

Message from the Editor-in-Chief

The Editorial Board of the *West Indian Medical Journal* wishes to congratulate The University of the West Indies, School of Clinical Medicine and Research, The Bahamas, for this 12th Annual Research Day. The theme is very relevant for good health involves physical, mental and spiritual well-being. There are various factors that impinge on good quality of life, and some of these are dealt with at this year's Research Day. The holistic care approach must involve not only the healthcare profession but the politicians and the agriculturalists with an emphasis on food security. The schools' curricula must reflect this holistic approach to health.

This year's Research Day also has a workshop on writing papers for publication, and this must be part of the research endeavour and the need to disseminate knowledge that would enhance care.

May you have a successful Research Day.

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