control group and PCSE group.

(A) The rate inspiratory time of RRDA changes in two groups after application of Ketanserine ( $40\mu\text{mol/L}$ ). (B) The rate respiratory cycle of RRDA changes in two groups after sustained Ketanserine ( $40\mu\text{mol/L}$ ) applications. (C) The rate integral amplitude of RRDA changes in two groups after sustained Ketanserine ( $40\mu\text{mol/L}$ ) applications. All values are mean values  $\pm$  S.E.M. \*  $P < 0.05$  compared to control group, \*\*  $P < 0.01$  compared to control group.

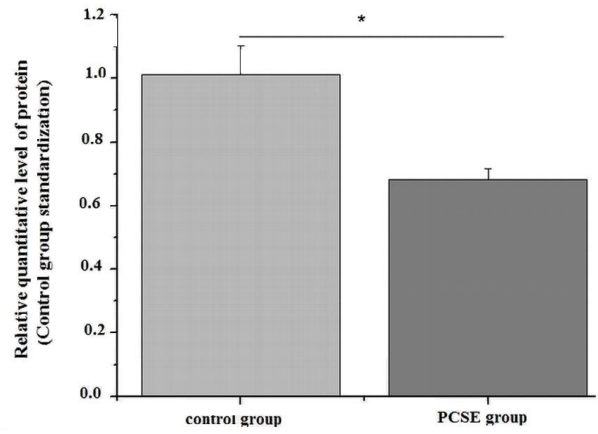
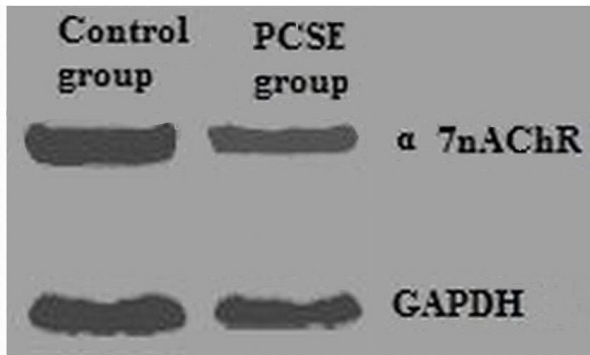
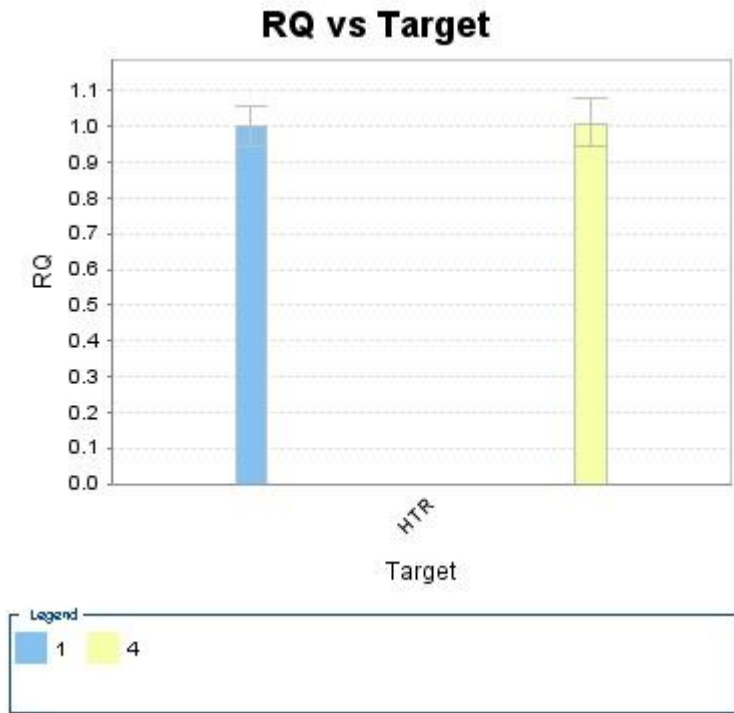


Fig. 5: PCSE down-regulated 5-HT2AR in PBC.



(1-control 4-PCSE)

Fig. 6: Real time quantitative RT-PCR measurements of 5-HT<sub>2A</sub> receptor mRNA.