

Estimated Effects of Climate Variables on Transmission of Malaria, Dengue and Leptospirosis within Georgetown, Guyana

C Boston, R Kurup

ABSTRACT

Objective: To analyse meteorological data (temperature, rainfall and relative humidity) and vector-borne diseases (malaria, dengue and leptospirosis) to determine trends that may exist between and among variables within the Georgetown area.

Methods: This study took on a retrospective approach which used data from the Ministry of Health and Ministry of Agriculture, Hydro-meteorological Department to assess the true nature of the relationship between climate and vector-borne diseases within the Georgetown area. Correlation and regression analyses were done using SPSS 13 and JMP.

Results: The results yielded weak positive correlations between climate variables and vector-borne disease with strongest the correlation between *P falciparum* and *P malariae*. Leptospirosis showed positive correlation with humidity and dengue showed positive correlation with all three climate variables measured. Projections showed that with a 1°C increase in temperature, 1% increase in relative humidity and 50-mm increase in rainfall, there were significant increases in malaria and leptospirosis.

Conclusion: There have been theories that suggest a connection between climate variables and vector-borne disease, however, conclusive evidence does not exist. In the present study, the need for research that yields more unwavering results are highlighted. There is no doubt that climate variables influence vector-borne diseases. Therefore, it is recommended that an interdisciplinary approach be taken to ensure reliability and foster a better understanding between climate variables and vector-borne disease.

Keywords: Climate change, dengue, leptospirosis, malaria

INTRODUCTION

Climate affects infectious diseases that are transmitted via contaminated water or food. In poor countries, for instance, water-related diseases are especially a problem because of inadequate sanitation. When floodwaters become contaminated with human and animal wastes, the occurrence and often outbreak of disease occurs, eg, leptospirosis (1). It has already been established that a relationship exists between rainfall and diseases spread by insect vectors, which breed in water and as such are dependent on surface water availability. Natural disasters including floods, tsunamis, earthquakes, tropical cyclones (eg, hurricanes and typhoons) and tornadoes have been secondarily described with the following infectious diseases,

including diarrheal diseases, acute respiratory infections, malaria, leptospirosis, measles, dengue fever (DF), viral hepatitis, typhoid fever, meningitis, as well as tetanus and cutaneous mucormycosis (2).

Malaria is noted to be among the diseases listed as sensitive to climate change (3, 4). Dengue fever and dengue haemorrhagic fever (DHF) outbreaks occur in the most tropical and subtropical regions and are the most important emerging arboviral diseases worldwide. The endemic area for dengue extends over 60 countries (5, 6). Leptospirosis is considered to be widespread in many tropical countries, including the Caribbean region and Central and South America (7–9). Most often, the outbreaks occur after severe flooding due to the increased contact with contaminated water (10–12). In Guyana,

leptospirosis has been detected in humans and livestock, but prior to 2005, no outbreaks had been reported (10, 13–15). The 2005 floods in Guyana saw 34 deaths being attributed to leptospirosis (16).

Diseases such as malaria and dengue are notably affected by such variations, as the mosquitos need access to stagnant water in order to breed. However, both wet and dry conditions favour mosquitoes, for example, heavy rains can create as well as wash away breeding sites, although on the other hand, droughts can increase breeding sites by stagnant water accumulation. Vector-borne disease transmission is sensitive to temperature fluctuations also; increases in the temperature reduce the time taken for vectors to breed. Furthermore, increased temperature also decreases the incubation period of the pathogen, resulting in the vector becoming infectious in a shorter time (17). Climatic variations are seen as a major contributor to leptospirosis and because of the transmission routes, increased rainfall often times leads to increased human exposure (18) through both increased survival of the bacteria in the environment and increased exposure of humans to surface water (19). Extreme climatic events and floods have frequently been associated with leptospirosis outbreaks (20, 21). Rainfall also leads to larger rodent populations, further contributing to increased environmental contamination (22). This study therefore aims to identify relationships between climate variables and vector-borne diseases.

SUBJECTS AND METHODS

A retrospective approach was employed to gather information in relation to the prevalence of malaria, dengue and leptospirosis as well as the three climate variables being investigated (temperature, rainfall and humidity). Data relating to temperature, rainfall and relative humidity were collected from the Ministry of Agriculture between 2009 and 2014. The Ministry of Health provided information on the incidence of malaria, dengue and leptospirosis over the same time period. All statistical analyses were done using the Statistical Package for Social Sciences (SPSS) version 13 and JMP software. The permission to conduct this research was approved from the Ethical Review Board of Ministry of Health.

RESULTS

Data provided from the Ministry of Agriculture for the study period of 2009–2014 revealed that there was a mean rainfall of 2309.63 mm with the highest amount of rainfall recorded in 2010 (2565.2 mm). Temperature showed a mean of 27.37°C with 2010 recording the

highest temperature (27.9°C), whereas the highest recorded relative humidity was noted in 2009, 2011 and 2013 (78%). Relative humidity for the study period had a mean of 77.50% (Figs. 1 and 2).

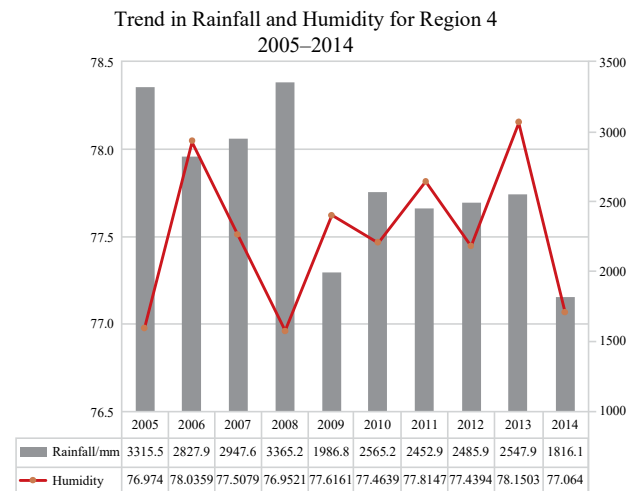


Fig. 1: Observed variations in rainfall and humidity over the course of the study period (2005–2014).

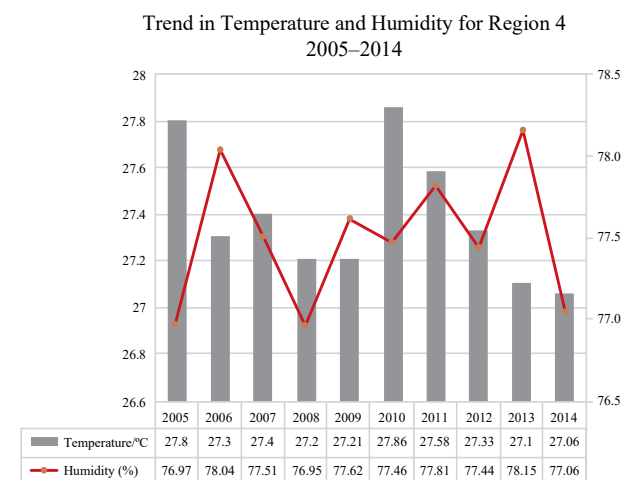


Fig. 2: Observed variations in temperature and humidity over the course of the study period (2005–2014).

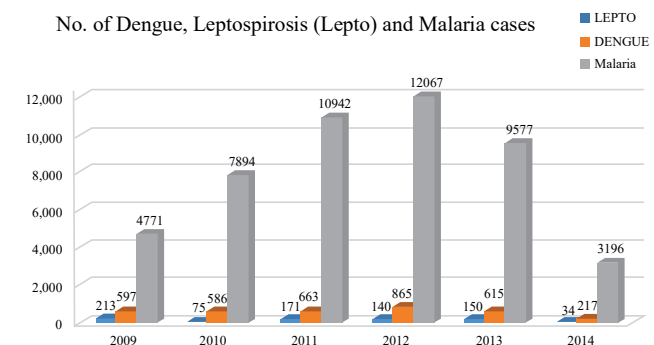


Fig. 3: Chart showing the total number of dengue, leptospirosis (Lepto) and malaria cases for the period 2009–2014.

For each consecutive year, the incidence of malaria recorded the highest frequency followed by dengue and leptospirosis, respectively. The highest annual total for malaria was recorded in 2012; in the same year, dengue recorded the highest frequency followed by leptospirosis in 2009 (Fig. 3). Incidences of dengue showed a weak positive correlation with humidity ($r = 0.2$) and temperature ($r = 0.1$). However, the strongest association was seen in relation to dengue incidences and rainfall ($r = 0.7$) (Fig. 4). The strongest relationship was noted between leptospirosis and humidity ($r^2 = 0.6$), whereas a negative relationship was observed between leptospirosis and rainfall ($r^2 = 0.01$) and leptospirosis and temperature ($r^2 = 0.0001$) (Fig. 5).

Figures 6–8 illustrate the relationships between different malaria species and climatic factors, including humidity, temperature and rainfall.

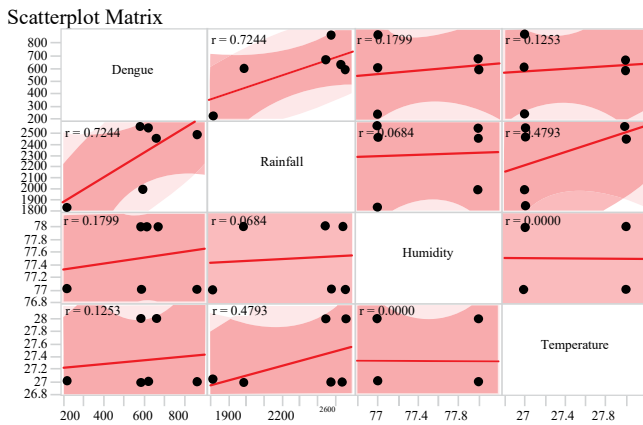


Fig. 4: Graphical comparison of dengue with rainfall, humidity and temperature.

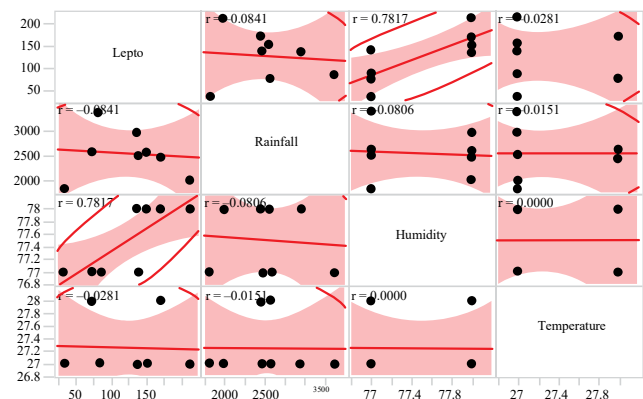


Fig. 5: Graphical comparison of leptospirosis with rainfall, humidity and temperature.

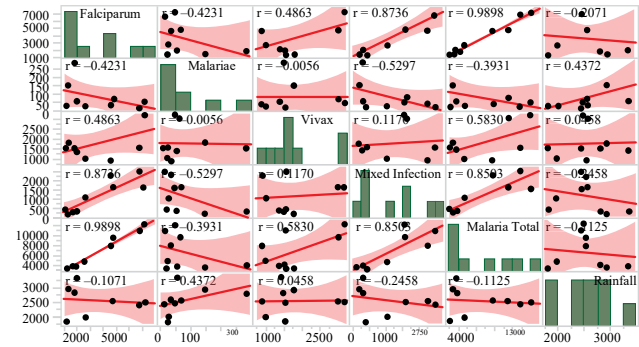


Fig. 6: Graphical comparison of malaria species with rainfall.

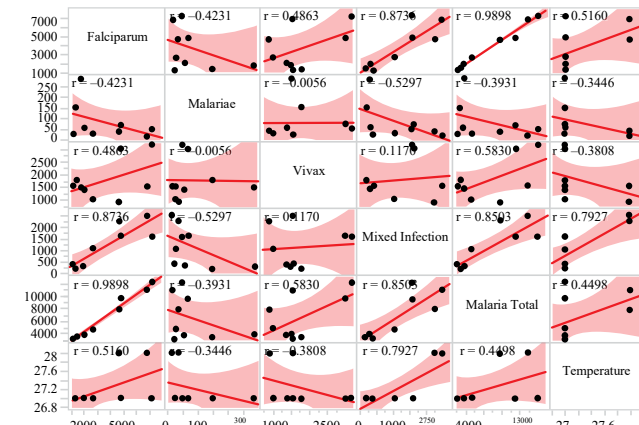


Fig. 7: Graphical comparison of malaria species with temperature.

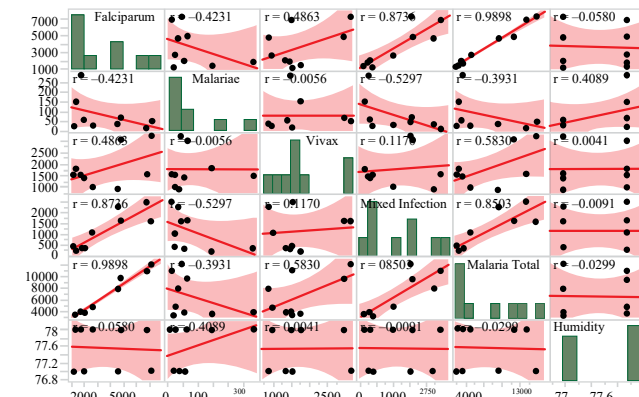


Fig. 8: Graphical comparison of malaria species with humidity.

DISCUSSION

This study has echoed the conclusion of most studies which suggest that either temperature or rainfall favours the increase in dengue, specifically the increase in rainfall. Scientific confirmation exists to show the relationship between climate variables, temperature and rainfall, and dengue (23, 24). A Similar study done in Singapore on incidences of dengue along with vector population in addition to climatic conditions showed that with an increasing temperature, incidence of dengue increases by 8–20 weeks (25). Contrary to projections

made for malaria, the data showed that with an increase of any of the climate variables there would be a decrease in the incidence of dengue.

The strongest relationship in our study was noted between leptospirosis and humidity and a negative relationship was observed between leptospirosis and rainfall and leptospirosis and temperature. This, however, goes contrary to other published studies which showed strong correlation between leptospirosis outbreaks and rainfall (26, 27). Humans become more exposed when environmental conditions, such as wet and hot, that favours *Leptospira* survival persist (28).

A sharp decline in the total malaria incidences was seen after 2012, which showed the highest recorded incidence of malaria for the period. Furthermore, the prediction model used, illustrated considerable increases likely due to rainfall and humidity. However, it should be noted that climate variability does not entirely influence malaria transmission. Factors such as social, biological, vector control measures, ecological settings, study population, population immunity and drug resistance have very influential roles in malaria transmission (29). This information, however, was not used in this study, and lack of should not diminish their importance in truly understanding every dimension of malaria transmission in relation to climate variability. Furthermore, the data collected did not reflect whether the cases identified were duplicates as this can lend to the increase in recorded cases of malaria. In addition, limited or lack of diagnostic capabilities in other regions could possibly account for the increase in total malaria cases.

CONCLUSION

In recent years, the ability to predict local and regional weather, in terms of accuracy, has rapidly been improved due to advances in technology. This has allowed a better understanding of the interaction between climate and the temporal–spatial distribution of vector-borne diseases as well as stimulating research interest in epidemic prediction modelling. It is recommended that an interdisciplinary approach be taken to ensure reliability and foster a better understanding of the relationship between climate variables and vector-borne disease.

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