

Programme

Thursday, March 27, 2014

7:30 am – 11:00 am

REGISTRATION

OPENING CEREMONY

A moment of silence in remembrance of one of the UDOP team members: Mr Morton Chin

9:00 am – 9:15 am

Welcome

Prof The Hon Errol Morrison, OJ

Musical item by Ocho Rios Primary School – “Touch the Wings”

9:20 am – 9:30 am

Remarks

Ambassador Josef Beck

9:30 am – 10:00 am

Keynote Address

The Hon Natalie Neita-Headley, MP

1st SCIENTIFIC SESSION

***Sponsor: University of
Technology, Jamaica (UTech)***

Sir Alister McIntyre Distinguished Award

10:00 am – 11:45 am

Citation

Chair: Hector Wheeler

Presentation of Plaque

Sir Alister McIntyre, OCC, OM

10:45 am – 11:30 am

***Sir Alister McIntyre
Distinguished Lecture***

Prof Karsten Dreinhöfer

“Injuries, diseases and sport”

11:30 am – 12:00 pm

COFFEE AND VIEWING OF EXHIBITS

2nd SCIENTIFIC SESSION

***Sponsor: Faculty of Science and
Sport (FOSS), University of
Technology, Jamaica***

The Diabetic Athlete

Chair: Colin Gyles

12:00 pm – 12:15 pm	<i>Gestational diabetes and exercise</i>	Evon Berry
12:15 pm – 12:30 pm	<i>The diabetic athlete: a higher risk for injury or prolonged rehabilitation?</i>	Sophia Brown

12:30 pm – 2:00 pm **LUNCH AND VIEWING OF EXHIBITS**

3rd SCIENTIFIC SESSION
Sponsor: Northern
Caribbean University (NCU)

Rehabilitation in Sports

Chair: Paul Gyles

2:00 pm – 2:15 pm	<i>Hamstring injury prevention with the role of proprioception</i>	Paula Dawson
2:15 pm – 2:30 pm	<i>Sports and the diabetic athlete</i>	Akshai Mansingh
2:30 pm – 3:10 pm	<i>Pharmacological management of diabetes in athletes</i>	Lincoln Edwards
3:10 pm – 3:30 pm	<i>Effects of pharmacologic agents on the nutritional status of athletes with diabetes</i>	Marsha Woolery

3:30 pm – 4:00 pm **COFFEE AND VIEWING OF EXHIBITS**

4th SCIENTIFIC SESSION

Sponsor: Caribbean School
of Sport Sciences, University
of Technology, Jamaica

Physical Activity – Enhancing Wealth through Good Health

Chair: Naheel Brown

4:00 pm – 4:20 pm	<i>The physiology of productivity in the workforce – why exercise helps</i>	Debbie Hutchinson
4:20 pm – 4:40 pm	<i>Recreation: its impact on productivity</i>	Renardo Brown, Sodia Peters
4:40 pm – 5:00 pm	<i>Making a splash: using aquatic therapy to benefit diabetic patients</i>	Terri-Ann Samuels
5:00 pm – 5:10 pm	<i>Addressing behavioural barriers and motivational triggers for obesity prevention: a Caribbean experience</i>	Kamila McDonald

5:30 pm – 7:30 pm

WELCOME COCKTAILS
Grande Hall, Sunset Jamaica Grande Resort,
Ocho Rios

Friday, March 28, 2014

8:30 am – 10:00 am

Opening of Satellite Conference on
Human Resources and Wellness

Welcome

Jennifer Ellis

Musical Item by Ocho Rios Primary School
Music Theatre Group – “Rights to be Free”

Keynote Address

Grace Jackson, OD

10:00 am – 10:30 am

COFFEE AND VIEWING OF EXHIBITS

5th SCIENTIFIC SESSION

Sponsor: The University
of the West Indies

The Sir Philip Sherlock Distinguished
Lecture

Chair: Alverston Bailey

10:30 am – 10:45 am

Citation and presentation of plaque for
distinguished service to the development
of sports and sports medicine in Jamaica
Warren Blake, FRCS
President, Jamaica Athletics Administrative
Association

10:45 am – 11:30 am

The effect of physical activity on major
non-communicable diseases worldwide

Warren Blake

6th SCIENTIFIC SESSION

Sponsor: Derma Sciences

Foot Care in the Diabetic Athlete

Chair: Owen Bernard

11:30 am – 12:00 pm

The role of telemedicine in wound
prevention, diagnosis and treatment
in the diabetic athlete

Cornelius M Donohue

12:00 pm – 12:15 pm

The importance of proper footwear
for the diabetic athlete

Cheryl-Mae Palmer

12:15 pm – 12:30 pm

Throwing the curveball at diabetes: a
personal reflection

Romel Kimkeran

12:30 pm – 2:00 pm

LUNCH AND VIEWING OF EXHIBITS

7th SCIENTIFIC SESSION

**Sponsor: Environmental
Health Foundation (EHF)**

***The Active Diabetic: The Role of
Nutrients and Supplements***

Chair: Dalip Ragoobirsingh

2:00 pm – 2:20 pm

*Rates of chronic diseases in retired
Jamaican athletes can be reduced by
adaptive nutrition*

Rachael Irving

2:20 pm – 2:40 pm

*The nutritional management of an
athlete with diabetes: more than
just for energy*

Marsha N Woolery

2:40 pm – 2:55 pm

*Nutraceutical supplementation in
sports and diabetes management*

Charah T Watson

2:55 pm – 3:15 pm

*Vitamin D3, diabetes, sports medicine
and nutritional supplements*

Joseph Bryant

3:15 pm – 3:30 pm

*Inhibition of the postprandial
hyperglycaemia enhancing enzyme
alpha-glucosidase by the Diabetes
Formula nutraceutical*

Ngeh J Toyang

3:30 pm – 4:00 pm

COFFEE AND VIEWING OF EXHIBITS

8th SCIENTIFIC SESSION

**Sponsor: College of Health
Sciences, University of
Technology, Jamaica**

***Translating Health Research:
From Bench to Bedside***

Chair: Fitzroy Henry

4:00 pm – 4:20 pm

Iatrogenic diabetes and doping

Eugenie Brown-Myrie

4:20 pm – 4:40 pm

Nutrition, diabetes and the elite athlete

Christine Fray-Aiken

4:40 pm – 5:00 pm

*Trends in clinical trials: implications
for diabetes management*

Lenore Coleman

7:00 pm – 11:00 pm

Caribbean Night, Dolphin Cove

Friday, March 28, 2014

**Caribbean Endocrine Society (CARES)
Concurrent Satellite Symposium:
“Acute Endocrinology”
Portland Ballroom B, 2:00 pm – 6:00 pm**

2:00 pm – 2:10 pm *Welcome and opening remarks* **Marshall Tulloch-Reid**

SESSION 1

Crises of Glucose and Calcium

Chair: Vanessa Davis

2:10 pm – 2:45 pm *A systematic approach to hypoglycaemia* **Monika Skarulis**

2:45 pm – 2:55 pm *Question and answer period*

2:55 pm – 3:10 pm *Reducing mortality in hyperglycaemic crises: hyperosmolar hyperglycaemic syndrome and diabetic ketoacidosis in children and adolescents* **Maynika Rastogi**

3:10 pm – 3:25 pm *What's new in the management of hypercalcaemia?* **Monika Skarulis**

3:25 pm – 3:35 pm *Question and answer period*

3:35 pm – 4:00 pm **COFFEE BREAK**

SESSION 2

Adrenal Emergencies

Chair: Suzette Robinson

4:00 pm – 4:20 pm *Hypertensive crisis – is this a pheochromocytoma?* **Nicole Tilluckdharry**

4:20 pm – 4:45 pm *Adrenal emergency in a neonate* **Virendra Singh**

4:45 pm – 5:00 pm *Question and answer period*

SESSION 3

Clinical Corner

Chair: Michael Boyne

5:00 pm – 5:15 pm *Case 1: Pituitary apoplexy* **Mona Resident**

5:15 pm – 5:30 pm *Case 2: Thyroid storm: uncommon but fatal* **Mona Resident**

5:30 pm – 5:40 pm *Vote of thanks and closing remarks* **Patrice Francis**

6:00 pm – 7:00 pm *Annual General Meeting of CARES*

Saturday, March 29, 2014

Chair: Owen Bernard

6:30 am – 8:30 am

5K/10K FUN/RUN/WALK

9th SCIENTIFIC SESSION

**Sponsor: Merck Sharp
and Dohme**

**Diabetes – Current Treatment:
Algorithm Explored**

Chair: Rosemarie Wright-Pascoe

10:30 am – 11:30 am

*It is not only about A_{1C} – how patients
achieve their goal is important*

Luis Mejia-Rivera

10th SCIENTIFIC SESSION

**Sponsor: Merck Sharp
and Dohme**

**Atherosclerosis – Exposing “the
Elephant in the Room”**

Chair: Michael Boyne

11:30 am – 12:30 pm

*Current science in the pathophysiology
of atherosclerosis*

Luis Mejia-Rivera

12:30 pm – 2:00 pm

LUNCH AND VIEWING OF EXHIBITS

11th SCIENTIFIC SESSION

**The Most Hon Hugh Lawson
Shearer Memorial Lecture**

**Chair: The Most Hon Denise
Eldemire-Shearer**

2:00 pm – 3:00 pm

*Citation and presentation of plaque
commemorating achievements in sport and
current involvement in assisting the youth in
Trinidad and Tobago*
Hasely Crawford, ORTT
Sports Ambassador for Trinidad and Tobago

*Memorial Lecture:
“Nutrition for all ages”*

Fitzroy Henry

12th SCIENTIFIC SESSION

**Sponsor: The University
of the West Indies, Mona**

Chronic Non-communicable Diseases and Sport

Chair:

3:00 pm – 3:20 pm

*Managing chronic non-communicable
diseases during sports*

Rosemarie Wright-Pascoe

3:20 pm – 3:40 pm

Cardiovascular disease and sport

Marilyn Lawrence-Wright

3:40 pm – 4:00 pm

*Diabetes in Jamaica: estimated
percentage reduction for men versus
women through physical activity and
weight loss*

Colette Cunningham-Myrie

13th SCIENTIFIC SESSION

The Hon Errol Morrison Distinguished Lecture

Chair: Alverston Bailey

4:00 pm – 4:40 pm

*Citation and presentation of plaque
for outstanding and dedicated service
to student-athletes in the USA*

***Bernard Franklin
Executive Vice President, National
Collegiate Athletic Association***

Distinguished lectures:

*A national study of substance use trends
among NCAA college students: shaping
policies and educational programmes*

Bernard Franklin

4:40 pm – 5:00 pm

*Doping in sport and diabetes: is there
a link?*

The Hon Errol Morrison, OJ

***Report on Judging of Posters
Judges: Prof E Albert Reece,
Dr Alverston Bailey, Prof Dalip
Ragoobirsingh and Dr Cliff Riley***

5:00 pm

Closing Remarks

Alverston Bailey