

CARIBBEAN INSTITUTE OF MENTAL HEALTH AND SUBSTANCE ABUSE (CARIMENSA)



Professor Emeritus Frederick W. Hickling
Executive Director

INTRODUCTION

The Caribbean Institute of Mental Health and Substance Abuse (CARIMENSA) was established as a Centre within the Faculty of Medical Sciences in February 2006 with supportive relationships to the Section of Psychiatry in the Department of Community Health and Psychiatry. The Executive Director of CARIMENSA is Professor Emeritus Frederick W. Hickling of the Department of Community Health and Psychiatry.

PRIVATE/PUBLIC PARTNERSHIP

CARIMENSA has engaged in a private/public partnership with Psychotherapy Associates Ltd, one of the leading private medical research

organizations in Jamaica (Figueroa & Henry Lee 1998). This collaboration has facilitated the development of CARIMENSA as a self-sustaining organization within the UWI, in keeping with its remit from the F&GPC UWI. Psychotherapy Associates Ltd. has provided office and classroom facilities, administrative and utility support for this fledgling UWI Institute.

WORK OF THE DEPARTMENT

Teaching

DM (Psychiatry) Thesis supervision. Comparison of Community Based care against Inpatient Care for Acute Psychosis in First Episode Schizophrenia. Dr Danielle Nelson

Service/Research

Grand Challenges Canada “Countering youth and urban violence with a community engagement cultural therapy program in Kingston, Jamaica” May 2013.

PRESENTATIONS MADE AT MEETINGS

- **Frederick W. Hickling.** UWI Medical Conference: Owing Our Madness: A Narrative of Survival, November 5–7, 2013.
- **Frederick W. Hickling.** Caribbean Child Research Conference: Dream-A-World Cultural Therapy ‘Scale-up’ intervention for school-aged high-risk primary school Jamaican children, November 6–7, 2013
- **Frederick W. Hickling.** Turning the World Upside Down Event- The Dream-A-World Cultural Therapy intervention for promoting resilience in High Risk Primary School Children in Jamaica, November 27, 2013
- **Frederick W. Hickling.** Ena Thomas Memorial – It’s not just sex:

addressing challenges, relationships, and sexual needs of young people-
November 20, 2013

- **Frederick W. Hickling.** Keynote lecture; The Psychology of Football – A Jamaican Perspective. The Centre for Leadership and Governance and the Institute of Caribbean Studies: Academic Conference on International Football, April 16, 2014
- **Frederick W. Hickling.** Caribbean Public Health Agency (CARPHA), Kingston 2013 “Owning Our Madness –A Narrative of Survival” Aruba, May 3, 2014
- **Frederick W. Hickling.** Global Mental Health Conference: Turning Colonial Psychiatry Inside Out, May 30, 2014.
- **Frederick W. Hickling.** Department of Child Psychiatry. Jewish General Hospital: Healing the Wounds of Slavery: Scale up of the Dream-A-World Cultural therapy model in Jamaica, June 4, 2014.
- **Frederick W. Hickling.** Cote-de-Neiges Black Community Association Inc: Dream A World Cultural Therapy Training Workshop, May 31–June 1, 2014. Presenters: F Hickling Jaswant Guzder & H Robertson-Hickling
- **Frederick W. Hickling.** Grand Challenges Canada/National Institute of Mental Health Global mental health Conference. Theory of Change for Countering youth and urban violence with a community engagement cultural therapy program in Kingston Jamaica. Washington, June 11–13, 2014

MEDIA APPEARANCES

- **Frederick W. Hickling** “Parents Killing children cover story part 1 & 2”. Nationwide with Cliff Hugh and Joy Davis February 27, 2013
- **G Walcott** – “Sex and Mental Illness in Men”, Irie Fm June 10 2014
- **G Walcott** – Interview on Television Jamaica’s program – Profile April 6, 2014

Social media (blogs, posts on websites)

- Turning the World Upside Down Mental Health. *The Dream-A-World Cultural Therapy intervention for promoting resilience in High Risk Primary School Children in Jamaica* http://www.ttwud.org/mentalhealth/entry/dreamaworld-cultural-therapy-intervention-promoting-resilience-high-risk-primary#.U4JRZC_Xog0
- Frederick Hickling TTWUD – *Dream A World Cultural Therapy* November 29, 2013. <http://www.slideshare.net/TTWUD/ttwud-dream-a-world-cultural-therapy-frederick-hickling>
- Center for Global mental Health. *Jamaican Dream-A-World Cultural Therapy wins TTWUD mental health challenge award* 02 December 2013 <http://www.centreforglobalmentalhealth.org/news-events/news/jamaican-dream-world-cultural-therapy-wins-ttwud-mental-health-challenge-award>
- CABI Blogs Mental Health – *What can we learn from low and middle income countries?* December 02, 2013. http://cabiblog.typepad.com/hand_picked/2013/12/mental-health-what-can-we-learn-from-low-and-middle-income-countries.html
- Patient and Public Involvement Solutions. *In The Dragons Den Turning The World Upside Down?* By Jane McGrath February 4, 2014 <http://www.patientpublicinvolvement.com/in-the-dragons-den-turning-the-world-upside-down-by-jane-mcgrath/>
- The Lancet Global Health Blog February 13, 2014. Mental Health Innovation Network. Miss the Turning The World Upside Down mental health competition? https://www.facebook.com/mhinnovation/posts/10152006262508292?stream_ref=10
- Joan Marsh. *Mental health challenge won by Dream-a-World project.* The Lancet Global Health Blog, February 6, 2014
- Jamaica Mental Health Innovation Network Dream-a-World Cultural Therapy for Primary School Children | <http://mhinnovation.net/innovation/dream-a-world/>

- Video of Professor Hickling's Turn The World Upside Down presentation <http://new.livestream.com/accounts/719701/events/2577457>
- Video of the dream a world pilot documentary on YouTube: <https://www.youtube.com/watch?v=NuaPY0zfFDg>

Newspaper articles

- UWI Mona Now. Using Cultural Therapy to reach at-risk kids. http://www.uwimonanow.com/UWI/Vol4No1/sports_content_1.php?id=326
- Mental Health Innovation Newsletter (January 2014). <http://us3.campaign-archive1.com/?u=4ff265012d662decac4dc3737&cid=f11a0a7aaf&e=485b321f06>

AWARDS

- Frederick W. Hickling Turning the World Upside Down Mental Health Challenge – Award for winning the challenge with the Dream-A-World Program- October 2013.
- Frederick W. Hickling. Caribbean Public Health Agency (CARPHA), Aruba, May 3, 2014. Honored for outstanding achievement in the area of Psychiatric Research and pioneering work in Community-based Mental health Services.

PEER REVIEWED JOURNAL PUBLICATIONS

- **Hickling FW**, Gibson RC, Hutchinson G. (2013) Current Research on Transcultural Psychiatry in the Anglophone Caribbean Diaspora – epistemological, public policy and epidemiological challenges. *Transcultural Psychiatry* 2013 Dec;50(6):858–75.
- **Hickling FW**. Rastafari. An African Diaspora national Liberation Movement. *Jamaica Journal*, July 2014. Vol. 35 (1–2): 48–53.

INCOME GENERATION

Income from Projects

Grand Challenges Canada: Countering youth and urban violence with a community engagement cultural therapy program in Kingston, Jamaica. October 31, 2013–October 31, 2015. CAD \$270,000

Other Income Generating Activities

- Donations
- Donations from private sector individuals: \$600,000

PUBLIC SERVICE

Professor Frederick Hickling

- Member, Committee on Mentoring, American Psychiatric Association Lifers.
- Member, Section on Conflict Management and Resolution, World Psychiatric Association.
- Chairman of Behavior Modification in Schools Task Force; Ministry of Education, Jamaica Caribbean Conference on Domestic Violence Caribbean.