# Israel Exhibits a Homogenous Male-to-Female Ratio at Birth for All Races and Religions 

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#### Abstract

Objective: Male live births occur in excess of female live births and their ratio (M/F) is usually expressed as male divided by total births. The value of $M / F$ varies, declining with stress. Israel has been shown to have a relatively stable M/F. This study was carried out in order to ascertain whether there were any racial or religious differences in M/F in Israel, and to compare with totals for Europe and North America. Methods: Annual data for male and female live births were available from the Israel Central Bureau of Statistics for the period 2002-2011. Excel was used for data entry, overall analysis and charting. For race, data were available as Jews and others, and Arabs. For religion, data were available as Jews and Moslems. Results: There were a total of 1523956 live births. Overall M/F was 0.5127 (95\% CI: 0.5119 , 0.5135). There were no significant differences between the races and no significant trends with time. Male-to-Female Ratio $(M / F)$ is mid-way between that of Europe and North America. Conclusion: The psychological and psychiatric effects of stress in Israel are well documented. However, there was no apparent effect on M/F that is manifested as racial or religious differences in $M / F$. This could be due to equal levels of stress in all groups or insufficient levels of stress or insufficient births to demonstrate M/F differences.


Keywords: Birth rate trends, infant, Israel, newborn, politics, gender ratio

## INTRODUCTION

Male live births occur in excess of female live births and their ratio (commonly referred to as $\mathrm{M} / \mathrm{F}$ ) is usually expressed as male divided by total births. The value of M/F varies. It has been shown to exhibit broad secular trends (1) and to be sensitive to stress (2). Indeed, all forms of stress have been shown to reduce $\mathrm{M} / \mathrm{F}$ and these include natural calamities $(3,4)$.

Man-made events, such as terrorist attacks, have also been shown to reduce $\mathrm{M} / \mathrm{F}$. For example, following the September 11 attacks, M/F was shown to have dropped not only in the New York (5) but also in the entire United States (6). Short periods of war have also been shown to reduce war (7) as has economic turmoil and uncertainty (8).

Overall, Israel has been shown to have a relatively stable M/F with no influence from maternal or paternal
age, gravidity or parity over the period 2003-2006 (9). However, a study over a longer period showed a significant decline in M/F from 1950 to 1989 with one outlier year (1981) in temporal relation to the destruction of a nuclear reactor that was still under construction near Baghdad. It was speculated that the spectre of war may have resulted in sufficient stress to cause a dip in M/F in this year (10).

Racial differences in $\mathrm{M} / \mathrm{F}$ have also been demonstrated in countries wherein such races coexist (11). This study was carried out in order to ascertain whether there were any racial or religious differences in M/F in Israel.

## SUBJECTS AND METHODS

Annual data for male and female live births were available from the website of the Israel Central Bureau of Statistics for the period 2002-2011. Excel was used for

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data entry, overall analysis and charting. For race, data were available as Jews and others, and Arabs. For religion, data were available as Jews and Moslems.

The quadratic equations of Fleiss were used for exact calculation of $95 \%$ confidence intervals for ratios (12). Chi tests and Chi tests for trends for annual male and female births were used throughout using the Bio-MedStat Excel add-in for contingency tables (13). A $p$-value $\leq 0.05$ was taken to represent a statistically significant result.

Overall M/F for Israel was also compared to amalgamated data for the European and the North American Continents (14).

## RESULTS

There were a total of 1523956 live births for the period 2002-2011. Overall M/F was 0.5127 ( $95 \%$ CI: 0.5119 , 0.5135 ). Annual M/F for the study period overall, and by race and by religion are shown in Table 1. There were no significant differences between races and religions and no significant trends with time.

For the European Continent, M/F over the period 1950-1999 was 0.5142 ( $95 \%$ CI: $0.5142-0.5143$ ), and for the North American Continent, M/F over the period 1958-97 was 0.5112 ( $0.5111-0.5112$ ). Male-to-female ratio for Israel was significantly less than for Europe ( $p=$ 0.0002 ) but significantly greater than North America ( $p=0.0001$ ), as per Table 2.

## DISCUSSION

Man-made stress is known to reduce M/F. This may be due to contracting economies (15), hotly contested political referenda (16) and even civil strife (17) that falls short of actual warfare (7).

Male-to-female ratio in Israel appears to be mid-way between that of the European and the North American Continents, with no racial or religious differences within the country and significant time trends over the period studied.

The psychological effects of stress in Israel (manifesting even in psychosomatic manifestations) (18) along with the outright psychiatric effects have been well documented in this region (19). However, there was no apparent effect on $\mathrm{M} / \mathrm{F}$ that is manifested as racial or religious differences in M/F. This could be due to one or more of the following reasons:

All individuals may be equally stressed, so that there may be no difference in M/F outcomes. Another alternative is that the stress levels present are insufficient to affect $\mathrm{M} / \mathrm{F}$. Another possibility is that the number
of births available for study is too small to detect M/F changes, which may be subtle and require larger numbers of births in order to manifest.

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Table 1: M/F overall and by race and by religion, 2002-11

| All | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | 71318 | 74272 | 74694 | 73956 | 76078 | 77830 | 80254 | 82398 | 85415 | 85162 | 781377 |
| F | 68217 | 70664 | 70513 | 69957 | 72092 | 73849 | 76669 | 78644 | 80840 | 81134 | 742579 |
| Total | 139535 | 144936 | 145207 | 143913 | 148170 | 151679 | 156923 | 161042 | 166255 | 166296 | 1523956 |
| UCI | 0.5137 | 0.5150 | 0.5170 | 0.5165 | 0.5160 | 0.5156 | 0.5139 | 0.5141 | 0.5162 | 0.5145 | 0.5135 |
| M/F | 0.5111 | 0.5124 | 0.5144 | 0.5139 | 0.5135 | 0.5131 | 0.5114 | 0.5117 | 0.5138 | 0.5121 | 0.5127 |
| LCI | 0.5085 | 0.5099 | 0.5118 | 0.5113 | 0.5109 | 0.5106 | 0.5089 | 0.5092 | 0.5114 | 0.5097 | 0.5119 |
| Jews and others | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
| M | 50480 | 53220 | 53554 | 54062 | 56136 | 57697 | 60018 | 62158 | 64572 | 64626 | 576523 |
| F | 48124 | 50379 | 50803 | 51050 | 53052 | 54846 | 57455 | 59085 | 60933 | 61924 | 547651 |
| Total | 98604 | 103599 | 104357 | 105112 | 109188 | 112543 | 117473 | 121243 | 125505 | 126550 | 1124174 |
| UCI | 0.5151 | 0.5168 | 0.5162 | 0.5174 | 0.5171 | 0.5156 | 0.5138 | 0.5155 | 0.5173 | 0.5134 | 0.5138 |
| M/F | 0.5119 | 0.5137 | 0.5132 | 0.5143 | 0.5141 | 0.5127 | 0.5109 | 0.5127 | 0.5145 | 0.5107 | 0.5128 |
| LCI | 0.5088 | 0.5107 | 0.5101 | 0.5113 | 0.5112 | 0.5097 | 0.5080 | 0.5099 | 0.5117 | 0.5079 | 0.5119 |
| Arabs | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
| M | 20838 | 21052 | 21140 | 19894 | 19942 | 20133 | 20236 | 20240 | 20843 | 20536 | 204854 |
| F | 20093 | 20285 | 19710 | 18907 | 19040 | 19003 | 19214 | 19559 | 19907 | 19210 | 194928 |
| Total | 40931 | 41337 | 40850 | 38801 | 38982 | 39136 | 39450 | 39799 | 40750 | 39746 | 399782 |
| UCI | 0.5140 | 0.5141 | 0.5224 | 0.5177 | 0.5165 | 0.5194 | 0.5179 | 0.5135 | 0.5163 | 0.5216 | 0.5140 |
| M/F | 0.5091 | 0.5093 | 0.5175 | 0.5127 | 0.5116 | 0.5144 | 0.5130 | 0.5086 | 0.5115 | 0.5167 | 0.5124 |
| LCI | 0.5042 | 0.5044 | 0.5126 | 0.5077 | 0.5066 | 0.5095 | 0.5080 | 0.5036 | 0.5066 | 0.5118 | 0.5109 |
| Jews | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
| M | 48365 | 50915 | 51319 | 51742 | 53729 | 55377 | 57600 | 59764 | 62085 | 62051 | 552947 |
| F | 45962 | 48212 | 48743 | 48915 | 50784 | 52609 | 55203 | 56835 | 58588 | 59469 | 525320 |
| Total | 94327 | 99127 | 100062 | 100657 | 104513 | 107986 | 112803 | 116599 | 120673 | 121520 | 1078267 |
| UCI | 0.5159 | 0.5167 | 0.5160 | 0.5171 | 0.5171 | 0.5158 | 0.5135 | 0.5154 | 0.5173 | 0.5134 | 0.5138 |
| M/F | 0.5127 | 0.5136 | 0.5129 | 0.5140 | 0.5141 | 0.5128 | 0.5106 | 0.5126 | 0.5145 | 0.5106 | 0.5128 |
| LCI | 0.5095 | 0.5105 | 0.5098 | 0.5109 | 0.5111 | 0.5098 | 0.5077 | 0.5097 | 0.5117 | 0.5078 | 0.5119 |
| Moslems | 2002 | 2003 | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | Total |
| M | 18439 | 18588 | 18683 | 17579 | 17560 | 17796 | 17857 | 17868 | 18481 | 18207 | 181058 |
| F | 17760 | 17841 | 17555 | 16638 | 16777 | 16776 | 17003 | 17385 | 17740 | 17040 | 172515 |
| Total | 36199 | 36429 | 36238 | 34217 | 34337 | 34572 | 34860 | 35253 | 36221 | 35247 | 353573 |
| UCI | 0.5145 | 0.5154 | 0.5207 | 0.5191 | 0.5167 | 0.5200 | 0.5175 | 0.5121 | 0.5154 | 0.5218 | 0.5137 |
| M/F | 0.5094 | 0.5103 | 0.5156 | 0.5138 | 0.5114 | 0.5148 | 0.5122 | 0.5069 | 0.5102 | 0.5166 | 0.5121 |
| LCI | 0.5042 | 0.5051 | 0.5104 | 0.5084 | 0.5061 | 0.5095 | 0.5070 | 0.5016 | 0.5051 | 0.5113 | 0.5104 |

[^0]Table 2: A comparison of $\mathrm{M} / \mathrm{F}$ for Israel $v s$ amalgamated data for the Europe and the North American Continents

|  | Europe | Israel | North America |
| :--- | :---: | :---: | :---: |
| Years | $1950-1999$ | $2002-2011$ | $1958-1997$ |
| $\mathbf{M}$ | 159194981 | 781377 | 127034732 |
| $\mathbf{F}$ | 150384968 | 742579 | 121488464 |
| Total | 309579949 | 1523956 | 248523196 |
| $\mathbf{U C I}$ | 0.5143 | 0.5135 | 0.5112 |
| $\mathbf{M} / \mathbf{F}$ | 0.5142 | 0.5127 | 0.5112 |
| $\mathbf{L C I}$ | 0.5142 | 0.5119 | 0.5111 |
| $\mathbf{C h i}$ | 13.7 |  | 15.0 |
| $\boldsymbol{p}$-value | 0.0002 |  | 0.0001 |
| M/F $=$ male-to-female ratio; M = male; F $=$ female; UCI $=$ upper $95 \%$ |  |  |  |
| confidence interval; LCI $=$ lower 95\% confidence interval. |  |  |  |


[^0]:    $\mathrm{M} / \mathrm{F}=$ male to female ratio; $\mathrm{M}=$ male; $\mathrm{F}=$ female $; \mathrm{UCI}=$ upper $95 \%$ confidence interval; $\mathrm{LCI}=$ lower $95 \%$ confidence interval.

