




THE UNIVERSITY OF THE WEST INDIES, MONA CAMPUS

UWI MONA STAFF & STUDENT Wellness Survey 2009

Background: The University Health Centre has received funding from the Principal's New Initiative Fund to conduct a survey of health and wellness among University staff and students. Persons will be randomly selected for participation in the survey.

1. **Survey objectives:** The survey aims to assess the health status of University staff and students and determine how many persons are affected by lifestyle-related diseases (e.g. diabetes, high blood pressure, obesity, etc.).
2. **Target group:** UWI staff & students
3. **Confidential nature of survey:** All information provided by survey participants will be held in the strictest confidence. This information will ONLY be used for the purpose of assessing your health and referring you for care and treatment where necessary.
4. **Survey period:** October 2009 - March 2010
5. **How will this benefit you?:** You will learn more about your own health; the University will use the information to guide health education programmes and policy.

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The Health Centre
'Promoting wellness on the Mona Campus.'