Leslie Robinson Hall Programmes

Co-curricular Programmes

Co-curricular refers to activities, programs, and range of opportunities for students to develop socially, personally, & professionally as a complement to the formal academic experience:

Orientation

This programme is designed to introduce our first year residents to the hall community and the rich culture that exists at the university. Our residents will bond with each other through intentional events, thus becoming familiar with each other, the campus and the resources available to them.

First Year Experience (FYE)

The FYE is a development programme aimed through combination of social and academic activities to help first year residents adjust responsibly to the challenges of university life and to maximise their potential for academic success

Academic Support

The Academic Support programme is designed for the smart resident; someone who desires excellence and wants to maximize their full potential. The programme is about creating fulfilling academic experiences and is a blend of powerful motivational workshop series, faculty consultations and meal support.

Leadership

The LRH is the hub of many leadership activities. The UWI has produced a myriad of local and regional leaders and is ready to groom the next generation. Our leadership programme helps residents realise their true leadership potential and is augmented with seminars, simulations and networking sessions.

Clubs and Societies

Clubs and societies are dedicated to developing the quality resident. The LRH currently has approximately four functional clubs that are designed to suit your varied tastes and interests. We take pride in nurturing a rounded resident; through our various activities you will be exposed to outreach, advocacy, sports and host of other such disciplines.

Outreach

A strong value for the phoenix is social responsibility. The LRH in concert with other halls and the Guild of Students participates in several activities ranging from relief initiatives to awareness surrounding cancer and healthy lifestyle etc. The Hall also has a special Christmas activity where we visit a children's home providing gifts of time and care to children in the facility.

Sports

We offer a variety sports to enhance your experience while keeping you healthy and focused. Become involved and make your mark among the Phoenix by participating in volleyball, badminton, swimming, basketball and football.

Health & Wellness

The LRH epitomizes a positive worldview, and its health and wellness programme is a testament to such. Our residents enjoy leisurely evenings doing zumba, hikes, 5K runs, fitness challenges, cycling and yoga to name a few. All you need to do is sign up for any of these activities and you're on your way to a fit and healthy lifestyle.

Culture & Entertainment

The LRH prides itself as the most culturally diverse hall on the UWI campus with eighty per cent of its residents coming from the various Caribbean islands. This blend of Caribbean, local and international flavours lend itself to a unique 'LRH Culture'. The hall provides a myriad of activities to foster this experience such diversity week, which highlights the cultures and countries in the hall, as well as vibrant monthly lymes to foster interaction and relaxation.

As one of the newer halls on campus, the Leslie Robinson Hall (LRH) strides to make its mark as the Phoenix Flame continues to burn bright. Getting involved on hall is one way that phoenixes blaze. As our Hall Motto states: Together We Soar, Together We Glide. Ever Blazing Phoenix Pride

Below is a list of all committees on hall where students build on the LRH culture

Culture and Entertainment Affairs Committee (CEAC): This committee is responsible for planning and executing all cultural and entertainment vents on hall.

Publications Committee: This committee leads the charge in keeping residents informed by spearheading the use of multimedia on hall. This includes photography, videography and publications like the Phoenix Buzz.

Games Committee: This committee is responsible for organizing all internal sporting events and other activities. If sports are your passion, this committee is the one for you.

Public Relations Committee: This committee entails being the face and voice of the Leslie Robinson Hall. By using various channels such as social media, to allow for inter and intra-personal communication.

Health and Wellness Committee: This committee aims to foster both healthy and sustainable lifestyles for the students of LRH, by helping residents to reach their fullest potential via balance, which encompasses the physical, mental and social aspects of health.

External Affairs Committee (EAC): The external affairs committee believes in the act of self service for the betterment of others, and as such handles initiatives with regards to outreach or charitable ventures.

Food Committee: The food committee strives to provide incredible tasting foods that also showcase the diversity of Caribbean cuisine at a modest price in a welcoming environment, all while cultivating a consistent presence amongst residents.

Academic Support Committee: This committee aims to provides the academic

support the residents of LRH require, especially around exam season.