

# **Elsa Leo Rhynie Hall Programmes**

## **Sports And Vibes**

The division "sports and vibes" is a significant division that is central to the uplifting and betterment of the ELR "Towers" Hall. Headed by Omari Green and assisted by three other resident advisors, these individuals are committed to upholding the standard of excellence that began in September 2012. The Sports and Vibes division is divided into two main sub divisions; namely intramural sporting events and inter-tower sporting events. It is important to note that when the two are combined, it provides opportunities for individuals to develop personal honour and self-esteem in a disciplined team environment.

Being one of the newest halls on the UWI, Mona Campus, the Elsa Leo-Rhynie hall has excelled in many areas and has carved out its own place of recognition within the broader university community. The hall hosts some of the university's brightest and most vibrant minds and over the years, we have meticulously and stridently made efforts to tap into that reservoir of brilliance and vibrancy to unlock not only success for the hall as a community but most importantly for students to unlock their truest potential and the best versions of themselves. Though we still have much more to accomplish as a hall community, I think we have delivered on that promise and mission to our students, of motivating them to unlock the best versions of themselves. Our students have excelled to the highest in more than 15 sporting activities on campus, to being crowned Halls of Halls for the captioned academic year. We salute them as the hall's successes are anchored in their actions and strengths. It has been the work of all Towerites (resident and commuting as well as past Towerites) whose cumulative efforts culminate at our distinguished accomplishments.

## **Safety and Security**

We understand that safety and security is very important to students and their families and when charged with providing a living space for persons, outside their homes, it is of utmost importance. Whether it is in a Hall or off campus, The Elsa Leo-Rhynie Hall is committed to the safety of our students. Housing

approximately 600 students, it is no easy task in ensuring the safety and security of everyone. However, the team of Resident Advisors in charge have taken up the mantle and have numerous initiatives planned for the year to engage students, giving them the tools to ensure their own safety and providing monitoring systems to ensure their safety.

## **Leadership And Communication Academy (LCA)**

The Leadership and Communication Academy is a distinguished institution that focuses its attention on developing transformational leaders and effective communicators.

In recognizing a deficit in the representation of the Elsa Leo-Rhynie Hall in premier leadership positions at the UWI, an objective of the Academy is to mobilize, motivate, equip and prepare Pathfinders (academy members) to contend for, acquire, and effectively serve within these leadership positions.

In general, the Academy aims at positively enhancing the leadership and communication skills of its members. Pathfinders must be positive role models by exhibiting essential qualities to be adopted by the rest of the wolf pack. They must be agents of social change and advocates for all Towerites. With the understanding that the “ELR Hall is the hub of everything good on the UWI campus,” Pathfinders must represent the good values, morals and vision of this noble Hall.

The programmes cover some important aspects of leadership but also involve programmes for the members’ personal development. In aligning the programmes with the objectives of the Academy, the organizers also use the opportunity to teach the members life skills. The objectives of the programme are as follows:

- To develop the leadership skills of the residents of the Elsa Leo-Rhynie Hall

- To provide the avenue for residents who consider themselves established leaders to hone their communication skills
- To ultimately be the source of leaders for different leadership capacities on campus
- To provide residents with an avenue for personal development

## **Towers Student Tribunal**

The mission of the Tribunal is to unlock and unearth academic integrity and the advocacy potential in our students by creating a space for greater exposure to the law of the land and the codes, Charter, Statutes, Ordinances and regulations of the University. It aims at meeting a critical need of our law students by providing the platform for growth and development that is required for the profession.

The Tribunal caters to all law students living in and attached to the ELR Hall. The students (referred to as Advocates) are exposed to meaningful qualitative out-of-classroom development through real life courtroom and mock trial experiences.

## **The First Year Experience**

The First Year Experience (FYE) Programme is designed to help students transition into the University of the West Indies. The FYE sessions are designed to challenge and support students in first year and give them the opportunities that will assist them in achieving academic goals. As a distinctive graduate of the UWI one needs to have the good grades but they also need to have transformative experiences that extend beyond learning in the classroom and FYE provides the road map to achieving this.

## **ELR Towers Honour Society**

The Elsa Leo-Rhynie “Towers” Hall Honour Society is a closed group on Hall consisting of students who were able to attain a GPA of 3.6 and above during a semester or cumulatively. The Society was created as a way to encourage these

students to continue to aim high and achieve more while encouraging other members of the Hall to aim for 3.6 and over as well.

### **ELR Debate and Oratorical Society**

The ELR Towers Debate and Oratorical Society acknowledges the sport of debate and the importance of public speaking. Debate, like chess, engages the mind predominantly to compete versus physical exertion (although that may at times be secondary). Public Speaking, on its own and in the realm of debating requires skill and competency and provides entertainment whether at the novice or professional end of the spectrum.

Thus, for Towerites, the Society provides a forum for the above skills needed to be improved and for one to enjoy the art of voicing opinions coherently and confidently.

### **Club Excursion**

When was the last time you did something for the first time? CLUB EXCURSION is here to provide you with that break from school to go out and have fun. We have been around on the UWI campus for merely two years and in that short span of time; we've built a reputation of unique, innovative and high energy events. We aim to become the premiere club for entertainment, creating highly anticipated events and we wish to have your support.

### **Environmental Society**

The ENVIRONMENTAL SOCIETY is a community where budding environmentalists can foster and create a greater impact on the local, regional and international community. We promote environmental awareness and offer practical solutions to environmental issues.

### **Towers' chess society**

TOWERS' CHESS SOCIETY is the ideal place for lively minds seeking stimulation. We pride ourselves on our ability to help develop our members, not only into first rate chess players, but also into outstanding students. The very nature of chess makes this possible. It helps develop cognitive ability, encourages self-

assessment and teamwork and demonstrates the importance of studying and preparation. Help us help you and join us today!

## **Towers' Performing Arts and Cultural Kaleidoscope**

Towers' Performing Arts and Cultural Kaleidoscope aka T-PACK is all about providing an outlet for Towerites to express themselves through the various art forms. We provide five dynamic clubs to not only sharpen the skills of our members but foster healthy socialization too. Whether it be through dance, drama, visual arts, music or even event planning, T-PACK is the perfect fit for you. This year T-PACK intends to take on the responsibility of bringing awareness to mental wellness. We're excited to show just how impactful the arts can be in combating mental illnesses while growing in members and gaining more exposure throughout the campus. We can't wait to have you guys join us and be a part of the change that the arts can and will bring.

## **Towers' Dramatic Arts Society**

Calling all kings and queens of drama! TDAS is here with a spotlight for you. Join us as we help you hone your dramatic skills and become the next big star. Here you will all get the chance take the stage and make it your own.

## **Towers' Dance Society**

TDS brings you all genres of dance. Come be a part of a group that can take you around the world with just the rhythm flowing through your bodies and flexibility of their limbs. If you've got the moves or you just want a fun way to stay fit TDS has your back.

## **Towers' Event Planning**

Are you great at organizing and coordinating? Do you want to learn to be? This club is a great way to get involved in the integration of all the arms of T-PACK. Come be a part of the club that helps make all T-PACK events successful while teaching you how to be a well-rounded individual. We can't wait to have you. See you all soon!

## **Towers' Musical Expressions**

The Award-Winning Choir invites you to join us as we continue to defend our title as the “2018 Winners of the Rex Nettleford Hall’s Annual Choir Fest”. If you’re a lover of music; you can sing and/or play instruments, or you just have a good musical ear, then come on board with us. We’ll teach you what it really means to be disciplined and be a part of a champion team.

### **Towers’ Visuals & Designs**

If you are passionate about drawing, painting or graphic designing, this club is all you need. We encourage creativity here in TVD and this is the perfect place to showcase it. You’ll also play an integral part in executing activities that take place right here on hall. Come join us as we add our creative touch to Towers.

### **Towers Student-Athlete Development Program (T-STAD)**

Towers Student-Athlete Development Program (T-STAD) is geared towards advancing our student athletes through the optimal development of physical, motor, social and intellectual skills. T-STAD in its design will support student athletes with the main aim of producing the holistic university graduate out of our student athletes through a robust and organized program that will seek to, motivate, educate and perpetuate the desirable characteristics our athletes possess.

### **The ELR Guardian Society**

Through developing and maintaining positive connections with alumni and each other, The ELR Guardians Hall Alumni Association strives to inspire a lifetime of loyalty to the ELR Guardians and by extension the University of the West Indies.

The ELR Guardians hall alumni association is dedicated to enhancing the connection between students past, present and future. It is our goal to create a university that fosters a sense of community and instils in its students a lifelong commitment to their alma mater. The ELR Guardians hall alumni association will

help to create a culture of philanthropy on campus by encouraging students to participate in programs that inspire a positive volunteering and giving culture.

## **Health and Wellness**

Health and Wellness is about being in a state of complete physical, mental and social well-being and having both the ability and desire to attain optimal health. University life can be very taxing on one's health and wellness, especially that of first year students who among everything else is faced with adjusting to a completely new environment. With all these factors to contend with, the unfortunate case of self-neglect is a recurrent factor among too many of our students. It is on this premise that the Health and Wellness society seeks to impose itself. Through new, innovative and engaging means the society helps our residents to not neglect one of the most important aspect of their lives as they seek to become the distinguished university graduates.

## **Towers Courtesy Society**

We are the Towers Courtesy Society and it's our pleasure to welcome you to the best hall on campus, the Elsa Leo-Rhynie Hall. I'm sure you saw our friendly faces just as you arrived on the first day, we represent our wolves and polish the fur of the pack. ELR Towers' Courtesy Society aims to promote awareness of proper protocol, service and soft skills for personal development in residents. The society seeks to create awareness and value of service to community while portraying excellence.

## **Towers Cheerleading Squad**

The ELR Cheerleading Squad is a team of talented male and female residents and Kappa's who engage activities wherein the participants referred to as "cheerleaders" cheer for their team as a form of encouragement to motivate sports teams, to entertain the audience, or for competition. It is the objective of the team to develop poise, coordination and above all self confidence in all

members; to foster team work; provide the basic skills, encourage teamwork, good sportsmanship both on and off the field and to create a safe, positive, and supportive environment so that every member has a great experience.

## **UWI OneLife**

The UWI OneLife Outreach Programme is a student-focused organization which targets vulnerable groups in Jamaica and regionally, including but not limited to the elderly, orphaned homeless etc. The theme of the group is and shall always portray: "Helping 1 life... Starts with you". The group and its associates understand the importance of positive social contribution. By partnering with organizations in the private sector, government, NGOs/Development agencies and civil society, the group strives to implement social enterprises which will increase support for the future and present generations in the Jamaican society, thereby improving the standard of living of the citizens.

## **Towers Entrepreneurship Society**

The Towers Entrepreneurship Society aims to encourage, educate and connect individuals through entrepreneurship. We want them to develop themselves, take ideas into creation and build and expand their networks.

through empowering, fostering and developing the youth in becoming the seeds of the future and tomorrow's leaders. Being an entrepreneur is so much more than owning and running a business, thus, we wish to develop and enlighten our future's wellbeing, through empowering, fostering and developing the residents of the hall in becoming tomorrow's leaders.



## **Towers Medical Society**

The Towers Medical Society has multiple goals but primarily functions as a medium by which senior medical students can mentor junior medical students. This is done through the sharing of knowledge, resources, advice etc. Additionally, we seek to educate and bring awareness to various common health issues and provide workable solutions for the campus population.