

FACULTY OF SPORT

Mona

Year ending July 31, 2018



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Dean

– *Dean's Overview* –

EXECUTIVE SUMMARY

The Faculty of Sport became the newest Faculty of the University of the West Indies on August 1, 2017; the first new faculty in over 40 years. Its format is of a cross campus faculty with Academies of Sport (akin to Departments) on each campus. Each academy has sections dealing with academic activities and research, sporting activities and outreach. The Mona Academy of Sport added another section to its structure, the UWI Sports and Exercise Medicine Clinic.

Much of the year focussed on setting up administrative structures, acquiring staff through transfers, advertising new posts, and writing new undergraduate and graduate programme proposals. Faculty regulations had to be written and passed by various committees. Our web page was designed and is fully active.

Each Campus was asked to migrate two programmes to the Faculty of Sport, but this required some bureaucratic formalities to be completed. As a result, no new students were enrolled in the Faculty for 2017/18. The BSc and MSc in Sport Sciences at Cave Hill were officially approved for transfer with effect from the 2018/19 academic year even though that Academy of Sport was integrally involved in the delivery of those programmes. Likewise the St. Augustine Academy of Sport delivered the Certificate in Art and Science of Coaching though the programme has not been officially transferred.

We were able to have our first two programmes BSc Sport Coaching and BSc Sport Kinetics approved for delivery at Mona for 2018/19, and have proposed a MPhil/PhD in Sport programme for approval.

The Sporting activities were keen and productive across all Academies, with many teams winning national titles, and many students participating in international events such as the Commonwealth Games and Caribbean Premier League of Cricket. Fedrick Dacres, a student at Mona, won the Gold medal for discuss at both Commonwealth Games and a Diamond League meet.

Our Open Campus Academy of Sport was instrumental in aiding its campus to host their first ever games event, the University Intercampus Staff Games in Grenada. Many outreach activities were held during the year and the UWI SPEC half marathon remains a premier event in Trinidad, put on by the St. Augustine Academy of Sport.

Within the year we were able to secure grant funding from the Caribbean Development Bank and Sagicor Ltd, as well as host many international teams and groups. The Cave Hill Academy of Sport was instrumental in organizing the Hurricane Relief Cricket Match which was televised regionally.

EMPLOYEE ENGAGEMENT AND DEVELOPMENT

For the 2017/18 academic year, the Dean's Office was staffed as outlined below.

Dr Akshai Mansingh – Dean

Ms Asenath Sharpe – Administrative Officer

Mr Daren Ganga – Project Officer

Ms Patrene Curtis – Administrative Secretary

Professor Richard Tong, a former Dean of the Sport School at Cardiff Metropolitan University, was assigned visiting professor to the Faculty.

The Faculty of Sport has on each campus an Academy of Sport with a Head who oversees all activities on their respective campuses. The Academies were led by:

Mrs Amanda Reifer – Head, Cave Hill Academy of Sport

Dr Sharmella Roopchand-Martin – Head, Mona Academy of Sport

Mr Lincoln Williams – Acting Head, Open Campus Academy of Sport

Ms. Grace Jackson – Acting Head, St Augustine Academy of Sport

The Academies are passing their new staff structures through their campus committees for official approval but nominally the operating sections are as follows.

ACADEMIC PROGRAMMES AND ACTIVITIES

The Cave Hill Academy of Sport runs the BSc Sport Sciences and MSc Sport Sciences Programmes. The programmes were administered by the Faculty of Social Sciences for the 2017/18 academic year. However, the Academic Coordinator of the programmes, Dr. Rudolph Alleyne, sits within the Academy and will be seconded when the programmes are moved.

The Mona Campus advertised for the head of this section and the appointed person is expected to assume duties in the next academic year. In the interim, the Head of the Mona Academy of Sport performed these duties. During the year this was the only Academy with publications in peer reviewed journals.

The Open Campus appointed Mr. Roger Watts to head this section. He has been working on converting existing programmes for online delivery as well as putting together new programmes and certificate courses.

The St. Augustine Academy of Sport has not yet filled this post, but through the UWI Sport and Physical Exercise Centre (UWI SPEC), they deliver the Art and Science of Coaching Certificate programme. This currently is administered by the Faculty of Humanities and Education but is expected to be transferred to the Faculty of Sport in the next academic year.

Co-Curricular Programmes, Intramural Activities

The Sports activities in all Academies were robust and many teams excelled in national competitions. These are highlighted later in the report. The Cave Hill Academy of Sport has the High Performance Cricket Centre which received a grant from Sagicor.

This section was re-named Athletic Development and Training at the Mona Academy of Sport and is headed by Dr. Dorothy Hudson-Gayle.

At the Open Campus Academy of Sport, most of the focus was on assisting in organizing the Intercampus Staff Games in Grenada.

The St. Augustine Academy of Sport through UWI SPEC continues to offer an array of activities to students and staff. The Head of UWI SPEC, Ms. Grace Jackson assumed duties in October 2017 and with her staff, held the prestigious Half Marathon in November, as well as the inaugural 5K Scholarship run and an e-Sport competition later in the year.

Professional Programmes, Outreach, Projects

Though there have been many outreach events held during the year, only the Open Campus Academy of Sport formally appointed persons to this Section. Ms. Dayna Smith was appointed Sports Activities Development Officer. She is based in Jamaica. Mr. Charlton Ali, based in Trinidad and Tobago was appointed Sports Activities Development Assistant. Mr. Akeem Dewar based in Barbados was appointed Regional Sports Coordinator.

Sports and Exercise Medicine Clinic

The Mona Academy of Sport incorporated the Division of Sports Medicine from the Faculty of Medical Sciences during its formation. This Section of Sports and Exercise Medicine now runs the Master in Sports Medicine programme for physicians, Master in Sports and Exercise Medicine – Physiotherapy programme as well as the UWI Sports Medicine Clinic.

Programmes and Enrolment

Even though Programmes were to have been migrated to the Faculty of Sport, administrative formalities prevented most from being done during the review period. However the Faculty delivered the BSc and MSc Sport Sciences programmes with the Faculty of Social Sciences in Cave Hill and the Certificate course in Art and Science of Coaching with the Faculty of Humanities and Education in St. Augustine.

The Faculty of Sport was able to get its first indigenous programmes, the BSc in Sport Coaching and BSc Sport Kinetics approved for delivery at Mona for 2018/19. The UWI/FIFA/CIES Sport Management Diploma offered in St. Augustine through the Faculty of Social Sciences will be offered at Mona from September 2018/19 by the Faculty of Sport. This will be a partnership between the two faculties. It also submitted the MPhil and PhD in Sport programmes for consideration to start in semester 2, 2018/19 as well.

At Cave Hill, three draft certificate programmes were submitted to the Centre for Professional Development and Lifelong Learning (CPDLL) department for review. The programs include:

- Pitch Preparation and Turf Maintenance
- Fundamentals in Sports Nutrition
- Advanced Sports Nutrition

TEACHING, LEARNING AND STUDENT DEVELOPMENT

The hiring of a laboratory technician, Ms. Natalie Seedan in August 2017 significantly improved the delivery of the science based sports science courses at Cave Hill.

The Cave Hill Academy of Sport continues to develop internship and practicum opportunities for our undergraduate and post graduate students with the Barbados Olympic Association (BOA), National Sport Council (NSC), Regional Anti-Doping Organization (RADO) and the Barbados Cricket Association (BCA). This year the UWI partnered with the Cricket Premiere League (CPL), allowing students from the sport sciences

programme to work in the league, shadowing the many sport science professionals working with teams.

The Cave Hill Academy of Sport through their campus offers 10 Sports Scholarships and 10 grants per year. Since the realignment of Ms. Stewart to the role of student athlete academic advisor, the Academy has seen a decline in academic warnings and required to withdraw notices to students, by over 80%.

The Mona Academy of Sport through its campus, offered 115 sports scholarships for 2017/18.

Research and Innovation

The following peer reviewed articles were published by members of the Faculty:

- Roopchand-Martin, R. Chong, R., Facey, A., Singh, P., Mansingh, A. (2018). A pilot randomized clinical trial comparing the effect of video game dance training with ladder drills on agility of elite volleyball players. *New Zealand Journal of Physiotherapy* 46(1): 6-11. doi:10.15619/NZJP/46.1.01.
- Ward, C., Singh, P., Mansingh, A., Roopchand-Martin, S. (2017). Anti-Doping Knowledge in Barbadian Polyclinic Medical Staff. *West Indian Medical Journal*. Epub Dec 12th 2017.

The Faculty of Sport partnered with the Jamaica Association of Sports Medicine, and the Jamaica Olympic Association (IOC Solidarity) to hold an international Sports Medicine Conference at Mona.

International Collaborations and Partnerships

In addressing the needs of Sporting Organizations in the region, the following were signed during the year:

- An agreement with Cricket West Indies which will have the Faculty delivering the Coaching Level Courses in Cricket.
- Jamaica Hockey Federation has engaged the UWI Sports Medicine clinic to oversee all their training and medical requirements.

- Kingston and St. Andrew Football Association likewise signed an MOU with the Mona Academy of Sport and the University Hospital of the West Indies for the management of emergencies, acute and chronic injuries of players injured in all KSAFA competitions. They have 51 teams in their association at all age groups.

The Faculty also hosted the following camps:

- Alia Atkinson swim camp
- University of Waterloo swim camp
- Columbian embassy ran a sprint camp for young Columbian athletes

FINANCIAL

In its inaugural year the Faculty appealed to many regional and international entities for grants.

Sagicor Ltd gave US\$200,000 per annum for 3 years for support of the High Performance Cricket Centre at Cave Hill. This is in addition to their grant to the Usain Bolt Sports Complex there as well.

A grant of US\$210,000 was secured from the Caribbean Development Bank. This is to do a needs assessment of all Academies of Sport, as well as for two projects. These are the Community Inclusion Programme to expose youths to Sport (participation as well as values promoted by sport) and the Regional Emerging Athlete Development (READ) programme. The aim of the READ programme is to identify potentially elite athletes and provide an integrated framework to support their development, monitor progress and capture data that would be built into a recursive programme for athlete development and performance improvement.

The Cave Hill Academy of Sport generated US\$50,000 of income and the Mona Academy of Sport generated US\$56,000.

SPORTS ACHIEVEMENTS

There were many achievements of the teams of Academies of the Faculty of Sport.

Cricket

The male Cricket team at Mona won the Senior Cup of cricket in Jamaica for the first time. They were also Inter Collegiate Champions.

The Sagicor UWI Blackbirds Cricket team won the 3 Day Competition in the Barbados Cricket Association's (BCA) Elite Division and the Elite T20 competition.

The Division 2 team placed 2nd in only its first season. The UWI Blackbirds also won the UWI/ BCA Inter Parish Cricket Tournament.

Seven female cricketers represented the Barbados National Team.

Track and Field

Fedrick Dacres Captain of Jamaica's Team to the Commonwealth Games, won the Gold medal in discus at those games in Gold Coast Australia, as well as being the first Jamaican to win a IAAF Diamond League in Discus. He is on Scholarship at Mona.

Volleyball

Cave Hill: the UWI Blackbirds female volleyball team won the 2017 Knockout title in only their first year since being promoted to the top tier division.

Mona won the National and Intercollegiate Female Championships.

Appointments with Sporting Bodies

The Head Coach at Cave Hill, Mr Floyd Reifer was appointed Head Coach of the West Indies A Team against the England Lions. Mr. Reifer and his team defeated England 3–0 in the test series and 2–1 in the one-day series.

Ms. Olivia Rose Esperance was appointed Sports Psychologist to the West Indies Women's team and the Senior Jamaica Netball Team.

Dr. Akshai Mansingh remains the Chief Medical Officer of the Caribbean Premiere League. He resigned as Chief Medical Officer of Cricket West Indies after 15 years.

OUTREACH

The Mona Academy of Sport partnered with Project Gold, an activity planned and delivered by Simone Forbes and fellow athletes Shelly-Ann Fraser Pryce, Christopher Gayle and Ricardo Gardner, with an aim of utilizing sport to motivate young children in the August Town Community. This ran for nine Saturdays.

The Hurricane Relief Cricket Match raised US\$127,976.18 for the victims of Hurricanes Irma and Maria.

The Open Campus Academy of Sport partnered with Cricket West Indies (CWI) women's team for an outreach activity for a group of teenagers of the SOS Children's Village in Stony Hill, Jamaica. The main aim was to highlight and focus on girls and women in sport and create awareness of the available avenues to pursue a career in sport.

PROPOSED ACTIVITIES FOR 2018/2019

While continuing to increase our programme offerings at all levels, there is a plan to hold seminars, workshops and conferences throughout the upcoming year. The MPhil/PhD Sport programme should be on offer early in the next academic year. A MSc Sport, and MSc Pain Management is being developed along with a BSc Sport Leadership and Management. Courses on Coaching are being developed through the Open campus for delivery to high school coaches in response to a demand from some of their sites.

The Combined Campuses and Colleges cricket team will compete in the Regional 50 Overs competition. Other combined UWI teams will be looking for opportunities to compete in international competitions. A Universities T20 competition is scheduled for January 2019 in Trinidad.