THE UNIVERSITY OF THE WEST INDIES

Semester I ☑  Semester II ☐  Supplemental/Summer School ☐

Examinations of December ☑  /April/May ☐  /July ☐  2007

Originating Campus: Cave Hill ☐  Mona ☑  St. Augustine ☐

Mode: On Campus ☐  By Distance ☐

Course Code and Title: PS28A: INTERPERSONAL DYNAMICS

Date: Wednesday December 12, 2007  Time: 4:00pm – 6:00pm

Duration: 2 Hours.  Paper No:

Materials required:

Answer booklet: Normal ☐  Special ☑  Not required ☐

Calculator: Programmable ☐  Non Programmable ☐
(Where applicable)

Multiple Choice answer sheets: numerical ☐  alphabetical ☐  1-20 ☑  1-100 ☐

Auxiliary/Other material(s) – Please specify:

Candidates are permitted to bring the following items to their desks:

Instructions to Candidates: This paper has 2 pages & 6 questions.

Candidates are reminded that the examiners shall take into account the proper use of the English Language in determining the mark for each response.

ANSWER ANY TWO (2) QUESTIONS

1a. “The interpersonal designates a quality of contact that emerges between people whenever they are able to highlight in their interaction aspects of what makes them human” (Stewart, 1999). Discuss this statement in light of the three functions of communication as purported by Adler, Proctor II and Towne (10 marks)

AND

1b. “Interpersonal style is central to human relationships” (Gerard Egan, 1978). Define interpersonal style and with illustrations discuss four (4) categories outlined by Egan that is significant to you. (10 marks)
2. Discuss each of the following concepts with illustrations (20 marks)
   • The ABC model of Rational Emotive Behaviour Therapy according to Albert Ellis.
   • Two debilitative emotions – the fallacy of perfection and the fallacy of approval.

3a. Using illustrations, discuss how “self talk” can be used as a tool to enhance one’s positive self-esteem and facilitate self-development. (10 marks)

   AND

3b. Self-monitoring can be measured along a continuum. What are the advantages and disadvantages for someone who scores very low and high on this dimension (that is, a low and high self-monitoring individual). (10 marks)

4a. “We usually see things we are looking for – so much that we sometimes see them where they are not” (Eric Hoffer). Discuss this statement highlighting three factors that influences perception, namely, the perceiver, situation and target. (10 marks)

   AND

4b. Give an account of one significant event in your life that has impacted on how you see yourself and others. Analyse your attitudes and behaviours from an interpersonal perspective, using one theory of development and one learning theory to show why this event is significant. (10 marks)

5a. Explain with examples three ways in which self-disclosure may be used to further enhance personal relationships. (10 marks)

   AND

5b. Discuss four factors that influence attraction and state their levels of importance to you in forming relationships. (10 marks)

6a. “In every relationship, different situations call for different conflict styles”. (Adler, Proctor & Towne, 2005). Discuss two distinct situations that you would apply two different conflict styles. (10 marks)

   AND

6b. Give three reasons, as outlined by Adler, Proctor II and Towne, why the Win-Win problems solving technique is not often used. (10 marks)

   End of Paper