



## THE UNIVERSITY OF THE WEST INDIES

### Mona Campus

# NOTICE TO STUDENTS

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- The University of the West Indies, Mona has identified three confirmed cases of Influenza A (H1N1) among members of the student population. The affected persons and others with flu-like symptoms have been isolated. Most persons have mild symptoms and many have already recovered. The Public Health staff of the Ministry of Health have visited the Campus and instituted the necessary public health measures.
- **Classes are being held as scheduled, beginning Monday, September 7, 2009. However, meetings and social events have been postponed for the next seven days to minimise the risk of spreading the flu.**
- **All students with flu-like symptoms should stay away from classes and remain in their home or dormitory until at least 24 hours after they no longer have a fever.**
- If you have flu-like symptoms, advise the Student Services Manager of the hall to which you are assigned, or the University Health Centre, so that appropriate arrangements for care may be made.
- If you have flu-like symptoms and live relatively close to the Campus, go home and limit contact with other persons. Transportation to your home may be provided but you must make this request through the relevant Student Services Manager.
- Students with flu-like symptoms who miss classes will not be penalized; however you must produce a medical certificate to support your case.
- **Students are reminded of your personal responsibility to help slow the spread of the flu virus. The best way to protect against the flu is to adhere to the following guidelines:**
  - (a) Wash hands frequently with soap and water or use a sanitizer.
  - (b) Use paper towel (tissue) to cover nose and mouth when sneezing or coughing.
  - (c) Avoid close contact with persons with flu like symptoms e.g. handshaking, hugging or kissing.
  - (d) Contact your health provider if you are experiencing severe flu symptoms, especially if you have travelled abroad recently or have been in contact with persons who have travelled to countries known to have documented cases of Swine Influenza.
  - (e) Get sufficient rest and increase your intake of fluids.

September 7, 2009