

Rex Nettleford Hall

CLUBS AND SOCIETIES, PROGRAMMES

1. First Year Experience (FYE)

The First-Year Experience (FYE) Programme is geared towards aiding in the holistic development of each First-Year Student that passes through the Rex Nettleford Hall. It aims to ensure that each student gets the necessary academic counselling, cultural exposure and social etiquette to transition successfully through their First Year. The main objectives of the programme are as follows;

- Foster student development by supporting all First- Year students in their academic and personal growth.
- Ensure that each student has the necessary tools and guidance to aid in becoming the ideal UWI graduate.
- Expose students to sporting and special clubs and societies to ensure that they develop holistically.
- Help students become an independent self by encouraging responsibility for learning and awareness of self.

2. Rex Nettleford Hall Choir

The RNHC offers a wholistic music programme to the residents. Students are given an opportunity to develop their skills in the areas of voice, instruments, conducting, arranging and composing. One (1) general audition is held per semester, however, students are welcomed throughout the academic year. Additionally, workshops are held once each semester to offer training in areas such as chorale blend, tonal quality and sight singing. One of the major events, choir fest, will be held in semester two of the academic year. This, along with other performances such as the RNH performing arts showcase, gives students exposure to theatre and an opportunity to grow as performers.

3. Dramatic Arts Society

This Society is designed to give students a full theatre experience in dramatic arts. There is room for everyone here both the bold and timid as this is where talent is developed and improved. This society teaches and expose students to theatre etiquette and several genres of drama. Activities include:

- Directing
- Stage management
- Public speaking
- Acting

4. Dance Society

This society expose students to various genres of music and dance as well as costume design and stage management. Apart from rehearsing for competitions and performances this society meets on a weekly basic to have dance sessions geared towards developing the art of performing and learning different forms of dance inclusive of:

- Jazz
- Modern
- Lyrical
- Hip Hop
- Contemporary
- Dancehall

5. Jazz and Blues

This initiative was crafted to expose students of Rex Nettleford Hall and the wider campus to a musical event separate from the norm at the UWI. This show despite the name goes beyond just Jazz and Blues live performances and give students on hall with a promising career in music a chance to showcase their talents. Over the years the event is well received not only the locals but is loved and supported by regional and international students.

6. Uber Fashion

Uber fashion was crafted to allow students on hall both potential and professional models and designers to showcase their talents and designs. Given the calibre of talent of both designers and models at this event, potential customers and models agents are given a chance to network with the students.

7. Miss Rex Netteford Hall Pageant

This pageant is one skewed towards talent and intelligence. Contestants spend a month together learning and developing their talents as well improving their social awareness. Special activities of this pageant include:

- Courtesy call
- Children's Home visit
- Photo shoot
- Academic essay
- Current affairs and personality interview

8. Iron Chef

This is a cooking off against clusters. Each year clusters are given a secret ingredient and a theme. They are then judged based on presentation, incorporating the theme and secret ingredients and of course taste. Cooking and decoration are done live on the day of the competition with a vibrant audience and host. Caribbean and international students bring their unique styles, flavors and spices to the judging table.

9. Literacy in Numeracy, Values and Attitudes (LINVAT)

The Literacy, Numeracy, Values and Attitude (LINVAT) Programme is a mentorship programme through which Rexans assist students from the surrounding communities with the skills required for competency in numeracy and literacy, as well as, teaching positive values and attitudes. In addition, students are assisted with school projects and assignments. The programme caters to children between the ages of 7 – 16 years.

10. Mona Rehab

The Rex Nettleford Hall and the Mona Rehabilitation Centre has an ongoing partnership where Rexans visit on a bimonthly basis to inspire and empower members of the facility. The Mona Rehabilitation Centre, now known as Sir John Golding Rehabilitation Centre takes a multidisciplinary approach to the rehabilitation process and Rex plays a vital role in adding a creative synergic element.

11. Breast Cancer Walkathon

The Breast Cancer Walk-a-thon is the annual flagship charity fundraiser of the Rex Nettleford Hall External Affairs Committee. Volunteers walk, not only to raise funds, but also to raise awareness about Breast Cancer prevention and early testing.

12. White Glove

The White Glove Society is an elite team of ushers from the Rex Nettleford Hall of Residence. They cater to the ushering needs of a vast array of Hall, University and state functions. They answer to Church services, Ceremonies and other functions as experienced Front of House personnel. This is another of the special arms of the Rex Nettleford Hall's Volunteerism and Civic Engagement portfolio.

13. Health Safety & Emergency

The Health, Safety & Emergency portfolio deals with the overall coordination of the Health, Safety and Emergency activities of the Hall of Residence. This includes:

- The promotion of wholistic health education and healthy behavior,
- The establishment of a culture of safety inclusive of personal and property safety and
- The development of emergency protocols, response and awareness

The core objective is to ensure that all resident of the hall is healthy, safe and adequately equipped to respond in the case of an emergency.

14. Entrepreneurship Club

The Entrepreneurship Club of the Rex Nettleford Hall of Residence core mandate is to act as a facilitator to harness the innovative and responsible entrepreneurial potential of residence of the hall. The club aims to build an ecosystem of thriving entrepreneurs by connecting them with the right people and resources to help each entrepreneur to build a scalable and sustainable business venture.

15. Public Speaking and Debating Society

The Rex Nettleford Hall Debate and Public Speaking Society aims to engage students in intellectual discourse that will develop their critical thinking and oratory skills. The Rex DPSS meetings are held bi-weekly on Thursdays at 9pm. At these meetings students are exposed to the British Parliamentary Style of debating which requires them to be quick thinkers. They are also engaged in numerous activities that improve their higher order thinking skills, enhances their ability to structure and organize their thoughts as well to form balanced and informed arguments. Ultimately, our students are well equipped and their analytical, research and note-taking skills are sharpened. Likewise, through our public speaking seminars students are given the opportunity to become good orators. The society aims to foster the personal development of our students, to boost their level of confidence and to improve their overall communication skills.

16. Academic Support Unit

The Rex Nettleford Hall Academic Support Unit provides supplemental tutorial sessions to our students with the aim of fostering greater academic achievements. The Rex ASU does this by engaging well trained and professional tutors who are qualified to meet the individual needs of our students. We also provide consultation times outside of scheduled tutorial sessions to do follow-ups on the progress being made by our students, as well as host motivational and educational sessions that will aid in their holistic development. Ultimately, The Rex Nettleford Hall Academic Support Unit aims to assist our students in achieving “Rexcellence”.

17. Sports

The sports portfolio of the Rex Nettleford Hall is responsible for overseeing all the intramural and inter-hall sporting events. In an attempt to create well rounded individuals, the portfolio runs several internal sporting and gaming events with the hope that Rexans will develop the key attributes that accompanies participation in these events. We strive to ensure that Rexans develop attributes such as good team work skills, honesty, integrity, fair play and sportsmanship while enhancing their competitive spirits and knowledge of individual sports. Additionally, with the rising level of deaths within the region and the world, which is caused by non-communicable diseases, a high level of importance is placed on physical fitness as a deterrent to these diseases and as a means of escaping the stresses of a tedious college life. The sports portfolio ensures that mechanisms are in place to ensure all Rexans have access to a space for exercise and also to have fun. Through programs such as Work Out Wednesdays and Games Night we stress the importance of having some level of physical activity as a part of our day, especially as a young college students who study frequently.